

# KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

## TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me  
and it is true to the best of my knowledge .

*Alaheni*





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7.1.1

**GENDER EQUITY SENSITIZATION**

**PROGRAM REPORTS**

**2018-19 to 2022-23**



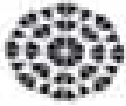
*Mahesh*

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**KMCT Medical College Campus, Manassery, Makkam, Kozhikode-673601, Kerala**

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



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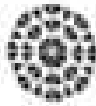
7.1.1

## GENDER EQUITY SENSITIZATION PROGRAMME

2018-2023

*Mahesh*





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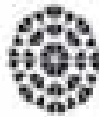
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**ACADEMIC YEAR**

**2022-2023**



*Helewa*



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**GENDER EQUITY SENSITIZATION PROGRAMME**

**ACADEMIC YEAR 2022-2023**

**AWARENESS SESSION ON "DIGITALL: INNOVATION AND TECHNOLOGY FOR  
GENDER EQUALITY IN HEALTH CARE SYSTEM"**

**ACTIVITY REPORT**

**DATE:** 08/03/2023 AT 10 AM TO 11 AM

**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Smt. Ushadevi P, KNMC President

KMCT College of Nursing was conducted an awareness session on "DigitALL: Innovation and Technology for Gender Equality in Health Care System" as part of international women's day celebration, organized by gender sensitization programme. The programme was inaugurated by Prof. R Mageswari, principal of KMCT College of Nursing. Smt. Ushadevi P delivered speech on gender equality in the health care system. She emphasized that besides economic benefits, enhancing women's safe and equal access to digital technologies offers immense opportunities to address development and humanitarian challenges and spark innovative and creative solutions that meet women's needs and promote their empowerment. She pointed out the digital technology has enabled women to break down barriers and access educational opportunities, start businesses, and participate in the global economy. It has also given them a platform to share their stories and experiences and make their voices heard in matters of policy and advocacy. The programme lasted for one hour.



*Ushadevi P*  
Signature of Principal



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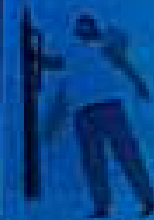
GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness session on "Digitall: Innovation And Technology For Gender  
Equality in Health Care System"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

AWARENESS SESSION ON

**"DIGITALL: INNOVATION AND  
TECHNOLOGY FOR GENDER  
EQUALITY IN HEALTH CARE  
SYSTEM"**



08/03/2023

10-11AM

**SMT.USHADEVI P**

KNMC PRESIDENT

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



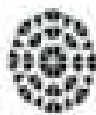
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Mukkom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2022-2023**

**AWARENESS SESSION ON "DIGITAL: INNOVATION AND  
TECHNOLOGY FOR GENDER EQUALITY IN HEALTH CARE SYSTEM"**

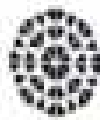
**ACADAMIC YEAR 2022-2023**

**Attendees list**

**DATE:08/03/2023**

SL.NO	NAME OF STUDENTS	SIGNATURE
1.	JASNA T M	
2.	JUBNA P	
3.	LIBINA NASRIN M	
4.	MOHAMED NIHAL K	
5.	MOHAMMAD SWALIH.C.P	
6.	MOHAMMED JUNAID.A.	
7.	MOHAMMED SHABEEB.T.P	
8.	MONISHA ANNA MONCY	
9.	MUHAMMAD BILAL	
10.	MUHAMMED AJINAS T	
11.	MUHAMMED AJMAL K C	
12.	MUHAMMED FAIZE	





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13.	MUHAMMED SHAALAM K.K	
14.	MUHAMMED SHAHID K T	
15.	NAJIF.C	
16.	PAVITHRA MADHAV	
17.	RANJU M	
18.	RONA MOL	
19.	SAJLA P	
20.	SAM THOMAS	
21.	SHALIQUE MOHAMED.T.E	
22.	SHAMNA P	
23.	SNEHA.P.B	
24.	SNEHA SEBASTIAN	
25.	SONA CHANDRAN	
26.	SONA V K	
27.	THARAFIYA MARIYAM.P P	
28.	ABHIJITH RAJ	
29.	ACSAH JOSEKUTTY	
30.	ADILA FAISAL. RAHMAN	
31.	AJMI J	
32.	ALEENA P J	
33.	ALEENA SCARIA	

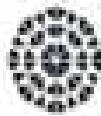


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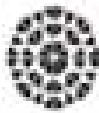
34.	ALEENA GEORGE	<u>Aleena</u>
35.	ALEENA T P	<u>Aleena</u>
36.	ALINTA SCARIA	<u>Alinta</u>
37.	ALSHANA P	<u>Alshana</u>
38.	AMRUTHA .M S	<u>Amrutha</u>
39.	ANAGHA P K	<u>Anagha</u>
40.	ANAGHA O K	<u>Anagha</u>
41.	ANITA JOSEPH	<u>Anita</u>
42.	ANUMOL K J	<u>Anumol</u>
43.	ANUSREE.K	<u>Anusree</u>
44.	APARNA D U	<u>Aparna</u>
45.	ARDRA.K	<u>Ardra</u>
46.	ADITHYA A S	<u>Adithya</u>
47.	ASWATHI A K	<u>Aswathi</u>
48.	CHRISTY THOMAS	<u>Christy</u>
49.	DARSHANA SEBAASTIAN	<u>Darshana</u>
50.	FATHIMA NIHALA .M	<u>Fathima</u>
51.	FIDA O	<u>Fida</u>
52.	FILDHA	<u>Filda</u>
53.	GIFTY THOMAS	<u>Gifty</u>
54.	HARSHA HARIDAS	<u>Harsha</u>
55.	HITHA VIJAYAN	<u>Hitha</u>
56.	KAVYA SURESH	<u>Kavya</u>



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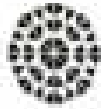


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57.	KEZIYA FRANCIS	
58.	KRISHNA KRIPA P	
59.	LITHA SHABIN	
60.	MAHIMA .M.S	
61.	MUDHASIR P	
62.	MUHAMMED HISAM	
63.	MUHAMMED NIHAL	
64.	N.NAVYA	
65.	NAVYA BIJU	
66.	NAMITHA JOSEPH	
67.	THASNEEM	
68.	NEENA THOMAS	
69.	NITHYA RADHAKRISHNAN	
70.	NIVEDITHA.E	
71.	RIYA DEVASSY	
72.	SHAHANA V S	
73.	SHERIN ROSE RAJU	
74.	VISMAYA BABU	
75.	VISMAYA T K	
76.	ZAHARA GAFOOR	
77.	ZAMZAM GAFOOR	
78.	ABIA BOBBY	
79.	AISWARYA SABU	

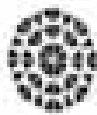




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80.	AISWARYA THOMAS	
81.	AKSA MERIN SAJI	
82.	AKSA STEPHEN	
83.	AKSHAYA P	
84.	AMBILLA.P	
85.	ANEETA JOSEPH	
86.	ANITTA RAJU	
87.	ANJANA.K.S	
88.	ANJANA.M	
89.	ANUJAYA M.K	
90.	ANUPAMA.P	
91.	ANUVARNA.K	
92.	ASWATHY.E	
93.	ATHIRA.P	
94.	ATHIRA SHAJI	
95.	ATHULYA GEORGE	
96.	ATHULYA SHAJI	
97.	BINEESHA	
98.	DAYAL K SAKKARIYA	
99.	DELNA THOMAS	
100.	DEON BABY	
101.	HANAN	
102.	IRENE S ELIZABETH	



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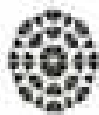
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103	JASEFUL ASIF.K	<i>Jaseful</i>
104	JISHNAYA.K.P	<i>Jishnaya</i>
105	KESIYA PJ	<i>Kesiya</i>
106	KIRAN.VP	<i>Kiran</i>
107	LINDA VARGHESE	<i>Linda</i>
108	MANEESHA MOHANAN	<i>Maneesh</i>
109	MOHAMMAD AFLAH	<i>Mohammed</i>
110	PERSIS T SEBASTIAN	<i>Persis</i>
111	SAHELA.K	<i>Sahela</i>
112	SANDHRA.N.K	<i>Sandra</i>
113	SHERSHAR ALI	<i>Sherishar</i>
114	SIYA MARIA	<i>Siya</i>
115	SONA.K	<i>Sona</i>
116	SOUMYA GEORGE	<i>Soumya</i>
117	SREEPRIYA RAJAN	<i>Sreepriya</i>
118	SREETHU.C	<i>Sreethu</i>
119	DELNA THOMAS	<i>Delna</i>
120	DEON BABY	<i>Deon</i>
121	HANAN	<i>Hanan</i>
122	IRENE S ELIZABETH	<i>Irene</i>
123	JASEFUL ASIF.K	<i>Jaseful</i>
124	JISHNAYA.K.P	<i>Jishnaya</i>
125	KESIYA PJ	<i>Kesiya</i>

*Mabini*





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126	KIRAN.V.P	
127	LINDA VARGHESE	
128	MANEESHA MOHANAN	
129	MOHAMMAD AFLAH	
130	PERSIS T SEBASTIAN	
131	SAHELA.K	
132	SANDHRA.N.K	
133	SHERSHAR ALI	
134	SIYA MARIA	
135	SONA.K	
136	SOUMYA GEORGE	
137	SREEPRIYA RAJAN	
138	SREETHU.C	

## TEACHING FACULTY

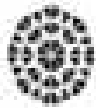
SL.NO	NAME	SIGNATURE
1.	Prof. Rakhi Seban	
2	Prof. Shine Thomas	
3	Mrs. Kukkumol	
4.	Ms.Athira P	

Venue: KMCT College Of Nursing Auditorium

Date:08/03/2023



Signature of the Principal



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC  
YEAR 2022-2023**

**AWARENESS SESSION ON ELIMINATION OF VIOLENCE AGAINST  
WOMEN- "UNITE! ACTIVISM TO END VIOLENCE AGAINST WOMEN  
AND GIRLS"**

**ACTIVITY REPORT**

**DATE:** 25/11/2022 at 10 am to 11 am

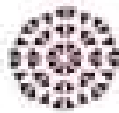
**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Dr. Susheel Kakkam, Dept. of Psychiatry

KMCT College of Nursing conducted an awareness session on Elimination of violence against women- "UNITE! Activism to end violence against women and girls. The gender sensitization programme was organized on the programme on international day for the elimination of violence against women. The programme was inaugurated by Prof. R Mageswari, principal of KMCT College of Nursing. The chief guest Dr. Susheel Kakkam, Dept. of Psychiatry spoke regarding prevention of violence against women and girls. He pointed out that Respect, protect and fulfill all human rights and fundamental freedoms of women and girls and ensure that women know their rights and are empowered to demand and enforce them; Educating boys and girls about women's human rights and their responsibility to respect the rights of others. Additionally, gender-based violence can affect any individual, irrespective of their gender, age, or ethnicity, certain groups of women and girls are particularly vulnerable.



Signature of the Principal



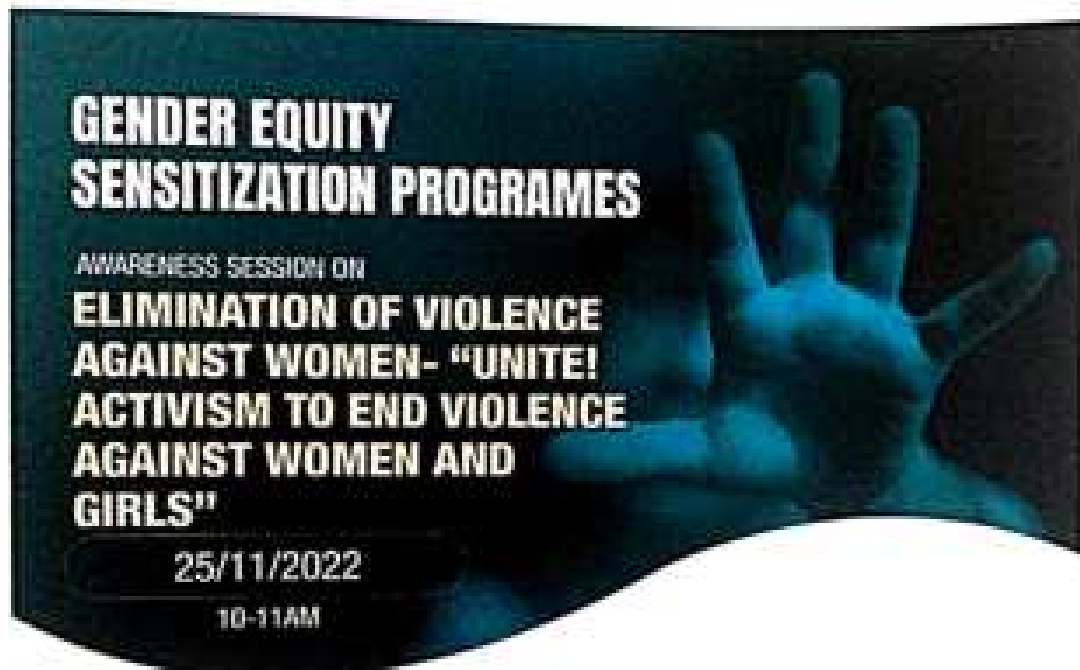
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## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness session on Elimination of Violence Against Women- "Unite!  
Activism To End Violence Against Women And Girls"



**GENDER EQUITY  
SENSITIZATION PROGRAMES**

AWARENESS SESSION ON  
**ELIMINATION OF VIOLENCE  
AGAINST WOMEN- "UNITE!  
ACTIVISM TO END VIOLENCE  
AGAINST WOMEN AND  
GIRLS"**

25/11/2022  
10-11AM

**Dr.susheel kakkam**  
dept.of psychiatry

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



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*Alabani*

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**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2022-2023**

**AWARENESS SESSION ON ELIMINATION OF VIOLENCE AGAINST  
WOMEN- "UNITE! ACTIVISM TO END VIOLENCE AGAINST WOMEN  
AND GIRLS"**

**ACADAMIC YEAR 2022-2023**

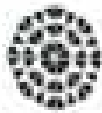
**Attendees List**

**DATE: 25/11/22**

SL.NO	NAME OF STUDENTS	SIGNATURE
1	ABHIJITH RAJ	<i>Abhi</i>
2	ACSAH JOSEKUTTY	<i>Acsh</i>
3	ADILA FAISAL RAHMAN	<i>Adila</i>
4	AJMI J	<i>Ajmi</i>
5	ALEENA P J	<i>Aleena</i>
6	ALEENA SCARIA	<i>Aleena</i>
7	ALEENA GEORGE	<i>Aleena</i>
8	ALEENA T P	<i>Aleena</i>
9	ALINTA SCARIA	<i>Alinta</i>
10	ALSHANA.P	<i>Alshana</i>
11	AMRUTHA .M S	<i>Amrutha</i>
12	ANAGHA P K	<i>Anagha</i>
13	ANAGHA O K	<i>Anagha</i>
14	ANITA JOSEPH	<i>Anita</i>
15	ANUMOL K J	<i>Anumol</i>







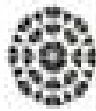
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16	ANUSREE.K	<i>Anusree</i>
17	APARNA D U	<i>Aparna</i>
18	ARDRA.K	<i>Ardra</i>
19	ADITHYA A S	<i>Adithya</i>
20	ASWATHI A K	<i>Aswathi</i>
21	CHRISTY THOMAS	<i>Christy</i>
22	DARSHANA SEBAASTIAN	<i>Darshana</i>
23	FATHIMA NIHALA .M	<i>Fathima</i>
24	FIDA O	<i>Fida</i>
25	FILDHA	<i>Fildha</i>
26	GIFTY THOMAS	<i>Gifty</i>
27	HARSHA HARIDAS	<i>Harsha</i>
27	HITHA VUAYAN	<i>Hitha</i>
29	KAVYA SURESH	<i>Kavya</i>
30	KEZIYA FRANCIS	<i>Keziya</i>
31	KRISHNA KRIPA P	<i>Krishna</i>
32	LITHA SHABIN	<i>Litha</i>
33	MAHIMA .M.S	<i>Mahima</i>
34	MUDHASIR P	<i>Mudhasir</i>
35	MUHAMMED HISAM	<i>Muhammed</i>
36	MUHAMMED NIHAL	<i>Muhammed</i>
37	N.NAVYA	<i>Navya</i>
38	NAVYA BIJU	<i>Navya</i>
39	NAMITHA JOSEPH	<i>Namitha</i>
40	THASNEEM	<i>Thasneem</i>
41	NEENA THOMAS	<i>Neena</i>





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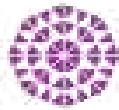
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43	NIVEDITHA.E	
44	RIYA DEVASSY	
45	SHAHANA V S	
46	SHERIN ROSE RAJU	
47	VISMAYA BABU	
48	VISMAYA T K	
49	ZAHARA GAFOOR	
50	ZAMZAM GAFOOR	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr. Susheel Kakkam	
2	Prof. Shine Thomas	
3	Mrs. Shibili Abraham	
4.	Ms. Rakhi Seban	



Signature Of the Principal



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## **WORLD BREAST FEEDING WEEK OBSERVATION-**

**“Step up for breast feeding. Educate and support”**

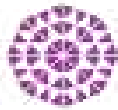
**Date- 04.08.2022**

**Venue- KMCT women and child hospital**

World Breast feeding week was jointly observed by KMCT College of Nursing and Department of obstetrics and Gynecology. 50 students of Fourth year BSc Nursing students organized an awareness programme for patients which was conducted in the Gynecology O.P. D of KMCT women and Child Hospital. The event was organized by Mrs. Rakhi Seban, Associate Professor KMCT College Of Nursing. Dr. Chellamma, HOD of Obstetrics and Gynecology conveyed the message to audience. After this the fourth Year BSc Nursing Students organized a skit for the audience regarding the importance of Breast feeding. This programme was very useful for the postnatal mothers.

*Rakhi*

**Signature of the principal**



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## BROCHURE ON WORLD BREAST FEEDING WEEK OBSERVATION



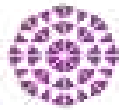
*Alahem!*



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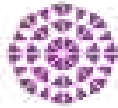
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# KMCT COLLEGE OF NURSING

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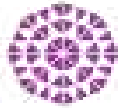
## WORLD BREAST FEEDING WEEK OBSERVATION-

### Attendees List

ACADEMIC YEAR: 2022-2023

DATE:04 /8/22

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILIA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHYE	

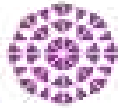


# KMCT COLLEGE OF NURSING

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16	ATHIRA.P	<u>At P. Athira</u>
17	ATHIRA SHAJI	<u>A. S.</u>
18	ATHULYA GEORGE	<u>Athulya</u>
19	ATHULYA SHAJI	<u>Athulya</u>
20	BINEESHA	<u>Bineesha</u>
21	DAYAL K SAKKARIYA	<u>Dayal K</u>
22	DELNA THOMAS	<u>Delna</u>
23	DEON BABY	<u>Deon</u>
24	HANAN	<u>Hanan</u>
25	IRENE S ELIZABETH	<u>Irene S Elizabeth</u>
26	JASEFUL ASIF.K	<u>Jaseful</u>
27	JISHNAYA.K.P	<u>Jishnaya</u>
28	KESIYA PJ	<u>Kesiya</u>
29	KIRAN.V.P	<u>Kiran</u>
30	LINDA VARGHESE	<u>Linda</u>
31	MANEESHA MOHANAN	<u>Maneesha</u>
32	MOHAMMAD AFLAH	<u>Mohammad</u>
33	PERSIS T SEBASTIAN	<u>Persis</u>
34	SAHELA.K	<u>Sahela</u>
35	SANDHRA.N.K	<u>Sandra</u>
36	SHERSHAR ALI	<u>SherShar</u>
37	SIYA MARIA	<u>Siya</u>







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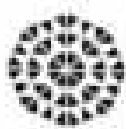
## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. Rakhi Seban	
2	Mrs. Athira P	


**Signature Of the Principal**





7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2022-2023**

**Role Play on Elderly Women and Geriatric Considerations**

**ACTIVITY REPORT**

**Date-02.08.2022**

**Venue- KMCT Behavioral Science Institute**

Role play was conducted on elderly women and geriatric considerations in nursing by Third year BSc Nursing students (11th) batch of KMCT college of nursing. The program started at 11 am Behavioral science institute . The program commenced with a prayer song by Third year B.Sc Nursing students. Only BSc Nursing students and two faculty members attended the program. The program came to an end at 12 pm.

**Signature of the Principal**





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**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2022-2023**

**Role Play on Elderly Women and Geriatric Considerations**



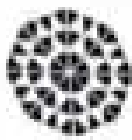
*Mahesh*

**KMCT Medical College Campus, Manassery, Mulkom, Kozhikode-673602, Kerala**

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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>





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7.1.1

## BROCHURE ON ROLE PLAY ON ELDERLY WOMEN AND GERIATRIC CONSIDERATIONS

ELDERLY WOMEN  
GENERATION PROGRAM

**ROLE PLAY  
ON 'ELDERLY WOMEN  
AND GERIATRIC  
CONSIDERATIONS'**

**02-08-2022 | 11-12-PM**

ORGANIZATION:  
**Prof. R. Mageswari**  
Principal  
KMCT College of Nursing

ORGANIZED BY:  
3rd yr BSc nursing students - 11th batch  
Venue: KMCT International Science Institute



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

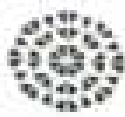
*Mageswari*



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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

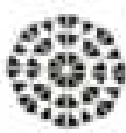
YEAR: 2022-2023

Role Play on Elderly Women and Geriatric Considerations

### Attendees List

1.	ABHUTH RAJ	
2	ACSAH JOSEKUTTY	
3	ADILA FAISAL RAHMAN	
4	AJMI J	
5	ALEENA P J	
6	ALEENA SCARIA	
7	ALEENA GEORGE	
8	ALEENA T P	
9	ALINTA SCARIA	
10	ALSHANA.P	
11	AMRUTHA .M S	
12	ANAGHA P K	
13	ANAGHA O K	
14	ANITA JOSEPH	
15	ANUMOL K J	
16	ANUSREE.K	
17	APARNA D U	
18	ARDRA.K	
19	ADITHYA A S	





# KMCT

## COLLEGE OF NURSING

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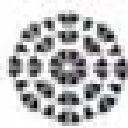
20	ASWATHI A K	
21	CHRISTY THOMAS	
22	DARSHANA SEBAASTIAN	
23	FATHIMA NIHALA .M	
24	FIDA O	
25	FILDHA	
26	GIFTY THOMAS	
27	HARSHA HARIDAS	
27	HITHA VJAYAN	
29	KAVYA SURESH	
30	KEZIYA FRANCIS	
31	KRISHNA KRIPA P	
32	LITHA SHABIN	
33	MAHIMA .M.S	
34	MUDHASIR P	
35	MUHAMMED HISAM	
36	MUHAMMED NIHAL	
37	N.NAVYA	
38	NAVYA BIJU	
39	NAMITHA JOSEPH	
40	THASNEEM	
41	NEENA THOMAS	
42	NITHYA RADHAKRISHNAN	
43	NIVEDITHA.E	
44	RIYA DEVIASSY	

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45	SHAHANA V S	
46	SHERIN ROSE RAJU	
47	VISMAYA BABU	
48	VISMAYA T K	
49	ZAHARA GAFOOR	
50	ZAMZAM GAFOOR	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr.AMBIKA C	
2	Mrs.KUKKUMOL	

Venue: KMCT WOMEN AND CHILD HOSPITAL

Date:02-02-2022

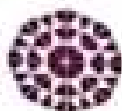
Signature of the Principal



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2021-2022**

**TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD**

**ACTIVITY REPORT**

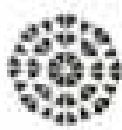
**Venue: KMCT Auditorium**

**Date:21.06.2022**

**Speaker:Dr. Ambika.C**

KMCT College of Nursing organized a yoga and wellness class on 21.06.2022 As part of a programme on Yoga demonstration was conducted at KMCT auditorium by first year BSc Nursing students. Prof. R. Mageswari, principal KMCT College of nursing inaugurated the functions and delivered a Yoga message for students regarding Yoga in a changing world . Dr. Ambika.C Vice principal, Kmct College of Nursing felicitated the programme. Yoga demonstration was done by first year BSc Students Ms. Anagha, Ms. Arathi and Ms. Amrutha. The class started with a warm-up section, which include a theory as well as a practical section and explain different asanas, it includes trikonasana, jadasanas, mukasanakriya, rocking and rolling- Surya namaskar, tiger breathing, Sarvangasana, matsyasana, halasana. chakrasana.She also taught about the pranayama, which includes sectional breathing. anuloma. kapalabhati, bhramari pranayama, and savasanameditation.She also made the students understand the importance of practicing yoga in their daily life by promoting women's health and reducing the incidence of diseases like PCOD The program was ended at 4.00 pm with the vote of thanks .Students were very enthusiastic throughout the talk. In total it was an outstanding session. 138 students participated in the session .





### TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD

#### Attendees List

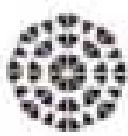
ACADEMIC YEAR: 2022-2023

DATE: 21-06-2022

SL NO	NAME OF THE STUDENTS	SIGNATURE
1.	ABHIVANDHYA K P	
2.	AFEEF ALI T.P	
3.	ALEESHA LINU	
4.	AMALSHA BABU	
5.	ANISHMA S	
6.	ANJALY K U	
7.	ANNU PHILIP	
8.	ARTHANA V	
9.	ASHFAK AHAMMED K	
10.	ASWATHI SREEKUMAR	
11.	ASWIN MATHEW	
12.	ATHUL KRISHNA R	
13.	BINAD FAROOQUE V	
14.	BINDHYA T	
15.	CHINNU	





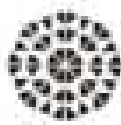


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16.	DULKHAFEL	
17.	FARSHANA.K K	
18.	FASLA RAMSHILM P	
19.	GOPIKA K	
20.	HIMAJA.P.V	
21.	JASNA T M	
22.	JUBNA P	
23.	LIBINA NASRIN M	
24.	MOHAMED NIHAL.K	
25.	MOHAMMAD SWALIH.C.P	
26.	MOHAMMED JUNAID.A.	
27.	MOHAMMED SHABEEB.T.P	
28.	MONISHA ANNA MONCY	
29.	MUHAMMAD BILAL	
30.	MUHAMMED AJINAS T	
31.	MUHAMMED AJMAL K C	
32.	MUHAMMED FAIZ.E	
33.	MUHAMMED SHAALAM K.K	
34.	MUHAMMED SHAHID K T	
35.	NAJIF.C	
36.	PAVITHRA MADHAV	





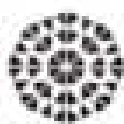
# KMCT

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37.	RANJU M	
38.	RONA MOL	
39.	SAJLA P	
40.	SAM THOMAS	
41.	SHALIQUE MOHAMED.T.E	
42.	SHAMNA P	
43.	SNEHA P.B	
44.	SNEHA SEBASTIAN	
45.	SONA CHANDRAN	
46.	SONA V K	
47.	THARAFIYA MARIYAM.P P	
48.	ABHIJITH RAJ	
49.	ACSAH JOSEKUTTY	
50.	ADILA FAISAL RAHMAN	
51.	AJMI J	
52.	ALEENA P J	
53.	ALEENA SCARIA	
54.	ALEENA GEORGE	
55.	ALEENA T P	
56.	ALINTA SCARIA	
57.	ALSHANA.P	
58.	AMRUTHA .M S	
59.	ANAGHA P K	





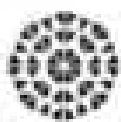
# KMCT

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60.	ANAGHA O K	Anagha
61.	ANITA JOSEPH	Anita
62.	ANUMOL K J	Anumol
63.	ANUSREE.K	Anusree
64.	APARNA D U	Aparna
65.	ARDRA.K	Ardra
66.	ADITHYA A S	Adithya
67.	ASWATHI A K	Aswathi
68.	CHRISTY THOMAS	Christy
69.	DARSHANA SEBAASTIAN	Darshana
70.	FATHIMA NIHALA .M	Fathima
71.	FIDA O	Fida
72.	FILDHA	Fildha
73.	GIFTY THOMAS	Gifty
74.	HARSHA HARIDAS	Harsha
75.	HITHA VJAYAN	Hitha
76.	KAVYA SURESH	Kavya
77.	KEZIYA FRANCIS	Keziya
78.	KRISHNA KRIPA P	Krishna
79.	LITHA SHABIN	Litha
80.	MAHIMA .MS	Mahima
81.	MUDHASIR P	Mudhasir
82.	MUHAMMED HISAM	Muhammed
83.	MUHAMMED NIHAL	Muhammed
84.	N.NAVYA	Navya





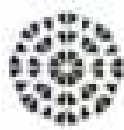
# KMCT

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85.	NAVYA BUJ	
86.	NAMITHA JOSEPH	
87.	THASNEEM	
88.	NEENA THOMAS	
89.	NITHYA RADHAKRISHNAN	
90.	NIVEDITHA.E	
91.	RIYA DEVASSY	
92.	SHAHANA V S	
93.	SHERIN ROSE RAJU	
94.	VISMAYA BABU	
95.	VISMAYA T K	
96.	ZAHARA GAFOOR	
97.	ZAMZAM GAFOOR	
98.	ABIA BOBBY	
99.	AISWARYA SABU	
100.	AISWARYA THOMAS	
101.	AKSA MERIN SAJI	
102.	AKSA STEPHEN	
103.	AKSHAYA.P	
104.	AMBILLA.P	
105.	ANEETA JOSEPH	
106.	ANITTA RAJU	
107.	ANJANA.K.S	
108.	ANJANA.M	
109.	ANUJAYA M.K	



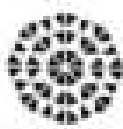


# KMCT COLLEGE OF NURSING

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110	ANUPAMA.P	<i>Anupa</i>
111	ANUVARNA.K	<i>Anu</i>
112	ASWATHY.E	<i>Aswathy</i>
113	ATHIRA.P	<i>Athira</i>
114	ATHIRA SHAJI	<i>Athira</i>
115	ATHULYA GEORGE	<i>Athulya</i>
116	ATHULYA SHAJI	<i>Athulya</i>
117	BINEESHA	<i>Bineesha</i>
118	DAYAL K SAKKARIYA	<i>Dayal</i>
119	DELNA THOMAS	<i>Delna</i>
120	DEON BABY	<i>Deon</i>
121	HANAN	<i>Hanan</i>
122	IRENE S ELIZABETH	<i>Irene</i>
123	JASEFUL ASIF.K	<i>Jaseful</i>
124	JISHNAYA.K.P	<i>Jishnaya</i>
125	KESIYA P.J	<i>Kesiya</i>
126	KIRAN.V.P	<i>Kiran</i>
127	LINDA VARGHESE	<i>Linda</i>
128	MANEESHA MOHANAN	<i>Maneesha</i>
129	MOHAMMAD AFLAH	<i>Mohammed</i>
130	PERSIS T SEBASTIAN	<i>Persis</i>
131	SAHELA.K	<i>Sahela</i>
132	SANDHRA.N.K	<i>Sandra</i>
133	SHERSHAR ALI	<i>Sherishar</i>
134	SIYA MARIA	<i>Siya</i>





# KMCT COLLEGE OF NURSING

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135	SONA.K	
136	SOUMYA GEORGE	
137	SREEPRIYA RAJAN	
138	SREETHU.C	

## TEACHING FACULTY

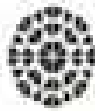
SL.NO	NAME	SIGNATURE
1.	Dr.Ambika .C	
2	Mrs.Shine Thomas	
3	Mrs.Amrutha	
4.	Ms.Athira P	

Venue: KMCT College Of Nursing

Date:29-07-2022

Signature Of The Principal





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COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR**  
**2022-2023**

**TALK ON "WOMEN IN SCIENCE LEADERSHIP: A NEW ERA FOR**  
**SUSTAINABILITY"**

**ACTIVITY REPORT**

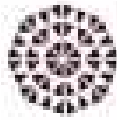
**DATE:** 08/06/2022 at 2p to 4pm

**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Prof. R Mageswari, Principal ,KMCT College of Nursing

KMCT College of nursing conducted a talk on Women in science leadership: a new era for sustainability as part of Mother's Day celebration, organized by gender sensitization programme. The programme acknowledged the pivotal role of women and girls as catalysts for change in the realm of science as leaders in this era of sustainability. Additionally, the programme aims to spotlight the transformative potential inherent in fostering leadership roles for women and girls in scientific pursuits. Prof. R Mageswari, principal of College of Nursing delivered a speech outlining that women and girls are indispensable contributors to science and technology communities, emphasizing the need to fortify and amplify their participation. Amidst the celebration, the day stands as an advocate for bolstering the involvement of women and girls in the scientific domain, underscoring their critical role in shaping the future. The programme lasted for 2 hours.





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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of Talk on "Women in Science Leadership: A New Era for Sustainability"



**Prof. R. Mageswari**

Principal KMCT college of nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Makkam, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



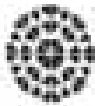
*Makani*

KMCT Medical College Campus, Manassery, Makkam, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <http://www.kmctnursingcollege.org/>





7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2022-2023**

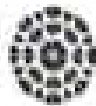
**TALK ON "WOMEN IN SCIENCE LEADERSHIP: A NEW ERA FOR  
SUSTAINABILITY"**

**Attendees List**

**DATE: 08/06/2022**

SL.NO	NAME OF STUDENTS	SIGNATURE
1.	ABHJITH RAJ	
2.	ACSAH JOSEKUTTY	
3.	ADILA FAISAL RAHMAN	
4.	AJMI J	
5.	ALEENA P J	
6.	ALEENA SCARIA	
7.	ALEENA GEORGE	
8.	ALEENA T P	
9.	ALINTA SCARIA	
10.	ALSHANA P	
11.	AMRUTHA M S	
12.	ANAGHA P K	
13.	ANAGHA O K	
14.	ANITA JOSEPH	
15.	ANUMOL K J	
16.	ANUSREE K	
17.	APARNA D U	
18.	ARDRA K	



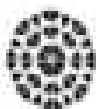


# KMCT COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

19.	ADITHYA A S	<u>Adithi</u>
20.	ASWATHI A K	<u>AKA</u>
21.	JASNA T M	<u>Cham</u>
22.	JUBNA P	<u>Jubna</u>
23.	LIBINA NASRIN M	<u>Libina</u>
24.	MOHAMED NIHAL K	<u>Nihal</u>
25.	MOHAMMAD SWALIH C P	<u>Swali</u>
26.	MOHAMMED JUNAID A.	<u>Junaid</u>
27.	MOHAMMED SHABEEB T P	<u>Shabeeb</u>
28.	MONISHA ANNA MONCY	<u>Moncy</u>
29.	MUHAMMAD BILAL	<u>Bilal</u>
30.	MUHAMMED AJINAS T	<u>Ajinas</u>
31.	MUHAMMED AJMAL K C	<u>Ajmal</u>
32.	MUHAMMED FAIZ E	<u>Faiz</u>
33.	MUHAMMED SHAALAM K K	<u>Shalam</u>
34.	MUHAMMED SHAHID K T	<u>Shahid</u>
35.	NAJIF C	<u>Najif</u>
36.	PAVITHRA MADHAV	<u>Pavithra</u>
37.	RANJU M	<u>Ranjith</u>
38.	RONA MOL	<u>Rona</u>



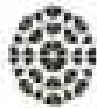


# KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

39.	SAJLA P	
40.	SAM THOMAS	
41.	SHALIQUE MOHAMED.T.E	
42.	SHAMNA P	
43.	SNEHA.P.B	
44.	SNEHA SEBASTIAN	
45.	SONA CHANDRAN	
46.	SONA V K	
47.	THARAFIYA MARIYAM.P P	
48.	ABHIJITH RAJ	
49.	ACSAH JOSEKUTTY	
50.	ADILA FAISAL RAHMAN	
51.	AJMI J	
52.	ALEENA P J	
53.	ALEENA SCARIA	
54.	ALEENA GEORGE	
55.	ALEENA T P	
56.	ALINTA SCARIA	
57.	ALSHANA.P	
58.	AMRUTHA .M S.	
59.	ANAGHA P K	
60.	ANAGHA O K	



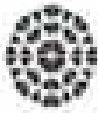


# KMCT COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

61.	ANITA JOSEPH	<i>Anita Joseph</i>
62.	ANUMOL K J	<i>Anumol K J</i>
63.	ANUSREE K	<i>Anusree K</i>
64.	APARNA D U	<i>Aparna D U</i>
65.	ARDRA K	<i>Ardra K</i>
66.	ADITHYA A S	<i>Adithya A S</i>
67.	ASWATHI A K	<i>Aswathi A K</i>
68.	CHRISTY THOMAS	<i>Christy Thomas</i>
69.	DARSHANA SEBAASTIAN	<i>Darshana Sebaastian</i>
70.	FATHIMA NIHALA .M	<i>Fathima Nihala .M</i>
71.	FIDA O	<i>Fida O</i>
72.	FILDHA	<i>Fildha</i>
73.	GIFTY THOMAS	<i>Gifty Thomas</i>
74.	HARSHA HARIDAS	<i>Harsha Haridas</i>
75.	HITHA VIJAYAN	<i>Hitha Vijayan</i>
76.	KAVYA SURESH	<i>Kavya Suresh</i>
77.	KEZIYA FRANCIS	<i>Keziya Francis</i>
78.	KRISHNA KRIPA P	<i>Krishna Kripa P</i>
79.	LITHA SHABIN	<i>Litha Shabin</i>
80.	MAHIMA .MS	<i>Mahima .MS</i>
81.	MUDHASIR P	<i>Mudhasir P</i>
82.	MUHAMMED HISAM	<i>Muhammed Hisam</i>
83.	MUHAMMED NIHAL	<i>Muhammed Nihal</i>





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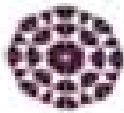
84.	N.NAVYA	
85.	NAVYA BIJU	
86.	NAMITHA JOSEPH	
87.	THASNEEM	
88.	NEENA THOMAS	
89.	NITHYA RADHAKRISHNAN	
90.	NIVEDITHA.E	
91.	RIYA DEVASSY	
92.	SHAHANA V S	
93.	SHERIN ROSE RAJU	
94.	VISMAYA BABU	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. Shine Thomas	
2.	Prof. Steffy John	
3.	Mrs. Jeena George	
4.	Ms. Rakhi Seban	



Signature Of the Principal



**KMCT**  
**COLLEGE OF NURSING**

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**ACADEMIC YEAR**

**2021-2022**

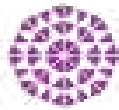


*Maheer*

**KMCT Medical College Campus, Manassery, Makkam, Kozhikode-673602, Kerala**

**Phone: +91 495 2293040, Fax: +91 495 2295040**

**Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>**



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### 7.1.1

#### **GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019**

#### **TALK ON ERADIATING STIGMA AGAINST TRANSGENDER INDIVIDUALS**

#### **ACTIVITY REPORT**

**DATE:** 07/04/2022 at 2pm to 3pm

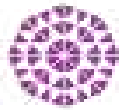
**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Dr.Ambika. C, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted a Talk on Eradiating Stigma against Transgender individuals. Dr.Ambika .C initiated the programme with her incredible speech enlightening Mental mechanisms used for stigma prevention and coping interventions hold promise for reducing stigma and its adverse health-related effects in transgender populations. The attitudes that have allowed transgender people to become more visible in society. However, the increased visibility of transgender people also highlights the high prevalence of adverse health outcomes that exist in some transgender communities. The class also discussed societal norms and beliefs translates into enacted stigma at the interpersonal level, which can produce negative consequences for transgender people. The programme lasted for one hour.


**Signature Of the Principal**



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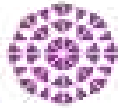


**KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala**

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>





## TALK ON ERADIATING STIGMA AGAINST TRANSGENDER INDIVIDUALS

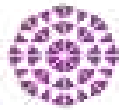
### Attendees List

ACADEMIC YEAR: 2021-2022

DATE:07 /4/22

Sl NO.	Name of the student	Signature
1)	ARINA BIJOSE	
2)	ADHIL P	
3)	AJANYA K	
4)	AMITH KRISHNA	
5)	AMRUTHA . P	
6)	ANAGHA N S	
7)	ANANYA N K	
8)	ANEETA M R	
9)	ANJANA SASIDHARAN	
10)	APARNA K T	
11)	ARATHI V V	
12)	ARSHAD RAHMAN	
13)	ARUNIMA P P	
14)	ASHINA P JIJI	
15)	ATHIL KRISHNAN P	
16)	BLESST MATHEW	
17)	CESIN ANIL MATHEW	

Principal  
KMCT College of Nursing  
Kozhikode - 673022

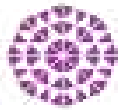


# KMCT COLLEGE OF NURSING

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18)	CHARUJA BINFESI	
19)	DEEPAK K P	
20)	FARDIAN MUNIER	
21)	FARSIHA P	
22)	FATHIMA SANA	
23)	FATHIMA SHAMLI	
24)	FATHIMA SHERIF	
25)	FATHIMATH SIMLA F	
26)	HISANUL HAQ PARANGODATH	
27)	JABIN FATHIMA	
28)	JERIK JOHN Y	
29)	KRISHNAPRIYA K V	
30)	KRISHNAPRIYA N P	
31)	MAHA RAHIM	
32)	MAHSHOOQ A T	
33)	MOHAMMED NIYAS K P	
34)	MOHAMMED SHANIB	
35)	MUBASHIRA	
36)	MUHAMMED BILAL M	
37)	MUHAMMED SHAMEEMA	
38)	NASHIEDA N P	
39)	NAVYA C	
40)	NEHA P	

   
Principal  
College of Nursing  
Kozhikode

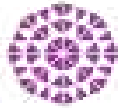


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41)	POOJA PRADEEP	
42)	PRANAV SUDHI	
43)	P SNEHA VINAYAN	
44)	REHNA A	
45)	RIJAS MUHAMMED S R	
46)	RINSHA FATHIMA V	
47)	SALEEKHA SHERIN	
48)	SANAL N	
49)	SERINE SEBASTIAN	
50)	SHADANA SHARIN .M.C	
51)	SHAHLA MOL N	
52)	SHAHLA SHERIN	
53)	SHARHAN ABUL C P	
54)	SHARON RAJCHAL JAI	
55)	SHEBIN ROSHAN	
56)	SHIVANI S R	
57)	SIFANA JASMIN P.V	
58)	SNEHASREE V.K	
59)	SONA JOSE	
60)	SRAIDHA J	
61)	SREEJA RAJEEV	
62)	SREERAG E	
63)	SREETHU K	

P.O. Kozhikode  
KMCT College of Nursing  
Kozhikode 673006



# KMCT COLLEGE OF NURSING

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64)	SRUTHY JAYAN	
65)	SUHANA NASRIN E.	
66)	SWALIHA U.S	
67)	SWATHLP	
68)	VARDATHUL JENNA MV	
69)	VIBIN P V	
70)	ZAHWA SAHEERA SHAH C.	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr. Ambika .C	
2	Prof. Shine Thomas	
3	Prof. Santhamma Kurian	



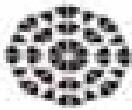
Signature Of the Principal

## 7.1.1 GENDER EQUITY SENSITIZATION PROGRAM

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



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7.1.1

GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2021-2022

AWARENESS SESSION ON SELF DEFENSE AND ITS IMPORTANCE

ACTIVITY REPORT

**DATE:** 25/11/21 AT 10 AM TO 11 AM

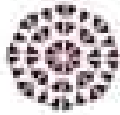
**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Mr. Hussain P,SI, Mulkam Police Station

KMCT College of Nursing conducted an awareness session on Self-defense and its Importance as a part of international day for the elimination of violence against women. The programme was conducted well by the presence of Mr. Hussain, SI, Mulkam Police station. He spoke regarding the importance of self-defense and demonstrated some self-defense methods to the students. He emphasized the violence in health care settings and thus Training health providers and improving system readiness to provide quality care are key aspects of a health systems response to violence against women. The health sector needs to be able to provide safe, effective, survivor-centered care. Pro. R Mageswari, principal of KMCT Nursing College has done the role of presidential address and she said People reserve the right to protect themselves when they are assaulted, or they feel at serious risk and it is important to provide self-defense training to ensure their safety and security. Self-defense training is a life skill that helps to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self-defense training, the people are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. The programme lasted for one hour.



*[Handwritten Signature]*  
Signature of the Principal



# KMCT COLLEGE OF NURSING

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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness session on "Self Defence And Its Importance"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

AWARENESS SESSION ON  
**SELF DEFENCE AND ITS  
IMPORTANCE**

**25/11/2021 (1 DAY)**  
10-11AM

**MR. HUSSAIN**

PSI, Mukkam Police Station

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkam, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

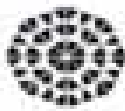


*Hussain*

KMCT Medical College Campus, Manassery, Mukkam, Kozhikode-673602, Kerala

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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**AWARENESS SESSION ON SELF DEFENCE AND ITS IMPORTENCE**

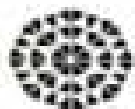
Attendees List

ACADEMIC YEAR: 2021-2022

DATE: 25/11/21

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILLA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	
19	ATHULYA SHAJI	





# KMCT COLLEGE OF NURSING

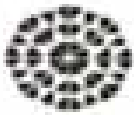
Recognized by Indian Nursing Council & Kerala Nurses and  
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20	BINEESHA	<u>Bineesha</u>
21	DAYAL K SAKKARIYA	<u>Dayal</u>
22	DELNA THOMAS	<u>Delna</u>
23	DEON BABY	<u>Deon</u>
24	HANAN	<u>Hanan</u>
25	IRENE S ELIZABETH	<u>Irene</u>
26	JASEFUL ASIF.K	<u>Jaseful</u>
27	JISHNAYA.K.P	<u>Jishnaya</u>
28	KESIYA P.J	<u>Kesiya</u>
29	KIRAN.V.P	<u>Kiran</u>
30	LINDA VARGHESE	<u>Linda</u>
31	MANEESHA MOHANAN	<u>Maneesha</u>
32	MOHAMMAD AFLAHI	<u>Aflah</u>
33	PERSIS T SEBASTIAN	<u>Persis</u>
34	SAHELA.K	<u>Sahela</u>
35	SANDHRA.N.K	<u>Sandra</u>
36	SHERSHAR ALI	<u>Sherishar</u>
37	SIYA MARIA	<u>Siyas</u>
38	SONA.K	<u>Sona</u>
39	SOUMYA GEORGE	<u>Soumya</u>
40	SREEPRIYA RAJAN	<u>Sreepriya</u>
41	SREETHU.C	<u>Sreethu</u>



Mahesh





# KMCT COLLEGE OF NURSING

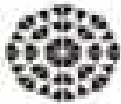
Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. R Mageswari	
2	Prof. Steffy John	
3	Mrs. Jeena	
4.	Ms. RakhiSeban	



Signature of the Principal



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COLLEGE OF NURSING

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7.1.1

GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022

DISCUSSION ON HORMONAL AND BEHAVIORAL CHANGES  
IN ADOLESCENCE

ACTIVITY REPORT

**DATE:** 12/08/2021 at 2pm to 4 pm

**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Prof. Shine Thomas, HOD Mental Health Nursing Department,  
KMCT College of Nursing

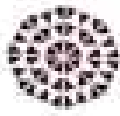
KMCT College of Nursing conducted a discussion on Hormonal and Behavioral changes in adolescence as apart of gender equality sensitization programme. The programme was inaugurated by Prof. R Mageswari, Principal of KMCT Nursing College. Prof. Shine Thomas, HOD Mental Health Nursing Department, KMCT College of Nursing has delivered an amazing speech on the topic. She emphasized regarding the hormonal and behavioral changes in the period of adolescence. Additionally, Teen hormones affect not only adolescents' bodies and minds, but also their behavior. Peer pressure, low self-esteem, and raging hormones can lead teens to take chances and engage in risky behaviors that could have a negative effect on their future. Therefore, as children enter their teenage years, it's important for them to have a support system they can rely on. Their parents, siblings, therapists, teachers, and coaches can provide wisdom and guidance as teens navigate this challenging, exciting time in their lives. The programme lasted for two hours.



Signature of the Principal

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91  
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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of discussion on "Hormonal And Behavioral Changes In Adolescence"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

DISCUSSION ON  
**HORMONAL AND  
BEHAVIOURAL CHANGES IN  
ADOLESCENCE**

12/08/2021 (1 DAY)  
2PM to 04 PM

### **Prof. Shine Thomas**

HOD Mental Health Nursing Department, KMCT  
college of nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



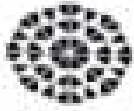
**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

KMCT Medical College Campus, Maassery, Mukkom, Kozhikode-673602, Kerala

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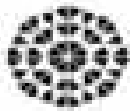
## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022 DISCUSSION ON HORMONAL AND BEHAVIORAL CHANGES IN ADOLESCENCE

### Attendees List

DATE: 12/08/2021

SL.NO	NAME OF STDENTS	SIGNATURE
1	ABHUTH RAJ	
2	ACSAH JOSEKUTTY	
3	ADILA FAISAL RAHMAN	
4	AJMI J	
5	ALEENA P J	
6	ALEENA SCARIA	
7	ALEENA GEORGE	
8	ALEENA T P	
9	ALINTA SCARIA	
10	ALSHANA P	
11	AMRUTHA .M S	
12	ANAGHA P K	
13	ANAGHA O K	
14	ANITA JOSEPH	
15	ANUMOL K J	
16	ANUSREE.K	
17	APARNA D U	





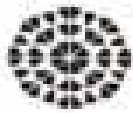
# KMCT COLLEGE OF NURSING

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18	ARDRA.K	<i>[Signature]</i>
19	ADITHYA A S	<i>[Signature]</i>
20	ASWATHI A K	<i>[Signature]</i>

21	CHRISTY THOMAS	<i>[Signature]</i>
22	DARSHANA SEBAASTIAN	<i>[Signature]</i>
23	FATHIMA NIHALA .M	<i>[Signature]</i>
24	FIDA O	<i>[Signature]</i>
25	FILDHA	<i>[Signature]</i>
26	GIFTY THOMAS	<i>[Signature]</i>
27	HARSHA HARIDAS	<i>[Signature]</i>
27	HITHA VIJAYAN	<i>[Signature]</i>
29	KAVYA SURESH	<i>[Signature]</i>
30	KEZIYA FRANCIS	<i>[Signature]</i>
31	KRISHNA KRIPA P	<i>[Signature]</i>
32	LITHA SHABIN	<i>[Signature]</i>
33	MAHIMA .M.S	<i>[Signature]</i>
34	MUDHASIR P	<i>[Signature]</i>
35	MUHAMMED HISAM	<i>[Signature]</i>
36	MUHAMMED NIHAL	<i>[Signature]</i>
37	N.NAVYA	<i>[Signature]</i>
38	NAVYA BIJU	<i>[Signature]</i>
39	NAMITHA JOSEPH	<i>[Signature]</i>
40	THASNEEM	<i>[Signature]</i>
41	NEENA THOMAS	<i>[Signature]</i>





# KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

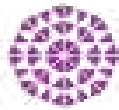
42	NITHYA RADHAKRISHNAN	<i>Nithya</i>
43	NIVEDITHA.E	<i>Niveditha</i>
44	RIYA DEVASSY	<i>Riya</i>
45	SHAHANA V S	<i>Shahana</i>
46	SHERIN ROSE RAJU	<i>Sherin</i>
47	VISMAYA BABU	<i>Vismaya</i>
48	VISMAYA T K	<i>Vismaya</i>
49	ZAHARA GAFOOR	<i>Zahara</i>
50	ZAMZAM GAFOOR	<i>Zamzam</i>
51	SONA.K	<i>Sona</i>
52	SOUMYA GEORGE	<i>Soumya</i>
53	SREEPRIYA RAJAN	<i>Sreepriya</i>
54	SREETHU.C	<i>Sreethu</i>

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. Shine Thomas	<i>Shine Thomas</i>
2	Mrs. Kukkumol	<i>Kukkumol</i>



*Uthara*  
Signature of the Principal



**KMCT**  
COLLEGE OF NURSING

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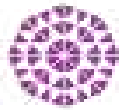
**WORLD BREAST FEEDING WEEK OBSERVATION-**  
**AMMAYILURUM AMMRUTHUM**

**Date- 07.08.2021**

**Venue- KMCT women and child hospital**

World breastfeeding week is observed every year between 1st to 7th of August in order to create awareness and emphasis on its importance among the public and health workers in the hospital and community. The department of Obstetrics and Gynecology, KMCTCON, observed world breastfeeding week by conducting various activities. On 07/08/2021 breastfeeding awareness program was conducted in pediatric/neonatal OPD and obstetric OPD. Parents, antenatal and postnatal mothers participated in the event with maintaining social distancing and clarified their doubts on young infant feeding practices. The event was facilitated by con, nursing faculty and 4th year students and they emphasized on benefits of breastfeeding, difference between human and cow's milk, breastfeeding positions and techniques including latching, healthy diet for nursing mothers with help of flash cards, charts and models.

Signature of the principal



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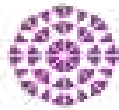


KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

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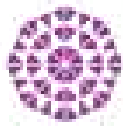


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*Habeen!*



# KMCT COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

7.1.1

## WORLD BREAST FEEDING WEEK OBSERVATION-AMMAYILURUM AMMRUTHUM

Date- 07.08.2021

### ATTENDEES LIST

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILLA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	
19	ATHULYA SHAJI	





# KMCT COLLEGE OF NURSING

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20	BINEESHA	<u>Bineesha</u>
21	DAYAL K SAKKARIYA	<u>Dayal</u>
22	DELNA THOMAS	<u>Delna</u>
23	DEON BABY	<u>Deon</u>
24	HANAN	<u>Hanan</u>
25	IRENE S ELIZABETH	<u>Irene</u>
26	JASEFUL ASIF K	<u>Jaseful</u>
27	JISHNAYA.K.P	<u>Jishnaya</u>
28	KESIYA PJ	<u>Kesiya</u>
29	KIRAN.V.P	<u>Kiran</u>
30	LINDA VARGHESE	<u>Linda</u>
31	MANEESHA MOHANAN	<u>Maneesha</u>
32	MOHAMMAD AFLAḤ	<u>Aflah</u>
33	PERSIS T SEBASTIAN	<u>Persis</u>
34	SAHELA.K	<u>Sahela</u>
35	SANDHRA.N.K	<u>Sandra</u>
36	SHERSHAR ALI	<u>Shershara</u>
37	SIYA MARIA	<u>Sonya</u>
38	SONA.K	<u>Sona</u>
39	SOUMYA GEORGE	<u>Soumya</u>
40	SREEPRIYA RAJAN	<u>Sreepriya</u>
41	SREETHU.C	<u>Sreethu</u>



Makew



# KMCT

## COLLEGE OF NURSING

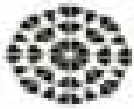
Recognized by Indian Nursing Council & Kerala Nurses and Midwives Council & affiliated to Kerala University of Health Sciences

### TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr.Ambika .C	
2	Mrs.Shine Thomas	
4.	Ms.Athira P	

Signature Of the Principal





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COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022**

**ONLINE WEBINAR ON WOMEN'S REPRODUCTIVE HEALTH  
AND WELLNESS**

**DATE:** 30/07/2021 AT 11AM TO 12 PM

**VENUE:** Webinar

**SPEAKER:** Prof. Rakhi Seban, HOD of OBG Nursing, KMCT College of Nursing

KMCT College of Nursing conducted an online webinar on Women's reproductive health and wellness as a part of gender sensitization programme. The programme was inaugurated by Prof. R Mageswari. Prof. Rakhi Seban, HOD of OBG Nursing, KMCT College of Nursing was the speaker of the programme. She enlightened the topic with amazing explanations. She emphasized that A woman's reproductive system is a delicate and complex system in the body. It is important to take steps to protect it from infections and injury, and prevent problems including some long-term health problems. She enlisted the importance of reproductive health which includes prevention of STIs, contribution to family planning, early detection of reproductive cancers, sexual education, and the positive impact on the economy through informed decisions about workforce participation by women. The programme lasted for one hour.



*Rakhi Seban*

**Signature of the Principal**



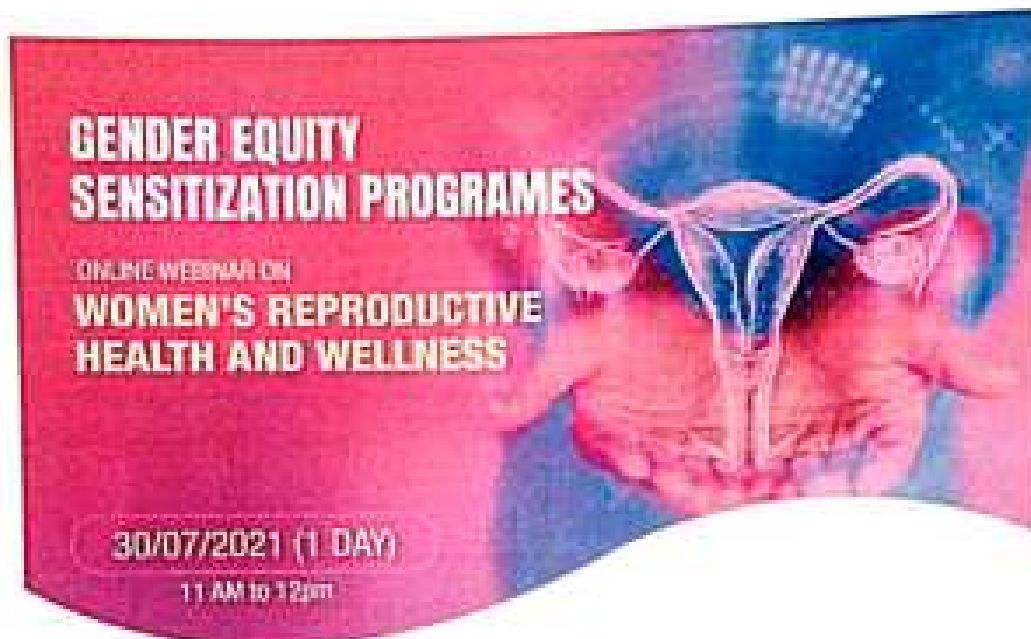
# KMCT COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of online webinar on "Women's Reproductive Health and Wellness"



**Prof. Rakhi Seban**

HOD of OBG Nursing, KMCT college of nursing

WEBINAR



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Munnery, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

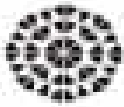


*Rakhi Seban*

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Email: [gursing@kmct.edu.in](mailto:gursing@kmct.edu.in) Website: <http://www.kmctnursingcollege.org/>



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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022

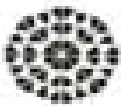
### ONLINE WEBINAR ON WOMEN'S REPRODUCTIVE HEALTH AND WELLNESS

#### Attendees List

DATE: 30/07/2021

SL NO	NAME OF STUDENTS	SIGNATURE
1.	ABIA BOBBY	
2.	AISWARYA SABU	
3.	AISWARYA THOMAS	
4.	AKSA MERIN SAJI	
5.	AKSA STEPHEN	
6.	AKSHAYA.P	
7.	AMBILIA.P	
8.	ANEETA JOSEPH	
9.	ANITTA RAJU	
10.	ANJANA.K.S	
11.	ANJANA.M	
12.	ANUJAYA M.K	
13.	ANUPAMA.P	
14.	ANUVARNA.K	
15.	ASWATHY.E	
16.	ATHIRA.P	
17.	ATHIRA SHAJI	
18.	ATHULYA GEORGE	
19.	ATHULYA SHAJI	





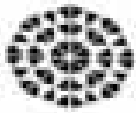
# KMCT COLLEGE OF NURSING

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20.	BINEESHA	<u>Bin</u>
21.	DAYAL K SAKKARIYA	<u>Dayal</u>
22.	DELNA THOMAS	<u>Delna</u>
23.	DEON BABY	<u>Deon</u>
24.	HANAN	<u>Hanan</u>
25.	IRENE S ELIZABETH	<u>Irene</u>
26.	JASEFUL ASIF.K	<u>Jaseful</u>
27.	JISHNAYA.K.P	<u>Jish</u>
28.	KESIYA P.J	<u>Kesiya</u>
29.	KIRAN.V.P	<u>Kiran</u>
30.	LINDA YARGHESE	<u>Linda</u>
31.	MANEESHA MOHANAN	<u>Maneesha</u>
32.	MOHAMMAD AFLAH	<u>Aflah</u>
33.	PERSIS T SEBASTIAN	<u>Persis</u>
34.	SAHELA.K	<u>Sahela</u>
35.	SANDHRA.N.K	<u>Sandhra</u>
36.	SHERSHAR ALI	<u>Sher</u>
37.	SIYA MARIA	<u>Siya</u>
38.	SONA.K	<u>Sona</u>
39.	SOUMYA GEORGE	<u>Soumya</u>
40.	SREEPRIYA RAJAN	<u>Sreepriya</u>
41.	SREETHU.C	<u>Sreethu</u>
42.	TABITHA RAJU	<u>Tabitha</u>
43.	SNEHA SEBASTIAN	<u>Sneha</u>
44.	SONA CHANDRAN	<u>Sona</u>
45.	SONA V K	<u>Sona</u>
46.	THARAFIYA MARIYAM.P P	<u>Tharafiya</u>
47.	ABHIJITH RAJ	<u>Abhi</u>







# KMCT COLLEGE OF NURSING

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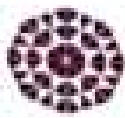
48.	ACSAH JOSEKUTTY	
49.	ADILA FAISAL RAHMAN	
50.	AJMI J	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. RakhiSeban	
2	Prof. Steffy John	
3	Mrs. Jeena George	
4.	Prof. Shine Thomas	



  
Signature of the Principal



# KMCT COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**  
**FOR ACADEMIC YEAR 2021-2022**  
**ONLINE WEBINAR ON LIFE OR MODERN LIFESTYLE**  
**ACTIVITY REPORT**

**Venue: KMCT COLLEGE OF NURSING AUDITORIUM**

**Date: 21.06.2022**

**Speaker: Mrs. Nithya Ashok**

An online webinar on Yoga was conducted on 21.06.2022 at KMCT College of Nursing. As part of a programme a zoom Yoga demonstration and webinar related to the topic life or modern life style was conducted. Prof. R Mageswari, principal KMCT College of nursing inaugurated the functions and delivered Yoga message for students. Mrs. Nithya Ashok, certified yoga trainer, Kerala yoga association, Calicut demonstrated yoga mudras and all the students and faculties practiced the sitting and standing Asanas and explained the importance of diet in daily life. The theme of yoga day was yoga for wellness. PROF.Mrs.R. Ambika.C Vice principal, Kmct College of Nursing felicitated the programme. Fourty two students from Third year BSc nursing and 4 teachers participated in the event. In total it was an outstanding session.

**Signature Of The Principal**





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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2022-2023**

**TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD**



*Mahesh*



**TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD**

**KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala**

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



# KMCT COLLEGE OF NURSING

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## Attendees List

**ACADEMIC YEAR: 2021-2022**

**DATE: 21-06-2021**

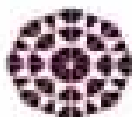
SL. NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILIA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	
19	ATHULYA SHAJI	
20	BINEESHA	
21	DAYAL K SAKKARIYA	
22	DELNA THOMAS	
23	DEON BABY	
24	HANAN	
25	IRENE S ELIZABETH	

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# KMCT COLLEGE OF NURSING

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26	JASEFUL ASIF.K	
27	JISHNAYA.K.P	
28	KESIYA P.J	
29	KIRAN.V.P	
30	LINDA VARGHESE	
31	MANEESHA MOHANAN	
32	MOHAMMAD AFLAH	
33	PERSIS T SEBASTIAN	
34	SAHELA.K	
35	SANDHRA.N.K	
36	SHERSHAR ALI	
37	SIYA MARIA	
38	SONA.K	
39	SOUMYA GEORGE	
40	SREEPRIYA RAJAN	
41	SREETHU.C	
42	TABITHA RAJU	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr.Ambika .C	
2	Prof.Steffy John	
3	Mrs.Jeena George	
4.	Ms. RakhiSeban	

  
Signature Of The Principal

## GENDER EQUITY SENSITIZATION PROGRAM FOR

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

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Email:[nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>





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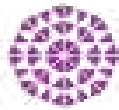
**ACADEMIC YEAR**

**2020-2021**



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## TALK AND EXHIBITION OF DIET ON IMPORTANCE OF NUTRITION IN GIRLCHILD

**Date:15/4/21**

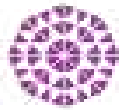
**Venue : KMCT College of Nursing**

KMCT college of Nursing has organized a talk on importance of nutrition in girl children diet exhibition was conducted by first year Bsc nursing students .The event was coordinated by Mrs. Kukkumol and Shilpa. The students were actively participated in the program.

*Habeen*



**Signature Of the Principal**



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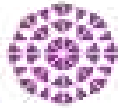
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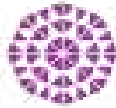
**7.1.1 GENDER EQUITY SENSITIZATION PROGRAM**

**TALK AND EXHIBITION OF DIET ON IMPORTANCE OF NUTRITION IN GIRLCHILD**

**ATTENDEES LIST**

SL NO	NAME OF THE STUDENTS	SIGNATURE
1.	ABHIVANDHYA K P	
2.	AFEEF ALI .T.P	
3.	ALEESHA LINU	
4.	AMALSHA BABU	
5.	ANISHMA S	
6.	ANJALY K U	
7.	ANNU PHILIP	
8.	ARTHANA.V	
9.	ASHFAK AHAMMED K	
10.	ASWATHI SREEKUMAR	
11.	ASWIN MATHEW	
12.	ATHUL KRISHNA R	
13.	BINAD FAROOQUE V	
14.	BINDHYA T	
15.	CHINNU	



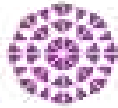


# KMCT COLLEGE OF NURSING

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16.	DULKHAFEL	
17.	FARSHANA.K K	
18.	FASLA RAMSHILM P	
19.	GOPIKA K	
20.	HIMAJA.P.V	
21.	JASNA T M	
22.	JUBNA P	
23.	LIBINA NASRIN M	
24.	MOHAMED NIHAL.K	
25.	MOHAMMAD SWALIH.C.P	
26.	MOHAMMED JUNAID.A.	
27.	MOHAMMED SHABEEB.T.P	
28.	MONISHA ANNA MONCY	
29.	MUHAMMAD BILAL	
30.	MUHAMMED AJINAS T	
31.	MUHAMMED AJMAL K C	
32.	MUHAMMED FAIZ.E	
33.	MUHAMMED SHAALAM K.K	
34.	MUHAMMED SHAHID K T	
35.	NAJIF.C	
36.	PAVITHRA MADHAV	



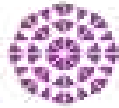


# KMCT COLLEGE OF NURSING

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37.	RANJU M	
38.	RONA MOL	
39.	SAJLA P	
40.	SAM THOMAS	
41.	SHALIQUE MOHAMED.T.E	
42.	SHAMNA P	
43.	SNEHA.P.B	
44.	SNEHA SEBASTIAN	
45.	SONA CHANDRAN	
46.	SONA V K	
47.	THARAFIYA MARIYAM.P P	
48.	ABHIJITH RAJ	
49.	ACSAH JOSEKUTTY	
50.	ADILA FAISAL RAHMAN	
51.	AJMI J	
52.	ALEENA P J	
53.	ALEENA SCARIA	
54.	ALEENA GEORGE	
55.	ALEENA T P	
56.	ALINTA SCARIA	
57.	ALSHANA.P	
58.	AMRUTHA .M S	
59.	ANAGHA P K	







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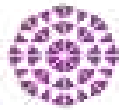
### Attendees List

#### FACULTY LIST

SL.NO	NAME	SIGNATURE
1.	Prof.Rakhi Seban	
2	Mrs.Dona	


**Signature of the Principal**



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## **7.1.1 GENDER EQUALITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2020 -2021**

**TALK ON PREMARITAL COUNSELLING**

### **ACTIVITY REPORT**

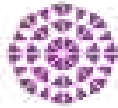
**DATE: 21.03.2021**

**VENUE: KMCT COLLEGE OF NURSING AUDITORIUM**

**SPEAKER: PROF.R. MAGESWARI, PRINCIPAL, KMCT COLLEGE OF NURSING**

KMCT college of nursing organized a talk on premarital counselling on the 21st of March, 2021. The program started with vice principal introduced the importance of premarital counselling. The Principal Prof. R. Mageswari gave a short speech on need of counselling for adolescents. The session saw the active participation of the students and faculty of the college. The program ended with the vote of thanks from Mrs. Steffy John, Professor, on behalf of KMCT Nursing College.

**Signature of the Principal**

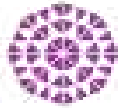


**7.1.1 GENDER EQUALITY SENSITIZATION PROGRAMME**  
**FOR ACADEMIC YEAR 2020 -2021**  
**TALK ON PREMARITAL COUNSELLING**

**Attendees List**

SL.NO	NAME OF STUDENTS	SIGNATURE
1	ABHIJITH RAJ	
2	ACSAH JOSEKUTTY	
3	ADILA FAISAL RAHMAN	
4	AJMI J	
5	ALEENA P J	
6	ALEENA SCARIA	
7	ALEENA GEORGE	
8	ALEENA T P	
9	ALINTA SCARIA	
10	ALSHANA.P	
11	AMRUTHA .M S	
12	ANAGHA P K	
13	ANAGHA O K	
14	ANITA JOSEPH	
15	ANUMOL K J	



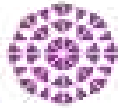


# KMCT COLLEGE OF NURSING

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16	ANUSREE.K	
17	APARNA D U	
18	ARDRA.K	
19	ADITHYA A S	
20	ASWATHI A K	
21	CHRISTY THOMAS	
22	DARSHANA SEBAASTIAN	
23	FATHIMA NIHALA .M	
24	FIDA O	
25	FILDHA	
26	GIFTY THOMAS	
27	HARSHA HARIDAS	
27	HITHA VUAYAN	
29	KAVYA SURESH	
30	KEZIYA FRANCIS	
31	KRISHNA KRIPA P	
32	LITHA SHABIN	
33	MAHIMA .MS	
34	MUDHASIR P	
35	MUHAMMED HISAM	
36	MUHAMMED NIHAL	
37	N.NAVYA	
38	NAVYA BIJU	
39	NAMITHA JOSEPH	
40	THASNEEM	
41	NEENA THOMAS	





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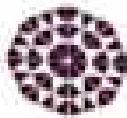
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Midwives Council & affiliated to Kerala University of Health Sciences

42	NITHYA RADHAKRISHNAN	<i>Ni Radha</i>
43	NIVEDITHA.E	<i>Niveditha</i>
44	RIYA DEVASSY	<i>Riya</i>
45	SHAHANA V S	<i>Shahana</i>
46	SHERIN ROSE RAJU	<i>Sherin</i>
47	VISMAYA BABU	<i>Vismaya</i>
48	VISMAYA T K	<i>Vismaya</i>
49	ZAHARA GAFOOR	<i>Zahara</i>
50	ZAMZAM GAFOOR	<i>Zamzam</i>

*Maheem*







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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

FOR ACADEMIC YEAR 2020-21

TALK ON 'Women in leadership: Achieving an equal future in a COVID-19 world.'

### ACTIVITY REPORT

Venue: KMCT College of Nursing Auditorium

Date: 08.03.21

Speaker: Adv. Mr. Sreenath, Former Municipal Corporation Councilor, Social Activist,  
Kozhikode

International women's day program was conducted on 8 th march 2021 at 11 am. The guest of hour of this program was advocate Mr. Sreenath, formal municipal corporation councilor, Kozhikode, social activist. The welcome speech was given by Prof. Ambika.C, vice principal and the presidential address was done by Prof. R. Mageswari, Principal, KMCT College of Nursing. This year, the theme for International Women's Day is "Women in leadership: Achieving an equal future in a COVID-19 world," celebrates the tremendous efforts by women and girls around the world in shaping a more equal future and recovery from the COVID-19 pandemic and highlights the gaps that remain. 3<sup>rd</sup> Year Bsc Nursing students did a skit on women empowerment like protection of women, the need of women's education. The faculties and nursing students were encouraged by our students and are expecting like this in near future. The vote of thanks was given by prof. Steffy John and the program ended at 12.30 pm.

Signature Of The Principal





# KMCT COLLEGE OF NURSING

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211

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of Talk On 'Women in Leadership: Achieving an equal future in a COVID-19 world.'

GENDER EQUITY  
SENSITIZATION PROGRAM

**TALK ON 'WOMEN IN LEADERSHIP;  
ACHIEVING ON EQUAL  
FUTURE IN A COVID-19  
WORLD.'**

**08-03-2021 | 11-12 PM**

**MODERATOR:**  
**Prof. R. Mageswari**  
Principal  
KMCT College of Nursing

**SPEAKER:**  
**Adv. Mr. Sreenath**  
Former Municipal Corporation Councillor

Venue: KMCT College of Nursing Auditorium



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkam, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

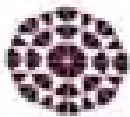
*Alabura*



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# KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
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**TALK ON "Women in leadership: Achieving an equal future in a COVID-19 world."**

## Attendees List

### ACADEMIC YE

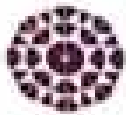
SL NO	NAME OF THE STUDENTS	SIGNATURE
1.	ABIA BOBBY	
2.	AISWARYA SABU	
3.	AISWARYA THOMAS	
4.	AKSA MERIN SAJI	
5.	AKSA STEPHEN	
6.	AKSHAYA.P	
7.	AMBILIA.P	
8.	ANEETA JOSEPH	
9.	ANITTA RAJU	
10.	ANJANA.K.S	
11.	ANJANA.M	
12.	ANUJAYA M.K	
13.	ANUPAMA.P	
14.	ANUVARNA.K	
15.	ASWATHY.E	
16.	ATHIRA.P	
17.	ATHIRA SHAJI	
18.	ATHULYA GEORGE	
19.	ATHULYA SHAJI	
20.	BINEESHA	

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# KMCT COLLEGE OF NURSING

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21.	DAYAL K SAKKARIYA	
22.	DELNA THOMAS	
23.	DEON BABY	
24.	HANAN	
25.	IRENE S ELIZABETH	
26.	JASEFUL ASIF.K	
27.	JISHNAYA.K.P	
28.	KESIYA PJ	
29.	KIRAN.V.P	
30.	LINDA VARGHESE	
31.	MANEESHA MOHANAN	
32.	MOHAMMAD AFLAH	
33.	PERSIS T SEBASTIAN	
34.	SAHELA.K	
35.	SANDHRA.N.K	
36.	SHERSHAR ALI	
37.	SIYA MARIA	
38.	SONA.K	
39.	SOUMYA GEORGE	
40.	SREEPRIYA RAJAN	
41.	SREETHU.C	

AR: 2021-2022

DATE: 08-03-2021

Signature Of The Principal

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2020-2021**

**ONLINE WEBINAR ON WOMENS EQUALITY- "EMPOWER WOMEN  
AND EMBRACE EQUITY"**

**ACTIVITY REPORT**

**DATE:** 08/01/2021 10 am to 11 am

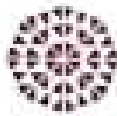
**VENUE:** Webinar

**SPEAKER:** Smt. Ushadevi P, President, KNMC Speaker

KMCT College of Nursing conducted online webinar on Women's Equality- "Empower women and Embrace Equity " as a part of international women's day. While inaugurating the programme, Pro. R Maheswari enlightened that Women's empowerment is a critical aspect of achieving gender equality. It includes increasing a woman's sense of self-worth, her decision-making power, her access to opportunities and resources, her power and control over her own life inside and outside the home, and her ability to effect change. Smt. Ushadevi emphasized that we should foster a meritocratic environment where anyone, regardless of gender, can succeed and amplifies the ability of people to thrive, collaborate to the full, and be resilient. The programme lasted for one hour.



  
**Signature of principal**



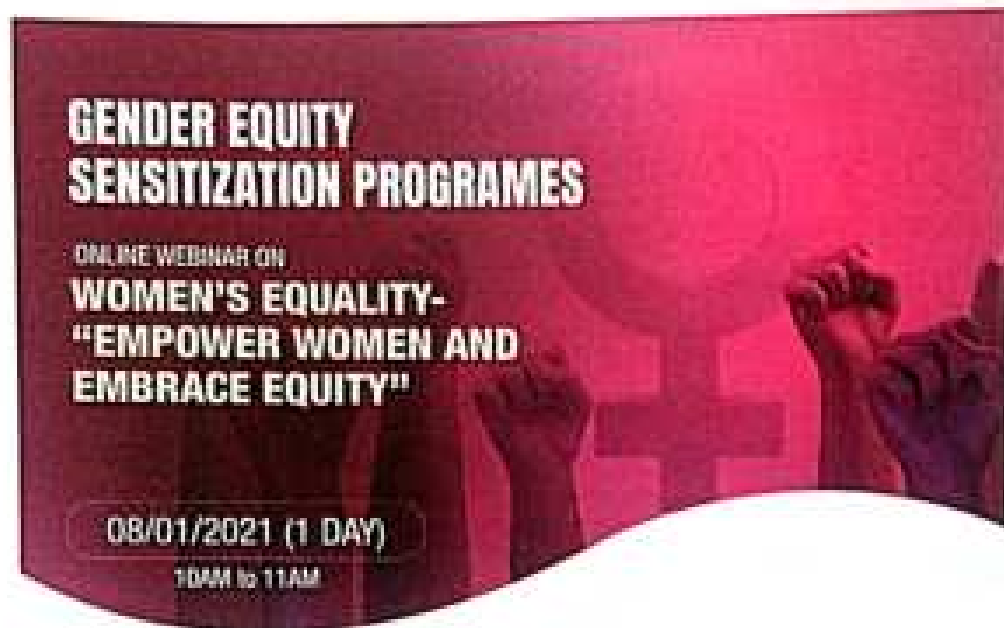
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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of online webinar on Women's Equality- "Empower Women and Embrace Equity"



SPEAKER

**Smt. Ushadevi P**  
President, KNMC

WEBINAR



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
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[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



*Ushadevi*

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2020-2021**

**ONLINE WEBINAR ON WOMENS EQUALITY- "EMPOWER WOMEN  
AND EMBRACE EQUITY"**

Attendees List

DATE: 08/01/2021

SL NO	NAME OF STUDENTS	SIGNATURE
1.	ABIA BOBBY	
2.	AISWARYA SABU	
3.	AISWARYA THOMAS	
4.	AKSA MERIN SAJI	
5.	AKSA STEPHEN	
6.	AKSHAYA.P	
7.	AMBILI A. P	
8.	ANEETA JOSEPH	
9.	ANITTA RAJU	
10.	ANJANA. K. S	
11.	ANJANA.M	
12.	ANUJAYA M. K	
13.	ANUPAMA.P	
14.	ANUVARNA.K	
15.	ASWATHY.E	
16.	ATHIRA.P	
17.	ATHIRA SHAJI	
18.	ATHULYA GEORGE	
19.	ATHULYA SHAJI	
20.	BINEESHA	
21.	DAYAL K SAKKARIYA	





# KMCT

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22.	DELNA THOMAS	<u>Delna</u>
23.	DEON BABY	<u>Deon</u>
24.	HANAN	<u>Hanan</u>
25.	IRENE S ELIZABETH	<u>Irene</u>
26.	JASEFUL ASIF.K	<u>Jaseful</u>
27.	JISHNAYA. K. P	<u>Jishnaya</u>
28.	KESIYA P. J	<u>Kesiya</u>
29.	KIRAN V. P	<u>Kiran</u>
30.	LINDA VARGHESE	<u>Linda</u>
31.	MANEESHA MOHANAN	<u>Maneesha</u>
32.	MOHAMMAD AFLAH	<u>Mohammad</u>
33.	PERSIS T SEBASTIAN	<u>Persis</u>
34.	SAHELA.K	<u>Sahela</u>
35.	SANDHRA. N. K	<u>Sandhra</u>
36.	SHERSHAR ALI	<u>SherShar</u>
37.	SIYA MARIA	<u>Siya</u>
38.	SONA.K	<u>Sona</u>
39.	SOUMYA GEORGE	<u>Soumya</u>
40.	SREEPRIYA RAJAN	<u>Sreepriya</u>
41.	SREETHU.C	<u>Sreethu</u>
42.	TABITHA RAJU	<u>Tabitha</u>







# KMCT COLLEGE OF NURSING

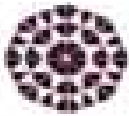
Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Mr. Deepak	
2	Prof. Steffy John	
3	Mrs. Dona Prince	
4.	Ms. Rakhi Seban	



Signature Of the Principal



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**ACADEMIC YEAR 2020-21**

**Online webinar on Issues and Challenges Regarding Safety of Women and Girls in The  
Digital Era and Preventive and Protective Mechanisms On Gender Based Violence**

**Date- 03-12-2020**

**Venue- Online Zoom webinar**

**Speaker- Prof. R. Mageswari, Principal, KMCTCON, Prof. Dr. Amika. C, Vice Principal,  
KMCTCON**

A Gender Sensitization Workshop was organized by the Department of mental health nursing, KMCTCON on 3rd December 2021 through online zoom platform at 11.30 Am. The webinar deliberated on the issues and challenges regarding the safety of women and girls in the digital era and preventive and protective mechanisms on gender based violence. The first session of the workshop was delivered by Prof. R. Mageswari, Principal who provided an overview of crimes against women and also discussed on other special laws for women. She underlined how crimes against women are also a violation of the right to life. She also touched upon Prevention of Sexual Offences against Children, Protection of the Rights of Trans genders and the Domestic Violence. she also discussed elaborately on sexual harassment of women at the workplace providing a number of case studies as well.the second session was conducted by Dr. Amika .C she discussed about cyber space and its unique characteristics because of which we fall victim to it many at times because of its anonymous nature and thus prevention is better than cure. She provided a number of measures on how to be safe in the cyber space and warned that the digital space is never a 100 percent fool proof system. Due to the unique characteristics of the cyber space and its mode of operation a number of criminal activities easily take place in the digital world. Around 50 students and faculty members participated in the webinar. The webinar ended at 1 pm.

**Signature of the Principal**



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7.1.1

**Brochure of Online webinar on Issues and Challenges Regarding Safety of Women and  
Girls in The Digital Era and Preventive and Protective Mechanisms On Gender Based  
Violence**



Webinar on Gender Equity Sensitization  
**' Issues & Challenges Regarding  
the Safety of Women & Girls  
in the Digital Era; Preventive  
AD Protective Mechanisms on  
Gender based Violence'**

3<sup>rd</sup> December 2020  
2:00 - 3:00 PM



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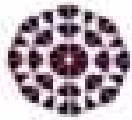


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*Alahon*



7.1.1



## GENDER EQUITY SENSITIZATION PROGRAM

Online webinar on Issues and Challenges Regarding Safety of Women and Girls in The  
Digital Era and Preventive and Protective Mechanisms On Gender Based Violence



*Alabini*





# KMCT COLLEGE OF NURSING

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7.1.1

GENDER EQUITY SENSITIZATION PROGRAM

## ATTENDEES LIST

S.L NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILLA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	
19	ATHULYA SHAJI	





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20	BINEESHA	<u>Bineesha</u>
21	DAYAL K SAKKARIYA	<u>Dayal</u>
22	DELNA THOMAS	<u>Delna</u>
23	DEON BABY	<u>Deon</u>
24	HANAN	<u>Hanan</u>
25	IRENE S ELIZABETH	<u>Irene</u>
26	JASEFUL ASIF K	<u>Jaseful</u>
27	JISHNAYA.K.P	<u>Jishnaya</u>
28	KESIYA PJ	<u>Kesiya</u>
29	KIRAN.V.P	<u>Kiran</u>
30	LINDA VARGHESE	<u>Linda</u>
31	MANEESHA MOHANAN	<u>Maneesha</u>
32	MOHAMMAD AFLAḤ	<u>Aflah</u>
33	PERSIS T SEBASTIAN	<u>Persis</u>
34	SAHELA.K	<u>Sahela</u>
35	SANDHRA.N.K	<u>Sandra</u>
36	SHERSHAR ALI	<u>Shershara</u>
37	SIYA MARIA	<u>Sonya</u>
38	SONA.K	<u>Sona</u>
39	SOUMYA GEORGE	<u>Soumya</u>
40	SREEPRIYA RAJAN	<u>Sreepriya</u>
41	SREETHU.C	<u>Sreethu</u>



Makew



# KMCT

## COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and Midwives Council & affiliated to Kerala University of Health Sciences

### TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr.Ambika .C	
2	Mrs.Shine Thomas	
4.	Ms.Athira P	

Signature Of the Principal





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COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2020-2021**

**ONLINE WEBINAR ON ANTI-SEXUAL HARRASSMENTS**

**ACTIVITY REPORT**

**DATE:** 25/11/2020 AT 10 AM TO 11 AM

**VENUE:** Webinar

**SPEAKER:** Pro. R Maheswari, Principal KMCT College of Nursing

KMCT College of nursing conducted an online webinar on Anti-sexual harassments as a part of gender sensitization programme. During the programme Pro. R Maheswari, Principal KMCT College of Nursing said regarding the importance of prevention of sexual harassments towards all gender. She said that Sexual violence is a widespread problem. It happens in every community and affects people of all genders and ages. Nearly one in five women and one in 71 men are victims of rape. Sexual violence is defined as any sexual activity where consent is not freely given. Even for those of us who don't directly experience it, we are all impacted by sexual violence because of how it affects communities and society especially survivors and their loved ones. The programme lasted for one hour. Additionally, it's important to listen and communicate without judgment. If they seek medical attention or make plans to report the assault, offer to be there for them and provide a supportive presence. Encourage the victim to get support from resources such as hotlines and sexual violence awareness/prevention organizations.



*R Maheswari*

Signature of Principal

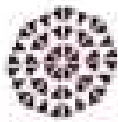
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# KMCT COLLEGE OF NURSING

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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of online webinar on "Anti-Sexual Harassment"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

ONLINE WEBINAR ON  
**ANTI-SEXUAL HARASSMENT**

25/11/2020  
10AM to 11AM

**Prof. R. Mageswari**

Principal KMCT College of Nursing

WEBINAR



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus,  
Mukkom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



*Mageswari*

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2020-2021**

**ONLINE WEBINAR ON ANTI-SEXUAL HARRASSMENT**

Attendees List

DATE: 25/11/2020

SL NO	NAME OF STUDENTS	SIGNATURE
1.	ABIA BOBBY	
2.	AISWARYA SABU	
3.	AISWARYA THOMAS	
4.	AKSA MERIN SAJI	
5.	AKSA STEPHEN	
6.	AKSHAYA P	
7.	AMBILLA P	
8.	ANEETA JOSEPH	
9.	ANITTA RAJU	
10.	ANJANA.K.S	
11.	ANJANA.M	
12.	ANUJAYA M.K	
13.	ANUPAMA.P	
14.	ANUVARNA.K	
15.	ASWATHY.E	
16.	ATHIRA.P	
17.	ATHIRA SHAJI	
18.	ATHULYA GEORGE	
19.	ATHULYA SHAJI	
20.	BINEESHA	
21.	DAYAL K SAKKARIYA	





# KMCT

## COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

22.	DELNA THOMAS	<i>Delna</i>
23.	DEON BABY	<i>Deon</i>
24.	HANAN	<i>Hanan</i>
25.	IRENE S ELIZABETH	<i>Irene</i>
26.	JASEFUL ASIF.K	<i>Jaseful</i>
27.	JISHNAYA. K. P	<i>Jishna</i>
28.	KESIYA P. J	<i>Kesiya</i>
29.	KIRAN V. P	<i>Kiran</i>
30.	LINDA VARGHESE	<i>Linda</i>
31.	MANEESHA MOHANAN	<i>Mane</i>
32.	MOHAMMAD AFLAH	<i>Mohammed</i>
33.	PERSIS T SEBASTIAN	<i>Persis</i>
34.	SAHELA.K	<i>Sahela</i>
35.	SANDHRA. N. K	<i>Sandra</i>
36.	SHERSHAR ALI	<i>Sherishar</i>
37.	SIYA MARIA	<i>Siya</i>
38.	SONA.K	<i>Sona</i>
39.	SOUMYA GEORGE	<i>Soumya</i>
40.	SREEPRIYA RAJAN	<i>Sreepriya</i>
41.	SREETHU.C	<i>Sreethu</i>
42.	TABITHA RAJU	<i>Tabitha</i>
43.	SNEHA SEBASTIAN	<i>Sneha</i>
44.	SONA CHANDRAN	<i>Sona</i>
45.	SONA V K	<i>Sona</i>
46.	THARAFIYA MARIYAM.P P	<i>Tharafiya</i>
47.	ABHIJITH RAJ	<i>Abhi</i>
48.	ACSAH JOSEKUTTY	<i>Acsha</i>
49.	ADILA FAISAL RAHMAN	<i>Adila</i>
50.	AJMI J	<i>Ajmi</i>





# KMCT COLLEGE OF NURSING

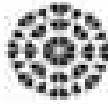
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## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Mr. Deepak	
2	Prof. Steffy John	
3	Mrs. Dona Prince	
4.	Ms. Rakhi Seban	



Signature Of the Principal



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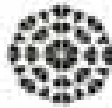
**7.1.1**

**GENDER EQUITY SENSITIZATION PROGRAMME**  
**ACADEMIC YEAR**

**2019-2020**

*Mohini*





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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR  
ACADEMIC YEAR 2020-2021**

**ONLINE PERSONALITY DEVELOPMENT PROGRAMME-"EQUAL  
PARTICIPATION OF BOYS AND GIRLS IN DECISION MAKING"**

**ACTIVITY REPORT**

**DATE:** 29/04/2020 at 11 am to 12pm

**VENUE:** Webinar

**SPEAKER:** Prof. Jasna, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted an online personality development programme enlightening the topic "Equal participation of boys and girls in decision making". Prof. Jasna, Vice principal KMCT College of Nursing said that Achieving gender balance in decision-making requires more than just increased representation. Ensuring that an appropriate number of women are on committees should be accompanied by measures to examine decision-making processes to ensure decisions consider gender issues and women are empowered to take an equal role. Equal participation of men and women in political affairs makes governments more representative of the composition of society; it makes them more accountable and transparent, and ensures that the interests of women are taken into account in policy-making. Women, however, have traditionally been excluded from power and decision-making processes. The programme lasted for one hour.



*Jasna*  
Signature Of the Principal



# KMCT COLLEGE OF NURSING

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|||

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of online personality development programme on " Equal Participation of Boys and Girls in Decision Making"

**GENDER EQUITY SENSITIZATION PROGRAMES**

ONLINE PERSONALITY DEVELOPMENT PROGRAMME

**"EQUAL PARTICIPATION OF BOYS AND GIRLS IN DECISION MAKING"**

29/04/2020 (1 DAY)  
11AM to 12PM

**Prof. Jasna**

Vice Principal KMCT College of Nursing

WEBINAR



**KMCT**  
COLLEGE OF NURSING

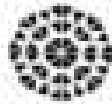
KMCT Medical College Campus,  
Mankulam, Kozhikode - 673002, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**ONLINE PERSONALITY DEVELOPMENT PROGRAMME-"EQUAL  
PARTICIPATION OF BOYS AND GIRLS IN DECISION MAKING"**

**ACADEMIC YEAR: 2020-2021**

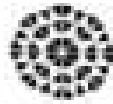
**Attendees List**

**DATE: 29/04/2020**

SL NO	NAME OF STUDENTS	SIGNATURE
1.	ABIA BOBBY	
2.	AISWARYA SABU	
3.	AISWARYA THOMAS	
4.	AKSA MERIN SAJI	
5.	AKSA STEPHEN	
6.	AKSHAYA.P	
7.	AMBILIA.P	
8.	ANEETA JOSEPH	
9.	ANITTA RAJU	
10.	ANJANA.K.S	
11.	ANJANA.M	
12.	ANUJAYA.M.K	
13.	ANUPAMA.P	
14.	ANUVARNA.K	
15.	ASWATHY.E	
16.	ATHIRA.P	
17.	ATHIRA SHAJI	
18.	ATHULYA GEORGE	
19.	ATHULYA SHAJI	





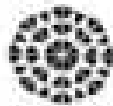


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20.	BINEESHA	
21.	DAYAL K SAKKARIYA	
22.	DELNA THOMAS	
23.	DEON BABY	
24.	HANAN	
25.	IRENE S ELIZABETH	
26.	JASEFUL ASIF.K	
27.	JISHNAYA.K.P	
28.	KESIYA PJ	
29.	KIRAN.V.P	
30.	LINDA VARGHESE	
31.	MANEESHA MOHANAN	
32.	MOHAMMAD AFLAH	
33.	PERSIS T SEBASTIAN	
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36.	SHERSHAR ALI	
37.	SIYA MARIA	
38.	SONA.K	
39.	SOUMYA GEORGE	
40.	SREEPRIYA RAJAN	
41.	SREETHU.C	
42.	TABITHA RAJU	
43.	SNEHA SEBASTIAN	
44.	SONA CHANDRAN	
45.	SONA V K	





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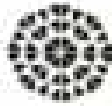
Recognized by Indian Nursing Council & Kerala Nurses and  
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46.	THARAFIYA MARIYAM.P P	
47.	ABHIJITH RAJ	
48.	ACSAH JOSEKUTTY	
49.	ADILA FAISAL RAHMAN	
50.	AJMI J	
51.	ALEENA P J	
52.	ALEENA SCARIA	
53.	ALEENA GEORGE	
54.	ALEENA T P	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. Jasna	
2	Prof. Steffy John	
4.	Ms. RakhiSeban	

**Signature Of the Principal**



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2019-2020**

**AWARENESS PROGRAMME ON MENSTRUAL HYGEINE- "LETS TALK  
PERIODS: MENSTRUAL HYGEINE MATTERS".**

**ACTIVITY REPORT**

**DATE:**08/03/2020 at 3pm to 4 pm

**VENUE:**Webinar

**Speaker:** Prof. RAKHI SEBAN

KMCT College of Nursing conducted an awareness programme on Menstrual Hygiene – "Lets Talk Menstrual Hygiene: Hygiene Matters". The programme was conducted in online platform and it's lasted for one hour. The highlight of the programme was speech of Pro. Rakhi Seban. She spoke about Good menstrual health and hygiene which practices can prevent infections, reduce odors, and help you stay comfortable during period. Additionally, she emphasized regarding the importance of accessing menstrual products such as many types of menstrual products to absorb or collect blood during your period, including sanitary pads, tampons, menstrual cups, menstrual discs, and period underwear. Positive responses from the audience were huge throughout the programme.

  
Signature of the Principal





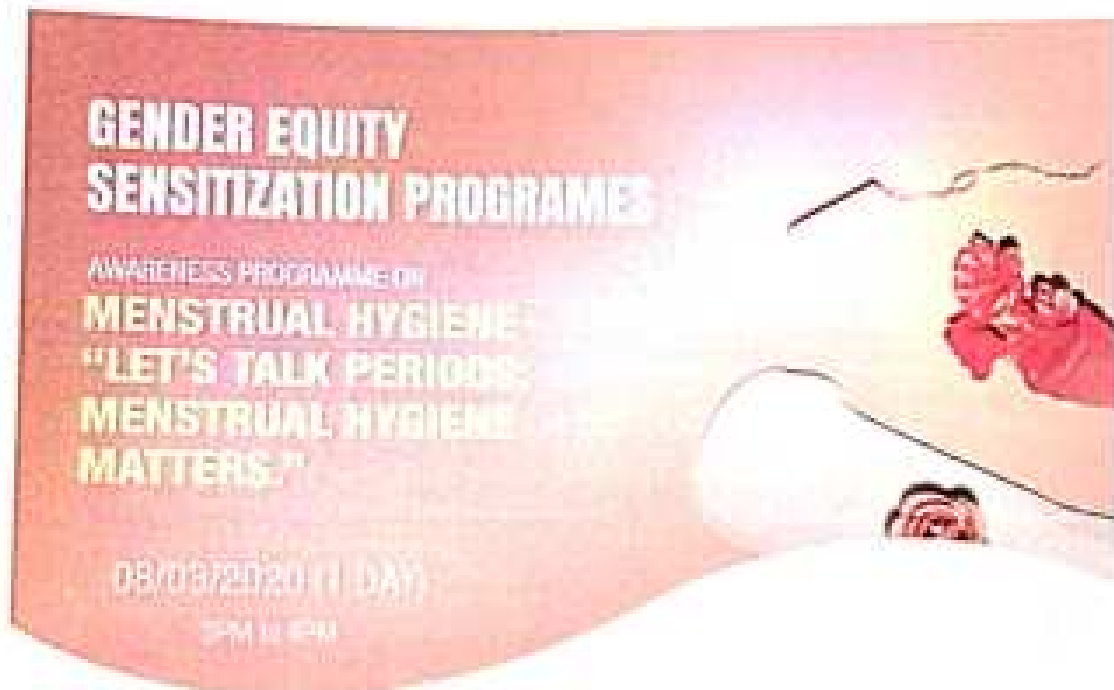
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**GENDER EQUITY SENSITIZATION PROGRAM**

Brochure of awareness programme on Menstrual Hygiene- "Let's Talk Periods: Menstrual Hygiene Matters"



**Prof. Rakhi Seban**

HOD of OBG Nursing, KMCT college of nursing

WEBINAR



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkam, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

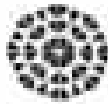


*Mahesh*

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC  
YEAR 2019-2020**

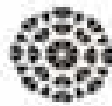
**AWARENESS PROGRAMME ON MENSTRUAL HYGEINE- "LETS TALK  
PERIODS: MENSTRUAL HYGEINE MATTERS"**

Attendees List

DATE: 08/03/2020

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILIA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	





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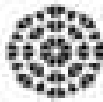
16	ATHIRA.P	<i>Al P Athira</i>
17	ATHIRA SHAJI	<i>A.S.</i>
18	ATHULYA GEORGE	<i>Athya</i>
19	ATHULYA SHAJI	<i>Athya</i>
20	BINEESHA	<i>Bineesha</i>
21	DAYAL K SAKKARIYA	<i>Dayal K</i>
22	DELNA THOMAS	<i>Delna</i>
23	DEON BABY	<i>Deon</i>
24	HANAN	<i>Hanan</i>
25	IRENE S ELIZABETH	<i>Irene Elizabeth</i>
26	JASEFUL ASIF.K	<i>Jaseful</i>
27	JISHNAYA.K.P	<i>Jishna</i>
28	KESIYA PJ	<i>Kesya</i>
29	KIRAN.V.P	<i>Kiran</i>
30	LINDA VARGHESE	<i>Linda</i>
31	MANEESHA MOHANAN	<i>Maneesha</i>
32	MOHAMMAD AFLAH	<i>Aflah</i>
33	PERSIS T SEBASTIAN	<i>Persis</i>
34	SAHELA.K	<i>Sahela</i>
35	SANDHRA.N.K	<i>Sandra</i>
36	SHERSHAR ALI	<i>SherShar</i>
37	SIYA MARIA	<i>Siya</i>



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040

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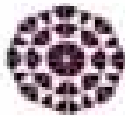
38	SONA.K	
39	SOUMYA GEORGE	
40	SREEPRIYA RAJAN	
41	SREETHU.C	
42	TABITHA RAJU	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof .Jasna	
2	Mr.Deepak	
3	Mrs.Dona Pince	
4.	Ms. RakhiSeban	

Signature Of the Principal





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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAMME

FOR ACADEMIC YEAR 2019-2020

TALK ON STRESS MANAGEMENT

ACTIVITY REPORT

**DATE:** 21-10-2019

**VENUE:** KMCT COLLEGE OF NURSING AUDITORIUM

**Speaker :** Prof. R. Mageswari ,Principal ,KMCT College Of Nursing

A Talk on stress management was conducted at KMCT College of Nursing on 21st of June, 2019. The event began with a brief introduction by vice principal prof. Jaana and Principal, Prof. R. Mageswari gave an enlightening talk on Stress Management. The theme of that year's event was "Yoga for Heart". In her talk she stated that stress is due to external pressure and inability to cope with it. She educated the gathering on various ways to cope up with stress and its management and thus live a healthy life. She encouraged students to practice regular yoga to remain fit and improve concentration. The function ended with a vote of thanks by Mrs. RakhiSeban, Assistant Professor, Obstetrical and Gynecological Nursing.

  
Signature of the Principal



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>





# KMCT COLLEGE OF NURSING

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Midwifery Council & affiliated to Kerala University of Health Sciences

7.1.1

## GENDER EQUITY SENSITIZATION PROGRAMME

## BROCHURE OF TALK ON STRESS MANAGEMENT

GENDER EQUITY  
SENSITIZATION PROGRAM

**TALK ON 'STRESS  
MANAGEMENT'**

**21-10-2019 2-3 PM**

EMIGRATION  
**Prof. R. Mageswari**  
Principal  
KMCT College of Nursing

ORATOR  
**Prof. R. Mageswari**  
Principal KMCTCOM

Venue: KMCT College of Nursing Auditorium



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KMCT Medical College Campus  
Mukkam, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

*Signature*



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7.1.1

GENDER EQUITY SENSITIZATION PROGRAMME

TALK ON STRESS MANAGEMENT

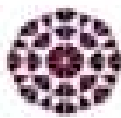
Attendees List

ACADEMIC YEAR: 2019-2020

**DATE: 21-10-2019**

SL NO	NAME OF THE STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILIA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	





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19	ATHULYA SHAJI	
20	BINEESHA	
21	DAYAL K SAKKARIYA	
22	DELNA THOMAS	
23	DEON BABY	
24	HANAN	
25	IRENE S ELIZABETH	
26	JASEFUL ASIF.K	
27	JISHNAYA.K.P	
28	KESIYA P.J	
29	KIRAN.V.P	
30	LINDA VARGHESE	
31	MANEESHA MOHANAN	
32	MOHAMMAD AFLAH	
33	PERSIS T SEBASTIAN	
34	SAHELA.K	
35	SANDHRA.N.K	
36	SHERSHAR ALI	
37	SIYA MARIA	
38	SONA.K	
39	SOUMYA GEORGE	
40	SREEPRIYA RAJAN	
41	SREETHU.C	

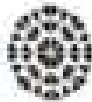
Signature of the Principal

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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>





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**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2019-2020**

**AWARENESS PROGRAMME ON COMMON GYNACOLOGICAL  
DISORDERS IN COLLEGE STUDENTS - "GO FOR AWARENESS,  
ACTION, HOPE, LIFE"**

**ACTIVITY REPORT**

**DATE:** 20/09/2019 at 2pm to 3pm

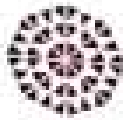
**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Pro. Dr. Chellamma, Dept. of OBG, KMCT Women and Child  
Hospital

KMCT College of Nursing conducted an awareness programme on common gynecological disorders in college students-“ GO For Awareness, Action, Hope, Life as a part of World Gynaecologic Oncology Day. The programme was aimed to promote health education among women and extend the benefits of educational and health-related programs to the local community. The main speaker of the programme was Pro. Dr. Chellamma, Dept. of OBG, KMCT Women and Child Hospital. She spoke that It is very important to maintain the gynaecological health of women as almost every woman suffers from some sort of gynaecological problem at least once in her life. Additionally, she emphasised its identification, treatment as well as the prevention. The programme lasted for one hour.



*[Handwritten Signature]*  
Signature Of the Principal



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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness program on Common Gynecological Disorders in College Students-  
"Go For Awareness, Action, Hope, Life"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

AWARENESS PROGRAMME ON  
**COMMON GYNAECOLOGICAL  
DISORDERS IN COLLEGE  
STUDENTS- "GO FOR  
AWARENESS, ACTION, HOPE,  
LIFE"**

20/09/2019 (1 DAY)  
2PM to 3PM

The brochure features a blue background with white text. On the right side, there is an illustration of a woman in a white lab coat talking to a woman in a blue shirt. The text is arranged in a clear, hierarchical manner, with the title in large bold letters and the details in smaller text below.

**Prof. Dr Chellamma**

Dept. of OBG, KMCT Women and Child Hospital

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



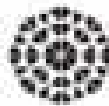
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Phone: +91 495 2293040, Fax: +91 495 2295040

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**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC  
YEAR 2019-2020**

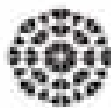
**AWARENESS PROGRAMME ON COMMON GYNACOLOGICAL  
DISORDERS IN COLLEGE STUDENTS - "GO FOR AWARENESS,  
ACTION, HOPE, LIFE"**

**Attendees list**

**DATE: 20/09/19**

SL.NO	NAME OF STUDENTS	SIGNATURE
1.	JASNA T M	
2.	JUBNA P	
3.	LIBINA NASRIN M	
4.	MOHAMED NIHAL K	
5.	MOHAMMAD SWALIH C P	
6.	MOHAMMED JUNAID A.	
7.	MOHAMMED SHABEEB T.P	
8.	MONISHA ANNA MONCY	
9.	MUHAMMAD BILAL	
10.	MUHAMMED AJINAS T	
11.	MUHAMMED AJMAL K C	
12.	MUHAMMED FAIZ E	
13.	MUHAMMED SHAALAM K.K	
14.	MUHAMMED SHAHID K T	



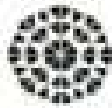


# KMCT COLLEGE OF NURSING

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15.	NAJIF.C	
16.	PAVITHRA MADHAV	
17.	RANJU M	
18.	RONA MOL	
19.	SAJLA P	
20.	SAM THOMAS	
21.	SHALIQUE MOHAMED.T.E	
22.	SHAMNA P	
23.	SNEHA.P.B	
24.	SNEHA SEBASTIAN	
25.	SONA CHANDRAN	
26.	SONA V K	
27.	THARAFIYA MARIYAM.P P	
28.	ABHIDITH RAJ	
29.	ACSAH JOSEKUTTY	
30.	ADILA FAISAL RAHMAN	
31.	AJMI J	
32.	ALEENA P J	
33.	ALEENA SCARIA	
34.	ALEENA GEORGE	
35.	ALEENA T P	





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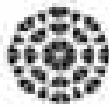
36.	ALINTA SCARIA	<i>Alinta</i>
37.	ALSHANA.P	<i>Alshana</i>
38.	AMRUTHA .M S	<i>Amrutha</i>
39.	ANAGHA P K	<i>Anagha</i>
40.	ANAGHA O K	<i>Anagha</i>
41.	ANITA JOSEPH	<i>Anita</i>
42.	ANUMOL K J	<i>Anumol</i>
43.	ANUSREE.K	<i>Anusree</i>
44.	APARNA D U	<i>Aparna</i>
45.	ARDRA.K	<i>Ardra</i>
46.	ADITHYA A S	<i>Adithya</i>
47.	ASWATHI A K	<i>Aswathi</i>
48.	CHRISTY THOMAS	<i>Christy</i>
49.	DARSHANA SEBAASTIAN	<i>Darshana</i>
50.	FATHIMA NIHALA .M	<i>Fathima</i>
51.	FIDA O	<i>Fida</i>
52.	FILDHA	<i>Fidha</i>
53.	GIFTY THOMAS	<i>Gifty Thomas</i>
54.	HARSHA HARIDAS	<i>Harsha</i>
55.	HITHA VIJAYAN	<i>Hitha</i>
56.	KAVYA SURESH	<i>Kavya</i>
57.	KEZIYA FRANCIS	<i>Keziya</i>
58.	KRISHNA KRIPA P	<i>Krishna</i>



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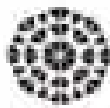
59.	LITHA SHABIN	
60.	MAHIMA .M.S	
61.	MUDHASIR P	
62.	MUHAMMED HISAM	
63.	MUHAMMED NIHAL	
64.	N.NAVYA	
65.	NAVYA BIJU	
66.	NAMITHA JOSEPH	
67.	THASNEEM	
68.	NEENA THOMAS	
69.	NITHYA RADHAKRISHNAN	
70.	NIVEDITHA.E	
71.	RIYA DEVASSY	
72.	SHAHANA V S	
73.	SHERIN ROSE RAJU	
74.	VISMAYA BABU	
75.	VISMAYA T K	
76.	ZAHARA GAFOOR	
77.	ZAMZAM GAFOOR	
78.	ABIA BOBBY	
79.	AISWARYA SABU	
80.	AISWARYA THOMAS	
81.	AKSA MERIN SAJI	



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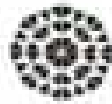


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82.	AKSA STEPHEN	<i>Aksa</i>
83.	AKSHAYA.P	<i>Akshaya</i>
84.	AMBILIA.P	<i>Ambil</i>
85.	ANEETA JOSEPH	<i>Aneeta</i>
86.	ANITTA RAJU	<i>Anitta</i>
87.	ANJANA.K.S	<i>Anjana</i>
88.	ANJANA.M	<i>Anjana</i>
89.	ANUJAYA M.K	<i>Anujaya</i>
90.	ANUPAMA.P	<i>Anupama</i>
91.	ANUVARNA.K	<i>Anu</i>
92.	ASWATHY.E	<i>Aswathy</i>
93.	ATHIRA.P	<i>Athira</i>
94.	ATHIRA SHAJI	<i>Athira</i>
95.	ATHULYA GEORGE	<i>Athulya</i>
96.	ATHULYA SHAJI	<i>Athulya</i>
97.	BINEESHA	<i>Bineesha</i>
98.	DAYAL K SAKKARIYA	<i>Dayal</i>
99.	DELNA THOMAS	<i>Delna</i>
100.	DEON BABY	<i>Deon</i>
101.	HANAN	<i>Hanan</i>
102.	IRENE S ELIZABETH	<i>Irene</i>
103.	JASEFUL ASIF.K	<i>Jaseful</i>
104.	JISHNAYA.K.P	<i>Jishna</i>



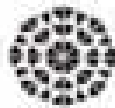


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105	KESIYA P.J	<i>Kesiya</i>
106	KIRAN.V.P	<i>Kiran</i>
107	LINDA VARGHESE	<i>Linda</i>
108	MANEESHA MOHANAN	<i>Maneisha</i>
109	MOHAMMAD AFLAH	<i>Aflah</i>
110	PERSIS T SEBASTIAN	<i>Persis</i>
111	SAHELA.K	<i>Sahela</i>
112	SANDHRA.N.K	<i>Sandra</i>
113	SHERSHAR ALI	<i>Sher</i>
114	SIYA MARIA	<i>Siya</i>
115	SONA.K	<i>Sona</i>
116	SOUMYA GEORGE	<i>Soumya</i>
117	SREEPRIYA RAJAN	<i>Sreepriya</i>
118	SREETHU.C	<i>Sreethu</i>
119	DELNA THOMAS	<i>Delna</i>
120	DEON BABY	<i>Deon</i>
121	HANAN	<i>Hanan</i>
122	IRENE S ELIZABETH	<i>Irene</i>
123	JASEFUL ASIF.K	<i>Jaseful</i>





# KMCT COLLEGE OF NURSING

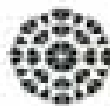
Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof. Jasna	
2	Prof. Steffy John	
4.	Ms. Dona Prince	

Signature Of the Principal





**KMCT**  
COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC  
YEAR 2019-2020**

**ONLINE WEBINAOR ON BREAST FEEDING-“ EMPOWER PARENTS,  
ENABLE BREAST FEEDING”**

**ACTIVITY REPORT**

**DATE:** 05/08/2019 at 3pm to 4 pm

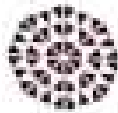
**VENUE:** Webinar

**SPEAKER:** Pro. Dr Chellamma, HOD DeptLOBG , KMCT HOSPITAL

KMCT College of Nursing organized and conducted an online webinar on Breast feeding-“Empower Parents, Enable Breast feeding” as a part of World Breastfeeding Week. The programme aims to highlight the huge benefits that breastfeeding can bring to both the health and welfare of babies, as well as a wider push for maternal health, focusing on good nutrition, poverty reduction and food security. The speaker of the programme was Pro. Dr Chellamma, HOD of Dept. OBG. She raised awareness of the health and wellbeing outcomes of breastfeeding and the importance of supporting mothers to breastfeed. The programme lasted for one hour.

**Signature Of the Principal**





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## 7.1.1

### GENDER EQUITY SENSITIZATION PROGRAM

Brochure of online webinar on Breast Feeding- "Empower Parents Enable Breast Feeding"



**GENDER EQUITY  
SENSITIZATION PROGRAMES**

ONLINE WEBINAR ON  
**BREAST FEEDING- "EMPOWER  
PARENTS, ENABLE BREAST  
FEEDING"**

**05/08/2019 (1 DAY)**  
3PM to 4PM

**Prof. Dr Chellamma**

Dept. of OBG, KMCT Women and Child Hospital

WEBINAR



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkum, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org/](http://www.kmctnursingcollege.org/)

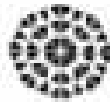


*Chellamma*

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Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR  
ACADEMIC YEAR 2019-2020**

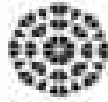
**ONLINE WEBINAQR ON BREAST FEEDING- "EMPOWER PARENTS,  
ENABLE BREAST FEEDING"**

Attendees List

DATE: 05/08/19

SL NO	NAME OF THE STUDENTS	SIGNATURE
1.	AMRUTHA DAS PC	<i>Amrutha</i>
2.	SNEHA NOBLE	<i>Sneha</i>
3.	AMRUTHA BABU	<i>Amrutha</i>
4.	AMRUTHA SAJI	<i>Amrutha</i>
5.	SABITHA THOMAS.N.T	<i>Sabitha</i>
6.	ANJU K C	<i>Anju</i>
7.	AMEESHA MK	<i>Ameesha</i>
8.	ANAGHA.K	<i>Anagha</i>
9.	SANDHRA SURESH	<i>Sandra</i>
10.	THEERTHA.P.P	<i>Theertha</i>
11.	VISMAYAT K	<i>Vismaya</i>
12.	ANAGHA	<i>Anagha</i>
13.	ANEESHYA BANU	<i>Aneesha</i>
14.	ANJALI.K	<i>Anjali</i>
15.	NOURIN P	<i>Nourin</i>
16.	ATHULYA SAREE K P	<i>Athulya</i>
17.	GRACE VARGHESE	<i>Grace</i>
18.	MEGHA.P	<i>Megha</i>
19.	HUDA CHATHOTH	<i>Huda</i>
20.	ARTHIKA.K.K	<i>Arthika</i>





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21.	NAYANA NATARAJAN	<i>Nayan</i>
22.	SONA THOMAS	<i>Sona</i>
23.	ANIT M SEBASTIAN	<i>Anit</i>
24.	VIDHYAK	<i>vidhyak</i>
25.	RAMEESA NARGIS.VP	<i>Rameesa</i>
26.	ANJU RAJAN	<i>Anju</i>
27.	JASLA SHERIN. AK	<i>Jasla</i>
28.	SHOBITHA	<i>Shobitha</i>
29.	LEENA	<i>Leena</i>
30.	JANAK	<i>Janak</i>
31.	SOORYA.E	<i>Soorya</i>
32.	AMRUTHA .PK	<i>Amrutha</i>
33.	MEERA PR	<i>Meera</i>
34.	NAYANA NK	<i>Nayan</i>
35.	BABYNA ALICE MANU	<i>Baby</i>
36.	SUVARNA.M.S	<i>Suvarna</i>
37.	KAVYA KRISHNAN	<i>Kavya</i>
38.	JINSHA JJI	<i>Jinsha</i>
39.	MOHAMMED SINAZ.C.K	<i>Sinaz</i>
40.	AISWARYA. MOHANAN	<i>Aiswarya</i>
41.	TESLA ACHAMMA GEORGE	<i>Tesla</i>
42.	LINY JOSE	<i>Liny</i>
43.	AKHILA NIJAMUDHEEN	<i>Akhila</i>
44.	JOSLIN JOSE	<i>Joslin</i>

*Mahesh*

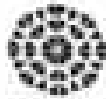


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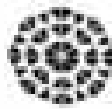
Recognized by Indian Nursing Council & Kerala Nurses and  
Midwives Council & affiliated to Kerala University of Health Sciences

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Dr.Ambika .C	
2	Mrs.Shine Thomas	
4.	Ms.Athira P	

Signature Of the Principal





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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2019-2020**

**TALK ON ERADIATING STIGMA AGAINST TRANSGENDER  
INDIVIDUALS**

**ACTIVITY REPORT**

**DATE:31/07/2019 at 2pm to 3pm**

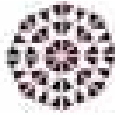
**VENUE: KMCT College of Nursing Auditorium**

**Prof. JASNA, Vice principal KMCT College of Nursing**

KMCT College of Nursing conducted a Talk on Eradiating Stigma against Transgender individuals. Prof. Jasna initiated the programme with her incredible speech enlightening Stigma prevention and coping interventions hold promise for reducing stigma and its adverse health-related effects in transgender populations. Changing attitudes have allowed transgender people to become more visible in society. However, the increased visibility of transgender people also highlights the high prevalence of adverse health outcomes that exist in some transgender communities. The programme lasted for one hour.

**Signature Of the Principal**





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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of Talk on "Eradiating Stigma Against Transgender Individuals"

**GENDER EQUITY  
SENSITIZATION PROGRAM**

TALK ON  
**ERADIATING STIGMA  
AGAINST TRANSGENDER  
INDIVIDUALS**

31/07/2019 (1 DAY)  
2PM to 3PM

**Prof. Jasna**

Vice Principal KMCT College of Nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



**KMCT**  
COLLEGE OF NURSING

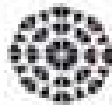
KMCT Medical College Campus  
Mukkom, Kozhikode-673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



*Jasna*

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala  
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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2019-2020**

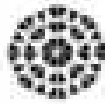
**TALK ON ERADIATING STIGMA AGAINST TRANSGENDER INDIVIDUALS**

**Attendees List**

**DATE: 31/07/2019**

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILLA.P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA.K.S	
11	ANJANA.M	
12	ANUJAYA M.K	
13	ANUPAMA.P	
14	ANUVARNA.K	
15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	



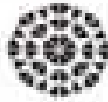


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19	ATHULYA SHAJI	<i>Athulya</i>
20	BINEESHA	<i>Bineesha</i>
21	DAYAL K SAKKARIYA	<i>Dayal</i>
22	DELNA THOMAS	<i>Delna</i>
23	DEON BABY	<i>Deon</i>
24	HANAN	<i>Hanan</i>
25	IRENE S ELIZABETH	<i>Irene</i>
26	JASEFUL ASIF.K	<i>Jaseful</i>
27	JISHNAYA.K.P	<i>Jishnaya</i>
28	KESIYA P.J	<i>Kesiya</i>
29	KIRAN.V.P	<i>Kiran</i>
30	LINDA VARGHESE	<i>Linda</i>
31	MANEESHA MOHANAN	<i>Maneesha</i>
32	MOHAMMAD AFLAH	<i>Mohammad</i>
33	PERSIS T SEBASTIAN	<i>Persis</i>
34	SAHELA.K	<i>Sahela</i>
35	SANDHRA.N.K	<i>Sandra</i>
36	SHERSHAR ALI	<i>SherShar</i>
37	SIYA MARIA	<i>Siya</i>
38	SONA.K	<i>Sona</i>
39	SOUMYA GEORGE	<i>Soumya</i>
40	SREEPRIYA RAJAN	
41	SREETHU.C	<i>Sreethu</i>
42	TABITHA RAJU	<i>Tabitha</i>





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## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Prof .Jasna	
2	Prof.Steffy John	
4.	Ms. RakhiSeban	

Signature Of the Principal



---

**KMCT Medical College Campus, Manassery, Makkam, Kozhikode-673602, Kerala**

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**ACADEMIC YEAR**

**2018-2019**

*Alakesh*



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Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**SEMINAR ON GENDER BALANCE- "BALANCE FOR BETTER;  
MAINTAINING GENDER BALANCE FOR BETTER WORLD"**

**DATE:** 12/05/2019 at 11am to 12 pm

**VENUE:** KMCT College of Nursing Auditorium

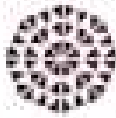
**SPEAKER:** Pro. R. Maheswari, Principal of KMCT Nursing College.

KMCT College of nursing conducted a seminar on Gender Balance- "Balance for Better: Maintaining Gender Balance for Better world" as a part of International Mother's Day. The programme was started at 11 am with an excellent speech of Pro. R. Maheswari. She spoke regarding equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviors, aspirations and needs equally, regardless of gender. She highlighted that Gender equality is more than just equal representation, it is strongly tied to women's right, and often requires policy changes. On a global scale, achieving gender equality also requires eliminating harmful practices against women and girls. The programme lasted for one hour.

  
Signature of principal







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7.1.1

GENDER EQUITY SENSITIZATION PROGRAM

Brochure of seminar on Gender Balance "Balance For Better: Maintaining Gender  
Balance For Better World"

**GENDER EQUITY  
SENSITIZATION PROGRAM**

SEMINAR ON  
**GENDER BALANCE "BALANCE  
FOR BETTER: MAINTAINING  
GENDER BALANCE FOR  
BETTER WORLD"**

12/05/2019 (1 DAY)  
11AM to 12PM

**Prof. R. Mageswari**  
Principal KMCT College of Nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mukkom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

*Mageswari*

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**SEMINAR ON GENDER BALANCE- "BALANCE FOR BETTER:  
MAINTAINING GENDER BALANCE FOR BETTER WORLD"**

Attendees List

DATE:12/05/2019

SL.NO	NAME OF STUDENTS	SIGNATURE
1	ABHIJITH RAJ	
2	ACSAH JOSEKUTTY	
3	ADILA FAISAL RAHMAN	
4	AJMI J	
5	ALEENA P J	
6	ALEENA SCARIA	
7	ALEENA GEORGE	
8	ALEENA T P	
9	ALINTA SCARIA	
10	ALSHANA.P	
11	AMRUTHA M S	
12	ANAGHA P K	
13	ANAGHA O K	
14	ANITA JOSEPH	
15	ANUMOL K J	
16	ANUSREE K	
17	APARNA D U	
18	ARDRA K	

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# KMCT

## COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

19	ADITHYA A S	<i>Adithya</i>
20	ASWATHI A K	<i>Aswathi</i>
21	CHRISTY THOMAS	<i>Christy</i>
22	DARSHANA SEBAASTIAN	<i>Darshana</i>
23	FATHIMA NIHALA M	<i>Fathima</i>
24	FIDA O	<i>Fida</i>
25	FILDHA	<i>Fildha</i>
26	GIFTY THOMAS	<i>Gifty</i>
27	HARSHA HARIDAS	<i>Harsha</i>
27	HITHA VIJAYAN	<i>Hitha</i>
29	KAVYA SURESH	<i>Kavya</i>
30	KEZIYA FRANCIS	<i>Keziya</i>
31	KRISHNA KRIPA P	<i>Krishna</i>
32	LITHA SHABIN	<i>Litha</i>
33	MAHIMA M.S	<i>Mahima</i>
34	MUDHASIR P	<i>Mudhasir</i>
35	MUHAMMED HISAM	<i>Muhammed</i>
36	MUHAMMED NIHAL	<i>Muhammed</i>
37	N. NAVYA	<i>Navya</i>
38	NAVYA BIJU	<i>Navya</i>
39	NAMITHA JOSEPH	<i>Namitha</i>
40	THASNEEM	<i>Thasneem</i>
41	NEENA THOMAS	<i>Neena</i>
42	NITHYA RADHAKRISHNAN	<i>Nithya</i>
43	NIVEDITHA.E	<i>Niveditha</i>
44	RIYA DEVASSY	<i>Riya</i>
45	SHAHANA V S	<i>Shahana</i>





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46	SHERIN ROSE RAJU	<i>Sherin</i>
47	VISMAYA BABU	<i>Vismaya</i>
48	VISMAYA T K	<i>Vismaya</i>
49	ZAHARA GAFOOR	<i>Zahara</i>
50	ZAMZAM GAFOOR	<i>Zamzam</i>

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Mrs. Dona Prince	<i>Dona</i>
2.	Prof. Steffy John	<i>Steffy</i>
3.	Mr. Deepak	<i>Deepak</i>
4.	Ms. Rakhi Seban	<i>Rakhi</i>

*Haleem*

Signature Of the Principal



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**AWARENESS PROGRAMME ON RIGHTS OF WOMEN AND CHILDREN-  
"EQUAL RIGHTS, EQUAL VOICES: ADVOCATING FOR WOMEN AND  
CHILDREN"**

**ACTIVITY REPORT**

**DATE:** 08/03/2019 AT 2PM TO 3PM

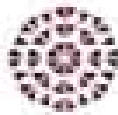
**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Prof. JASNA, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted an awareness session on rights of women and children- "Equal rights, equal voices: Advocating for women and Children's as a part of international women's day celebration. Prof. Jasna delivered a speech involving Advocacy of women's rights based on the equality of the sexes is a long-standing and important goal. Women's rights advocates believe that women should have equal rights to men in all areas of private and public life, including education, employment, and political participation. The programme extended from 2pm to 3pm. The program ended with the vote of thanks from Mrs. Dona, Assistant Professor, on behalf of KMCT Nursing College.



Signature Of the Principal



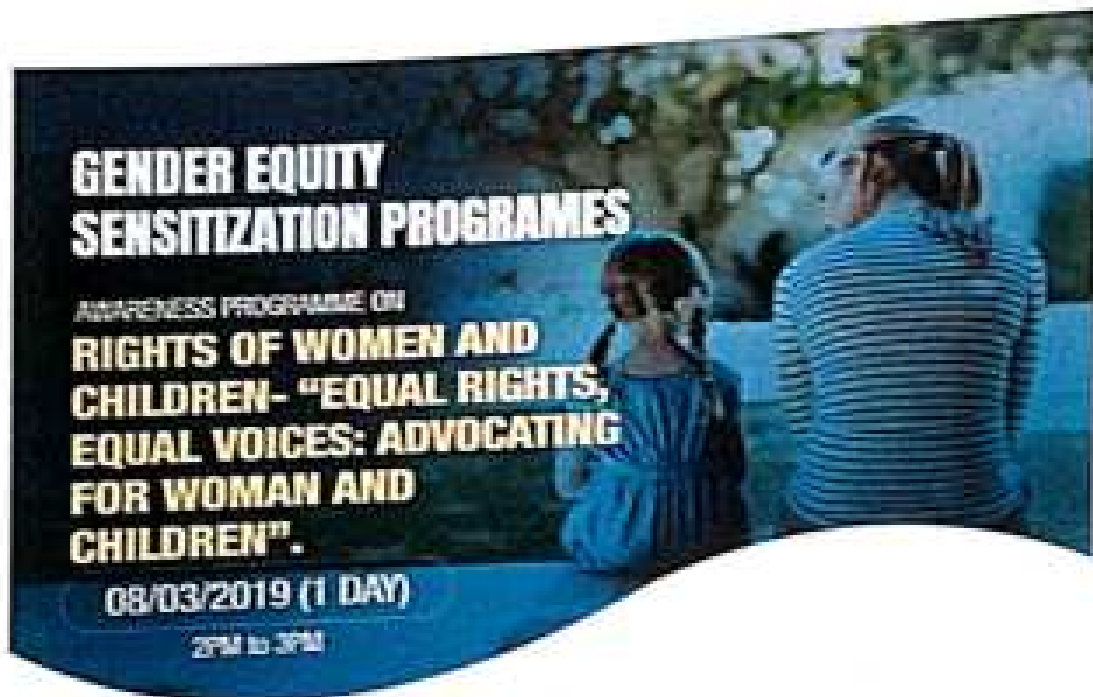
# KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and  
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2.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness program on Rights of Women And Children- "Equal Rights, Equal  
Voices: Advocating For Women And Children"



**Prof. Jasna**

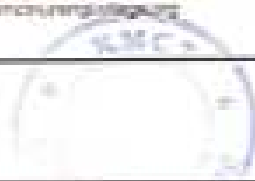
Vice Principal KMCT College of Nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
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[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



*Alshari*

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**AWARENESS PROGRAMME ON RIGHTS OF WOMEN AND CHILDREN-  
ÉQUAL RIGHTS, EQUAL VOICES: ADVOCATING FOR WOMEN AND  
CHILDERN**

Attendees List

DATE: 08/03/2019

SL NO	NAME OF THE STUDENTS	SIGNATURE
1	AMRUTHA DAS PC	<i>Amrutha</i>
2	SNEHA NOBLE	<i>Sneha</i>
3	AMRUTHA BABU	<i>Amrutha</i>
4	AMRUTHA SAJI	<i>Amrutha</i>
5	SABITHA THOMAS. N. T	<i>Sabitha</i>
6	ANJU K C	<i>Anju</i>
7	AMEESHA MK	<i>Ameesha</i>
8	ANAGHA K	<i>Anagha</i>
9	SANDHRA SURESH	<i>Sandhra</i>
10	THEERTHA. P. P	<i>Theertha</i>
11	VISMAYAT K	<i>Vismaya</i>
12	ANAGHA	<i>Anagha</i>
13	ANEESHYA BANU	<i>Aneesha</i>
14	ANJALI K	<i>Anjali</i>
15	NOURIN P	<i>Nourin</i>
16	ATHULYA SAREE K P	<i>Athulya</i>
17	GRACE VARGHESE	<i>Grace</i>
18	MEGHA.P	<i>Megha</i>
19	HUDA CHATHOTH	<i>Huda</i>





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20	ARTHIKA. K. K	<i>Arthika</i>
21	NAYANA NATARAJAN	<i>Nayana</i>
22	SONA THOMAS	<i>Sona</i>
23	ANIT M SEBASTIAN	<i>Anit</i>
24	VIDHYAK	<i>Vidhyak</i>
25	RAMEESA NARGIS.VP	<i>Rameesa</i>
26	ANJU RAJAN	<i>Anju</i>
27	JASLA SHERIN. AK	<i>Jasla</i>
28	SHOBITHA	<i>Shobitha</i>
29	LEENA	<i>Leena</i>
30	JANAK	<i>Janak</i>
31	SOORYA.E	<i>Soorya</i>
32	AMRUTHA. P. K	<i>Amrutha</i>
33	MEERA PR	<i>Meera</i>
34	NAYANA NK	<i>Nayana</i>
35	BABYNA ALICE MANU	<i>Baby</i>
36	SUVARNA. M. S	<i>Suvarna</i>
37	KAVYA KRISHNAN	<i>Kavya</i>
38	JINSHA JJI	<i>Jinsha</i>
39	MOHAMMED SINAZ. C. K	<i>Sinaz</i>
40	AISWARYA. MOHANAN	<i>Aiswarya</i>
41	TESLA ACHAMMA GEORGE	<i>Tesla</i>
42	LINY JOSE	<i>Liny</i>
43	AKHILA NIJAMUDHEEN	<i>Akhila</i>
44	JOSLIN JOSE	<i>Joslin</i>







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## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Mrs. Dona Prince	
2.	Prof. Steffy John	
3.	Mr. Deepak	
4.	Ms. Rakhi Seban	

Signature Of the Principal





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COLLEGE OF NURSING

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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**AWARENESS PROGRAMME ON GENDER EQUALITY IN HEALTH  
CARE SYSTEM- "CLOSING THE GENDER GAP IN HEALTH CARE IN  
THE HEALTH CARE SYSTEM"**

**ACTIVITY REPORT**

**DATE:** 11/10/2018 at 2pm to 3 pm

**VENUE:** KMCT College of Nursing Auditorium

**SPEAKER:** Prof. Mageswari

KMCT College of Nursing conducted a Gender equality awareness programme on Closing the gap in health care system. The programme started at 2pm with an excellent speech by Prof. Mageswari. She emphasized that Gender equality requires equal enjoyment by women and men of socially-valued goods, opportunities, resources and rewards. Where gender inequality exists, it is generally women who are excluded or disadvantaged in relation to decision-making and access to economic and social resources. Additionally, she enlighten that women and men are on an equal footing to fully exercise their rights and potential to be healthy, contribute to health development, and benefit from outcomes. Achieving gender equality requires concrete measures to eliminate gender inequities.

  
Signature Of the Principal





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7.1.1

## GENDER EQUITY SENSITIZATION PROGRAM

Brochure of awareness session on Gender Equality in Health Care System- "Closing The Gender Gap In Health Care System"

**GENDER EQUITY  
SENSITIZATION PROGRAMES**

AWARENESS SESSION ON  
**GENDER EQUALITY IN HEALTH  
CARE SYSTEM- "CLOSING  
THE GENDER GAP IN HEALTH  
CARE SYSTEM".**

11/10/2018 (1 DAY)  
2PM to 3PM

**Prof. R. Mageswari**  
Principal KMCT College of Nursing

Venue: KMCT COLLEGE OF NURSING AUDITORIUM



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KMCT Medical College Campus  
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[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)



*Mageswari*

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**GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR  
2018-2019**

**AWARENESS PROGRAMME ON GENDER EQUALITY IN HEALTH  
CARE SYSTEM- "CLOSING THE GENDER GAP IN HEALTH CARE  
SYSTEM"**

**Attendees List**

**DATE: 11/10/2018**

SL NO	NAME OF STUDENTS	SIGNATURE
1	ABIA BOBBY	
2	AISWARYA SABU	
3	AISWARYA THOMAS	
4	AKSA MERIN SAJI	
5	AKSA STEPHEN	
6	AKSHAYA.P	
7	AMBILL A. P	
8	ANEETA JOSEPH	
9	ANITTA RAJU	
10	ANJANA. K. S	
11	ANJANA.M	
12	ANUJAYA M. K	
13	ANUPAMA.P	
14	ANUVARNA.K	

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15	ASWATHY.E	
16	ATHIRA.P	
17	ATHIRA SHAJI	
18	ATHULYA GEORGE	
19	ATHULYA SHAJI	
20	BINEESHA	
21	DAYAL K SAKKARIYA	
22	DELNA THOMAS	
23	DEON BABY	
24	HANAN	
25	IRENE S ELIZABETH	
26	JASEFUL ASIF.K	
27	JISHNAYA. K. P	
28	KESIYA P. J	
29	KIRAN.V.P	
30	LINDA VARGHESE	
31	MANEESHA MOHANAN	
32	MOHAMMAD AFLAH	
33	PERSIS T SEBASTIAN	
34	SAHELA.K	
35	SANDHRA. N. K	
36	SHERSHAR ALI	



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# KMCT COLLEGE OF NURSING

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37	SIYA MARIA	
38	SONA.K	
39	SOUMYA GEORGE	
40	SREEPRIYA RAJAN	
41	SREETHU.C	
42	TABITHA RAJU	

## TEACHING FACULTY

SL.NO	NAME	SIGNATURE
1.	Mrs. Dona Prince	
2	Prof. Steffy John	
3	Mr. Deepak	
4.	Ms. Rakhi Seban	

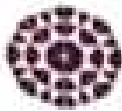
Signature Of the Principal



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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**TALK ON 'Women in the changing world of work: Planet 50-50 by 2030'**

**ACTIVITY REPORT**

**DATE: 08.03.2018**

**VENUE: KMCT COLLEGE OF NURSING AUDITORIUM**

**SPEAKER: PROF.JASNA ,Vice Principal, KMCT College of Nursing**

On 8th March 2018, KMCT College Of Nursing celebrated women's day at KMCT college of nursing auditorium from 10 am to 12 PM. The programme was inaugurated by Prof.R. Mageswari, Principal, KMCT College of Nursing.Prof.Jasna, Vice Principal, Facilitated the event and delivered the Women's day message for the students. The theme of the programme was 'Women in the changing world of work: Planet 50-50 by 2030'. This day marked the demand of strong rights for women including the right to vote, to hold public office and a voice against employment and sex discrimination. Students of Second Year Bsc Nursing participated in the event.

**Signature of the Principal**





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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**TALK ON 'Women in the changing world of work: Planet 50-50 by 2030'**



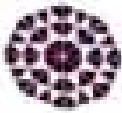
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7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

GENDER EQUITY  
SENSITIZATION PROGRAM

**TALK ON ' WOMEN IN  
THE CHANGING WORLD  
OF WORK; PLANET  
50-50 2030'**

**08-08-2018 | 10-12 PM**

**INVIGILATOR:**  
**Prof. R. Mageswari**  
Principal  
KMCT College of Nursing

**SPEAKER:**  
**Prof. Jasna**  
Vice-principal KMCTCCN

Venue: KMCT College of Nursing Auditorium



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*Jalavani*



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**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**TALK ON 'Women in the changing world of work: Planet 50-50 by 2030'**

**Attendees List**

**DATE: 08-03-2018**

SL NO	NAME OF THE STUDENTS	SIGNATURE
1	AMRUTHA DAS PC	
2	SNEHA NOBLE	
3	AMRUTHA BABU	
4	AMRUTHA SAJI	
5	SABITHA THOMAS.N.T	
6	ANJU K C	
7	AMEESHA MK	
8	ANAGHA.K	
9	SANDHIRA SURESH	
10	THEERTHA.P.P	
11	VISMAYAT K	
12	ANAGHA	
13	ANEESHYA BANU	
14	ANJALI.K	
15	NOURIN P	
16	ATHULYA SAREE K P	
17	GRACE VARGHESE	
18	MEGHA.P	
19	HUDA CHATHOTH	
20	ARTHIKA.K.K	
21	NAYANA NATARAJAN	





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## **ACADEMIC YEAR- 2018-2019**

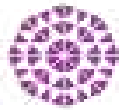
**Date- 07.08.2018**

**Venue- KMCT women and child hospital**

World breastfeeding week is observed every year between 1st to 7th of August in order to create awareness and emphasis on its importance among the public and health workers in the hospital and community. The department of Obstetrics and Gynecology, KMCTCON, observed world breastfeeding week by conducting various activities. On 07/08/2018 breastfeeding awareness program was conducted in pediatric/neonatal OPD and obstetric OPD. Parents, antenatal and postnatal mothers participated in the event with maintaining social distancing and clarified their doubts on young infant feeding practices. The event was facilitated by con, nursing faculty and 4th year students and they emphasized on benefits of breastfeeding, difference between human and cow's milk, breastfeeding positions and techniques including latching, healthy diet for nursing mothers with help of flash cards, charts and models.

*Habeer*

**Signature of the Principal**



# KMCT COLLEGE OF NURSING

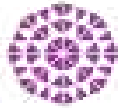
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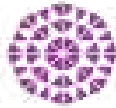
**WORLD BREAST FEEDING WEEK OBSERVATION-**

**Attendees List**

**ACADEMIC YEAR: 2018-2019**

**DATE:07 /8/2018**

SL NO	NAME OF THE STUDENTS	SIGNATURE
1	AMRUTHA DAS PC	
2	SNEHA NOBLE	
3	AMRUTHA BABU	
4	AMRUTHA SAJI	
5	SABITHA THOMAS.N.T	
6	ANJU K C	
7	AMEESHA MK	
8	ANAGHA.K	
9	SANDHRA SURESH	
10	THEERTHA.P.P	
11	VISMAYAT K	
12	ANAGHA	
13	ANEESHYA BANU	
14	ANJALI.K	
15	NOURIN P	
16	ATHULYA SAREE K P	
17	GRACE VARGHESE	
18	MEGHA.P	
19	HUDA CHATHOTH	
20	ARTHIKA.K.K	
21	NAYANA NATARAJAN	



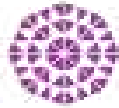
# KMCT COLLEGE OF NURSING

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24.	VIDHYAK	<i>Vidhya</i>
25.	RAMEESA NARGIS.VP	<i>Rameesa</i>
26.	ANJU RAJAN	<i>Anju</i>
27.	JASLA SHERIN. AK	<i>Jasla</i>
28.	SHOBITHA	<i>Shobitha</i>
29.	LEENA	<i>Leena</i>
30.	JANAK	<i>Janak</i>
31.	SOORYA.E	<i>Soorya</i>
32.	AMRUTHA P.K	<i>Amrutha</i>
33.	MEERA PR	<i>Meera</i>
34.	NAYANA NK	<i>Nayana</i>
35.	BABYNA ALICE MANU	<i>Babyna</i>
36.	SUVARNA.M.S	<i>Suvarna</i>
37.	KAVYA KRISHNAN	<i>Kavya</i>
38.	JINSHA JJI	<i>Jinsha</i>
39.	MOHAMMED SINAZ.C.K	<i>Mohammed</i>
40.	AISWARYA. MOHANAN	<i>Aiswarya</i>
41.	TESLA ACHAMMA GEORGE	<i>Tesla</i>
42.	LINY JOSE	<i>Liny</i>
43.	AKHILA NIJAMUDHEEN	<i>Akhila</i>
44.	JOSLIN JOSE	<i>Joslin</i>

Signature Of The Principal







# KMCT COLLEGE OF NURSING

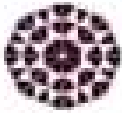
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Midwives Council & affiliated to Kerala University of Health Sciences

## FACULTY LIST

SL.NO	NAME	SIGNATURE
1.	Prof.Rakhi Seban	
2	Mrs.Dona	


**Signature of the Principal**



7.1.1

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES**

**ACTIVITY REPORT**

**DATE: 21.06.2018**

**VENUE: KMCT COLLEGE OF NURSING AUDITORIUM**

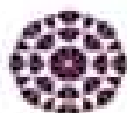
**SPEAKER: PROF.R. MAGESWARI, PRINCIPAL, KMCT COLLEGE OF NURSING**

International Yoga Day was observed in KMCT college of nursing on the 21st of June, 2018. The program started with vice principal prof. Jaana introduced the concept of International Yoga Day and the theme 'Yoga for Peace'. The Principal Prof. R. Mageswari gave a short speech on the importance of yoga and different yoga exercises starting with the Surya Namaskar or Sun Salutation. The yoga session saw the active participation of the students and faculty of the college. The program ended with the vote of thanks from Mrs. Dona, Assistant Professor, on behalf of KMCT Nursing College.

**Signature of the Principal**







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**7.1.1**

**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**Brochure on TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES**

**GENDER EQUITY SENSITIZATION PROGRAM**

**TALK ON 'IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES'**

**21-06-2018 | 11-12 PM**

**INVIGILATOR:**  
**Prof. R. Mageswari**  
Principal  
KMCT College of Nursing

**SPEAKER:**  
**Prof. R. Mageswari**  
Principal KMCTCN

**Venue:** KMCT College of Nursing Auditorium



**KMCT**  
COLLEGE OF NURSING

KMCT Medical College Campus  
Mullom, Kozhikode - 673602, Kerala  
[www.kmctnursingcollege.org](http://www.kmctnursingcollege.org)

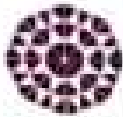
*Mageswari*



**KMCT Medical College Campus, Manassery, Mullom, Kozhikode-673602, Kerala**

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: [nursing@kmct.edu.in](mailto:nursing@kmct.edu.in) Website: <https://www.kmctnursingcollege.org/>



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**GENDER EQUITY SENSITIZATION PROGRAMME**

**FOR ACADEMIC YEAR 2018-2019**

**TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES**



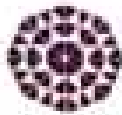
*Alabina*

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673601, Kerala

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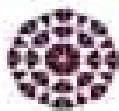
**GENDER EQUITY SENSITIZATION PROGRAMME  
FOR ACADEMIC YEAR 2018-2019  
TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES**

**Attendees List**

**DATE: 21-06-2018**

SL. NO	NAME OF THE STUDENTS	SIGNATURE
1.	AMRUTHA DAS PC	
2.	SNEHA NOBLE	
3.	AMRUTHA BABU	
4.	AMRUTHA SAJI	
5.	SABITHA THOMAS.N.T	
6.	ANJU K C	
7.	AMEESHA MK	
8.	ANAGHA.K	
9.	SANDHRA SURESH	
10.	THEERTHA.P.P	
11.	VISMAYAT K	
12.	ANAGHA	
13.	ANEESHYA BANU	
14.	ANJALI.K	
15.	NOURIN P	
16.	ATHULYA SAREE K P	
17.	GRACE VARGHESE	
18.	MEGHA.P	
19.	HUDA CHATHOTH	
20.	ARTHIKA.K.K	
21.	NAYANA NATARAJAN	
22.	SONA THOMAS	
23.	ANIT M SEBASTIAN	





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24.	VIDHYAK	<i>Vidhyak</i>
25.	RAMEESA NARGIS.VP	<i>Rameesa</i>
26.	ANJU RAJAN	<i>Anju</i>
27.	JASLA SHERIN. AK	<i>Jasla</i>
28.	SHOBITHA	<i>Shobitha</i>
29.	LEENA	<i>Leena</i>
30.	JANAK	<i>Janak</i>
31.	SOORYA.E	<i>Soorya</i>
32.	AMRUTHA P.K	<i>Amrutha</i>
33.	MEERA PR	<i>Meera</i>
34.	NAYANA NK	<i>Nayana</i>
35.	BABYNA ALICE MANU	<i>Babyna</i>
36.	SUVARNA.M.S	<i>Suvarna</i>
37.	KAVYA KRISHNAN	<i>Kavya</i>
38.	JINSHA JJI	<i>Jinsha</i>
39.	MOHAMMED SINAZ.C.K	<i>Mohammed</i>
40.	AISWARYA. MOHANAN	<i>Aiswarya</i>
41.	TESLA ACHAMMA GEORGE	<i>Tesla</i>
42.	LINY JOSE	<i>Liny</i>
43.	AKHILA NIJAMUDHEEN	<i>Akhila</i>
44.	JOSLIN JOSE	<i>Joslin</i>

Signature Of The Principal



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