



TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is
verified by me and is true to the best of my knowledge.





KMCT
COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and
Midwives Council & affiliated to Kerala University of Health Sciences

FILM CRITICS CLUB MEETING MINUTES

Alalasa



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: nursing@kmct.edu.in Website: <https://www.kmctnursingcollege.org/>



STANDARDS OF PRACTICE

Title: Standards of Practice for Film Critics Club at KMCT Nursing

College

Aims and Objectives:

Promote Critical Discourse: Foster and encourage constructive dialogue among club members regarding various aspects of films, including but not limited to themes, cinematography, acting, and cultural significance.

Enhance Analytical Skills: Provide opportunities for members to develop their critical thinking and analytical skills through the examination and discussion of films from different genres and time periods.

Cultivate Appreciation for Cinema: Cultivate a deeper appreciation for the art of filmmaking by exploring diverse cinematic works and understanding the creative processes behind them.

Encourage Participation: Create a welcoming and inclusive environment that encourages active participation from all members, regardless of their level of expertise or familiarity with film criticism.





Promote Collaboration: Facilitate collaborative projects and activities that allow members to work together in analyzing and interpreting films, such as group discussions, film screenings, and writing workshops.

Policy:

Academic Focus: The Film Critics Club will maintain a strictly academic focus, prioritizing the exploration and analysis of films as an art form. It will refrain from engaging in commercial, sectarian, or political activities.

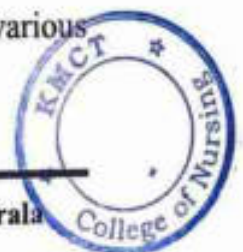
Membership: Membership in the club will be open to students, faculty, and staff of KMCT Nursing College who have an interest in film criticism.

Leadership Structure: The club will establish a leadership committee comprised of club members and overseen by a faculty advisor. The committee will be responsible for planning and organizing club activities.

Functions:

Film Screenings and Discussions: Organize regular film screenings followed by discussions where members can share their insights and interpretations of the films.

Guest Speakers and Workshops: Invite guest speakers, including film scholars, critics, and industry professionals, to conduct workshops and lectures on various aspects of film criticism and filmmaking.





Critical Writing Opportunities: Provide opportunities for members to write and publish film reviews, essays, and analyses either independently or collaboratively through club-sponsored publications or online platforms.

Film Festival Participation: Facilitate participation in local or regional film festivals, where members can showcase their critical work and engage with a broader community of film enthusiasts.

Meeting Preparation:

Ensure that necessary materials, such as screening equipment and discussion guides, are prepared in advance.

Arrange for a suitable venue for film screenings and discussions.

Communicate meeting details and agendas to club members in a timely manner.

Conducting the Meeting:

Start meetings on time with a brief welcome and overview of the agenda.

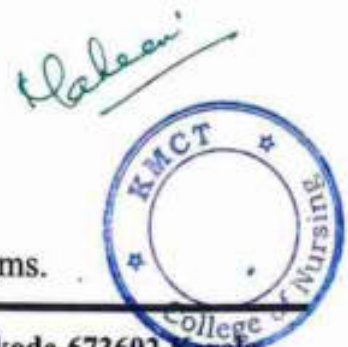
Encourage active participation and respectful dialogue among members.

Assign designated note-takers to record meeting minutes and action items.

Meeting Conclusion:

Summarize key points discussed during the meeting.

Assign responsibilities for any follow-up tasks or action items.





Schedule the date and agenda for the next meeting, if applicable.

Post-Meeting Activities:

Distribute meeting minutes and any relevant materials to club members.

Follow up on action items and monitor progress.

Collect feedback from members to assess meeting effectiveness and identify areas for improvement.

Feedback and Evaluation:

Solicit feedback from club members to evaluate the success of club activities and meetings.

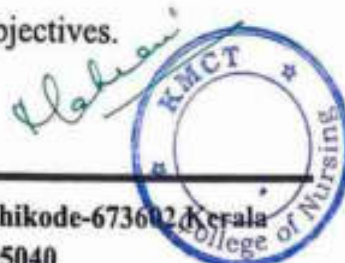
Use feedback to make necessary adjustments and improvements to club operations and programming.

Documentation:

Maintain records of meeting minutes, attendance, and feedback for future reference and evaluation.

Review and Revision:

Regularly review and update club policies and procedures to ensure they remain relevant and effective in achieving the club's goals and objectives.





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2018-2019

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KMCT COLLEGE OF NURSING

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MINUTES OF FILM CRITICS CLUB COMMITTEE MEETING

DATE: 17.09.2018

VENUE: CONFERENCE HALL

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	
2.	Prof. Jasna	Vice Principal	
3.	Mrs. Nasheeda K	Assistant Professor	
4.	Mr Raldin George	Assistant Professor	
5.	Ms. Dona Mohan	Lecturer	
6	Ms Ameesh	3 rd year BSc Nursing	
7	Mr Sinaz	2 nd year BSc Nursing	

TIME: 11-12AM

MEMBERS PRESENT

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Odiyan" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students representatives read the previous film "OruKupprassidhaPayyan" show critiques given by students group.

Membership Updates also done during the meeting : provided an update on the current membership status, including new members and renewals.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary


Chairman

Place: *Manassery*

Date: *17/09/2018*





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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Odiyan" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students representatives read the previous film "OruKupprassidhaPayyan" show critiques given by students group.

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Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary


Chairman

Place: *Manassery*

Date: *17/09/2018*





KMCT COLLEGE OF NURSING

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Minutes of meeting held on 15/11/2018

MINUTES OF FILM CRITIC CLUB COMMITTEE MEETING

DATE: 15.11.2018

VENUE: CONFERENC HALL

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3.	Mrs. Nasheeda K	Assistant Professor	
4.	Mr Raldin George	Assistant Professor	
5.	Ms. Dona Mohan	Lecturer	
6	Ms Ameesh	3 rd year BSc Nursing	
7	Mr Akhila Nijamudheen	2 nd year BSc Nursing	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Sudani from Nigeeria" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students representatives readd the previous film "Odiyan" show critiques given by students group.

Membership Updates also done during the meeting : provided an update on the current membership status, including new members and renewals.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary


Chairman

Place: *Manassery*

Date: *15-11-2018*





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FILM CRITIC CLUB COMMITTEE
MEETING MINUTES 2019-2020

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MINUTES OF FILM CRITIC CLUB COMMITTEE MEETING

DATE: 11.02.2019

VENUE: CONFERNECE HALL

Sl no	Members	DESIGNTAION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3	Mrs. Lijna N P	Assistant Professor	
4.	Mrs. Ranjitha P Jose	Lecturer	
5.	Mrs. Candis B E	Lecturer	
6.	Ms Akhila Mathew	4 th year BSc NSG	
7	Ms. Aneeta Raju	3 RD Year BSc NSG	

TIME: 11-1 PM

MEMBERS PRESENT:

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Athiran" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students' representatives read the previous film "Sudani from Nigeria" show critiques given by students group.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary

Chairman

Place: *Manassery*
Date: *11.02.2019*



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Minutes of meeting held on 03.08.2019

MINUTES OF FILM CRITIC CLUB COMMITTEE MEETING

DATE: 05.08.2019

VENUE: conference hall

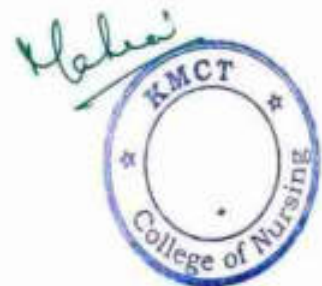
Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3	Mrs. Lijna N P	Assistant Professor	
4.	Mrs. Ranjitha P Jose	Lecturer	
5.	Mrs. Candis B E	Lecturer	
6.	Ms Akhila Mathew	4 th year BSc NSG	
7	Ms. Aneeta Raju	3 RD Year BSc NSG	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda Items:

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Opening Remarks: The meeting commenced with a welcome from the chair, emphasizing the club's mission and goals.

Approval of Previous Minutes: Previous meeting minutes were quickly reviewed and approved unanimously.

Membership Update: Current membership statistics were presented, highlighting new members and renewals.

Upcoming Events: Discussed plans for the next film screening event. Movie options were discussed and a final selection was made as "Uyare"

Online Presence: Brief update on the club's website and social media activities, focusing on recent posts and upcoming content.

Member Feedback: Members shared suggestions and concerns. Students representative were addressed a problem like the other language films also can be included in the film show like English Hindi, Tamil etc, and after discussion we all are supported the particular concern and approved it. A summary of feedback was provided, and solutions were discussed where applicable.

Next Meeting date was planned to 11/02/2020.

Adjournment: The meeting concluded with thanks to all attendees for their participation and contributions.

Secretary

Alaben
Chairman

Place: *Manassery*

Date: *05/08/2019*



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FILM CRITIC CLUB COMMITTEE
MEETING MINUTES 2020-2021

Alakshya





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MINUTES OF FILM CRITIC CLUB COMMITTEE MEETING

DATE: 11.02.2020

VENUE: CONFERNECE HALL

Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Dr. Ambika C	Professor cum Vice Principal	
3.	Mrs. Lijna N P	Assistant Professor	
4.	Mrs. Akhila S	Lecturer	
5.	Mrs. Anjitha C	Lecturer	
6	Ms Akhila Mathew	4 th year BSc NSG	
7	Ms.Anumol	3 rd Year BSc NSG	

TIME: 11-1 PM

MEMBERS PRESENT:

Agenda

5. Confirmation of minutes of earlier meeting
6. Selection and screening of the Film
7. Discussion on critics given by the student's groups
8. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Forensic" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students' representatives read the previous film show critiques given by students group.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

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Chairman

Secretary

Place: Manassery

Date: 11/02/22

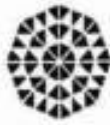


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Minutes of meeting held on 05.08.2021

MINUTES OF FILM CRITIC CLUB COMMITTEE MEETING

DATE: 05.08.2021

VENUE: conference hall

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. Ambika C	Professor cum Vice Principal	
3.	Mrs. Lijna N P	Assistant Professor	
4.	Mrs. Akhila S	Lecturer	
5.	Mrs. Anjitha C	Lecturer	
6	Ms Akhila Mathew	4 th year BSc NSG	
7	Ms.Anumol	3 rd Year BSc NSG	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda Items:

- 1 Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups



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4. Future film selection

Opening Remarks: The meeting commenced with a welcome from the chair, emphasizing the club's mission and goals.

Approval of Previous Minutes: Previous meeting minutes were quickly reviewed and approved unanimously.

Membership Update: Current membership statistics were presented, highlighting new members and renewals.

Upcoming Events: Discussed plans for the next film screening event. Movie options were discussed and a final selection was made as "Hit"

Online Presence: Brief update on the club's website and social media activities, focusing on recent posts and upcoming content.

Member Feedback: Members shared suggestions and concerns. Students representative were addressed some problem and after discussion we all are supported the particular concern and approved it. A summary of feedback was provided, and solutions were discussed where applicable.

Adjournment: The meeting concluded with thanks to all attendees for their participation and contributions.

Secretary


Chairman

Place: Manassery

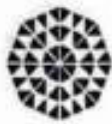
Date: 05-08-21



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FILM CRITIC CLUB COMMITTEE
MEETING MINUTES 2021-2022

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Recognized by Indian Nursing Council & Kerala Nurses and
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Minutes of meeting held on 09.03.2022

DATE: 11.03.2022

VENUE: conference hall

TIME: 2- 4 PM

MEMBERS PRESENT :

Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof .Jasna T	Vice Principal	
3.	Mrs. Lijna N P	Associate Professor	
4.	Mrs Aswathi	Lecturer	
5.	Mrs Amalu jose	lecturer	
6	Ms. Aksa	4 th Year BSc NSG	
7	MsAmalsha	3 rd year BSc NSG	

Agenda Items:

1. Confirmation of minutes of earlier meeting
2. Membership updates
3. Selection and screening of the Film
4. Discussion on critics given by the student's groups
5. Future film selection



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Opening Remarks: The meeting commenced with a welcome from the chair, emphasizing the club's mission and goals.

Approval of Previous Minutes: Previous meeting minutes were quickly reviewed and approved unanimously.

Membership Update: Current membership statistics were presented, highlighting new members and renewals.

Upcoming Events: Discussed plans for the next film screening event. Movie options were discussed and a final selection was made as "RRR"

Online Presence: Brief update on the club's website and social media activities, focusing on recent posts and upcoming content.

Member Feedback: Members shared suggestions and concerns. A summary of feedback was provided, and solutions were discussed where applicable.

Adjournment: The meeting concluded with thanks to all attendees for their participation and contributions.

Secretary

Place: Manassery
Date: 11/08/22

Hale
Chairman





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Minutes of meeting held on 17.10.2022

DATE: 18.10.2022

VENUE: conference hall

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof .Jasna T	Vice Principal	
3.	Mrs. Lijina	Assistant Professor	
4.	Mrs Athira P M	Lecturer	
5.	Mrs Amalu jose	Lecturer	
6	Ms. Aksa	4 th Year BSc NSG	
7	MsAmalsha	3 rd year BSc NSG	

MEMBERS PRESENT :

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Ammu" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students' representatives read the previous film "RRR" show critiques given by students group.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary

Place: Manassery.
Date: 18/10/22


Chairman





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FILM CRITIC CLUB COMMITTEE
MEETING MINUTES 2022-2023

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KMCT COLLEGE OF NURSING

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Minutes of meeting held on 25.11.2022

DATE: 25.11.2022

VENUE: CONFERENCE HALL

Sl no	Members	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr: Manjula	Vice Principal	
3.	Mrs. Lijna N P	Professor	
4.	Mrs Neenu P K	Assistant Professor	
5.	Mrs. Soudath	Lecturer	
6	MsAmalsha	3 rd Year BSc Nursing	
7	Ms Aksa josekutty	4 th year BSc Nursing	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



Meeting was started by 2 pm confirmation of previous minutes were done.

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Selection and screening of the film done by the members. Selected the next film from 10
toplisted OTT released film by the members as "Ilaveezhaapoonchola" discussion on critique
given by the students group discussed and addressed the problem of the students like
Saturday evening the hostel students may go home for visit so they may miss the show.
Discussion was done on it and remedial measures were taken on it.

The meeting was adjourned by 4 pm , and members were thanked for their active
participation and contributions.

Secretary

Place: Manassery.
Date: 25-11-2022

Chairman



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Minutes of meeting held on 13.04.2023

DATE: 13.04.2023

VENUE: CONFERENCE HALL

Sl no	Members	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr: Manjula	Vice Principal	
3.	Mrs. Lijna N P	Professor	
4.	Mrs Neenu P K	Assistant Professor	
5.	Mrs. Soudath	Lecturer	
6	MsAmalsha	3 rd Year BSc Nursing	
7	Ms Aksa josekutty	4 th year BSc Nursing	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda

1. Confirmation of minutes of earlier meeting
2. Selection and screening of the Film
3. Discussion on critics given by the student's groups
4. Future film selection



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Meeting started with the confirmation of previous meeting minutes.

Selection and screening for the film was done during the meeting OTT released 10 films list was there and after screening "Seetharaamam" was selected for the film show. The date of show was confirmed. As 3rd Saturday by 6.30 pm onwards.

Students representatives read the previous film "Ila VeezhaPoonchola" show critiques given by students group.

Website and Social Media Update: provided an update on the club's website and social media platforms, highlighting recent posts, engagement metrics, and any upcoming campaigns.

Member Suggestions and Concerns: Members were encouraged to share their suggestions and concerns. summarized the feedback and discussed possible solutions for the raised concerns.

Adjournment: The meeting was adjourned, and members were thanked for their active participation and contributions.

Secretary

Alakevi
Chairman

Place: Manassery .

Date: 13/04/23

Alakevi



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YOGA CLUB MEETING MINUTES

Alabes



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STANDARDS OF PRACTICE

Standards of Practice for Conducting Yoga Club Activities at KMCT Nursing College

Aims and Objectives:

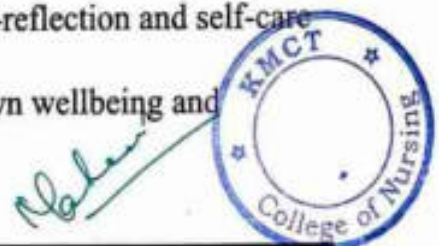
Promote Physical and Mental Wellbeing: Foster a culture of holistic health by providing opportunities for students and faculty to engage in yoga practices that enhance physical fitness and mental resilience.

Reduce Stress and Anxiety: Offer techniques and practices to help individuals manage stress, anxiety, and other mental health challenges commonly experienced in academic and professional settings.

Improve Concentration and Focus: Provide tools and strategies for improving concentration, focus, and mindfulness, which can enhance academic performance and productivity.

Cultivate Community and Connection: Create a supportive and inclusive community where members can connect with one another, share experiences, and support each other's personal growth and development.

Promote Self-Reflection and Self-Care: Encourage self-reflection and self-care practices that empower individuals to prioritize their own wellbeing and establish healthy habits for life.



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Policy:

Inclusivity: The Yoga Club will be open to all students and faculty members of KMCT Nursing College, regardless of prior experience or fitness level. All sessions will be designed to accommodate participants of varying abilities and needs.

Safety: All yoga sessions will be led by certified yoga instructors who will prioritize participant safety and provide appropriate modifications and adjustments as needed.

Respect: Participants will be encouraged to respect each other's physical and emotional boundaries during yoga sessions, fostering an environment of mutual respect and support.

Functions:

Weekly Yoga Classes: Organize weekly yoga classes led by certified instructors, offering participants an opportunity to practice various yoga techniques, including asanas (postures), pranayama (breathing exercises), and meditation.

Specialized Workshops and Events: Host specialized workshops and events focusing on specific aspects of yoga practice, such as yoga for stress relief, yoga for better sleep, and yoga for back pain relief.

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Outdoor Sessions: Organize outdoor yoga sessions in natural settings, such as parks or gardens, to provide participants with the opportunity to connect with nature and experience the benefits of outdoor yoga practice.

Community Outreach: Collaborate with other student clubs and organizations to offer yoga sessions and workshops to underserved communities, promoting health and wellness beyond the college campus.

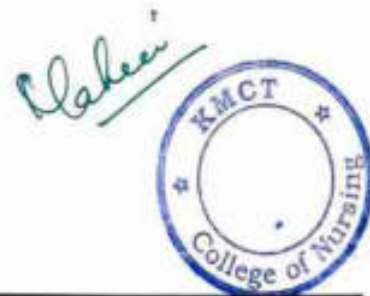
Self-Care Resources: Provide resources and information on self-care practices, mindfulness exercises, and stress management techniques to empower participants to incorporate yoga principles into their daily lives.

Meeting Preparation:

Ensure that the venue for yoga sessions is conducive to practice, with adequate space, ventilation, and comfortable flooring.

Coordinate with certified yoga instructors to plan session sequences and select appropriate music or ambient sounds to enhance the yoga experience.

Communicate session schedules and logistical details to club members in advance to ensure maximum participation.





Conducting the Session:

Begin each yoga session with a brief centering exercise or mindfulness practice to help participants transition into the present moment and cultivate awareness.

Lead participants through a series of yoga postures, breathing exercises, and relaxation techniques, offering modifications and adjustments as needed to accommodate individual needs.

Session Conclusion:

Conclude each session with a guided relaxation or meditation practice to help participants integrate the benefits of their yoga practice and promote a sense of inner peace and calm.

Provide time for participants to share reflections or insights from their practice, fostering a sense of community and connection among members.

Post-Session Activities:

Distribute resources and information on upcoming yoga events, workshops, and community outreach opportunities.

Collect feedback from participants to assess session effectiveness and identify areas for improvement.

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Follow up with members to provide support and encouragement in integrating yoga principles into their daily lives.

Feedback and Evaluation:

Solicit feedback from participants through anonymous surveys or group discussions to gather insights on session quality, instructor effectiveness, and overall participant satisfaction.

Use feedback to inform future session planning and programming, ensuring alignment with member needs and preferences.

Documentation:

Maintain records of session attendance, participant feedback, and any incidents or issues arising during sessions for documentation and review purposes.

Review and Revision:

Regularly review and update club policies and procedures in consultation with club members and advisors to ensure adherence to best practices and safety guidelines.

Seek input from participants and stakeholders to inform revisions and improvements to Yoga Club activities and programming.





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MINUTES OF YOGA CLUBCOMMITTEE MEETING

DATE: 03.09.2018

VENUE: CONFERENCE HALL

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	
2.	Prof. Jasna T	Vice Principal	
3.	Mrs. Meethu Skariya	Assistant Professor	
4.	Mr Raldin George	Assistant Professor	
5.	Ms. Reshmi R Nair	Lecturer	
6	Ms Amrutha DAS	3 rd year BSc Nursing	
7	MsAswathi E	1 st year BSc Nursing	

TIME: 11-12AM

MEMBERS PRESENT

Agenda

1. Confirmation of minutes of earlier meeting
2. Activities for future
3. Membership renewal and outreach activities



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Opening Remarks: The meeting commenced with greetings from the club chairman, welcoming members and expressing gratitude for their attendance.

Review of Past Activities: The club secretary presented an overview of the yoga sessions and Yoga Day observance on June 21st and other activities conducted during the last 6 months of the year. Positive feedback and areas for improvement were discussed.

Planning for the Next year: Future events, and potential collaborations with instructors were brainstormed. Ideas for promoting yoga within the academic community were also discussed.

Membership and Participation: Club membership statistics were shared. Strategies to increase participation and engage more members in club activities were discussed.

Yoga Session Demonstration: A brief yoga session was conducted to demonstrate different techniques and promote active participation among attendees.

Closing Remarks: The chairman thanked everyone for their active participation and encouraged members to spread the word about the club's activities.

Secretary

Chairman

Place: *Manassery*
Date: *03-09-18*





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Minutes of meeting held on 15/02/2018

MINUTES OF YOGA CLUBCOMMITTEE MEETING

DATE: 15.02.2019

VENUE: CONFERENC HALL

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	
2.	Prof. Jasna T	Vice Principal	
3.	Mrs. Meethu Skariya	Assistant Professor	
4.	Mr. Raldin George	Assistant Professor	
5.	Ms. Reshmi R Nair	Lecturer	
6	Ms. Amrutha DAS	3 rd year BSc Nursing	
7	Ms. Aswathi E	1 st year BSc Nursing	

MEMBERS PRESENT:

Agenda:

1. Reviewing previous meeting minutes
2. Discussion on upcoming activities
3. Discussion on membership and out reach



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Opening Remarks: The meeting began with a warm welcome from the club chairman, acknowledging the achievements and progress made during the first half of the academic year.

Review of Recent Events: The club secretary presented an overview of the yoga club activities, and special events held in the second half of the year. Attendee feedback and suggestions were discussed.

Future Event Planning: Members discussed plans for yoga sessions, yoga day celebration on June 21 and its activities are planned and finalized to include the instructors and other members name list, and events for the upcoming year. Special focus was given to integrating yoga into academic curricula and collaborating with other clubs or organizations for joint events.

Membership and Outreach: Strategies to retain current members and attract new ones were discussed. The importance of social media and other platforms in promoting club activities was highlighted.

Recognition and Awards: Outstanding contributions by members were recognized, and plans for end-of-year awards or certificates were discussed.

Closing Remarks: The chairman expressed gratitude to the members for their dedication and encouraged everyone to actively participate in the upcoming events. Appreciation was extended to the organizing committee for their hard work and commitment.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place: Manassery

Date: 15-02-19



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YOGA CLUB COMMITTEE MEETING

MINUTES 2019-2020

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MINUTES OF YOGA CLUBCOMMITTEE MEETING

DATE: 10.09.2019

Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3.	Mrs .Steffy John	Associate Professor	
4.	Mr. Deepak M	Assistant Professor	
5.	Mrs. Rashmi R Nair	Assistant Professor	
6	Ms. Amrutha Das	4 th year BSc NSG	
7	Ms. Anjali	3 rd year BSc NSG	

VENUE: CONFERNECE HALL

TIME: 11-1 PM

MEMBERS PRESENT:

Agenda

- 1 Approval of previous minutes
2. Discussion on future activities
3. Yoga Day celebration

The meeting commenced with a cordial welcome from the club chairman,
recognizing achievements in the first half of the academic year.



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The club secretary summarized recent yoga workshops, seminars, and special events, discussing attendee feedback and suggestions.

Members deliberated upcoming yoga sessions, programmes, and collaborations, emphasizing integration into academic curricula and joint events with other clubs.

Discussion done regarding positives and negatives of yoga day celebrations, yoga classes, yoga trainers etc. problems are addressed and discussion done on it. Outstanding member contributions were acknowledged, and plans for year-end awards were outlined.

In closing, the chairman expressed gratitude, encouraging active participation in future events, and commended the organizing committee for their dedication.

Secretary

Chairman

Place: Manassery

Date: 10-09-19





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Minutes of meeting held on 03.02.2020

MINUTES OF YOGA CLUB COMMITTEE MEETING

DATE: 03.02.2020

VENUE: conference hall

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	
2	Prof. Jasna	Vice Principal	
3	Mrs. Steffy John	Associate Professor	
4	Mr. Deepak M	Assistant Professor	
5	Mrs. Rashmi R Nair	Assistant Professor	
	Ms. Amrutha Das	4 th year BSc NSG	
	Ms. Anjali	3 rd year BSc NSG	

MEMBERS PRESENT:

Agenda:

- Preview of previous meeting minutes
- Future activities
- Concerns of members regarding conducted activities and future plan

The meeting began with a warm welcome from the club chairman, who acknowledged achievements in the first half of the academic year.



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The club secretary reviewed recent yoga club activities, and special events, discussing feedback and suggestions from attendees.

Members discussed upcoming yoga sessions, collaborations, emphasizing their integration into academic curricula and joint events with other clubs.

Strategies to retain current members and attract new ones were explored, with a focus on utilizing social media to promote club activities.

Exceptional member contributions were recognized, and plans for end-of-year awards were outlined.

In conclusion, the chairman expressed gratitude, encouraged active participation in future events, and praised the organizing committee for their dedication.

Secretary

Chairman

Place:

Manassery

Date:

03/02/20



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YOGA CLUB COMMITTEE MEETING

MINUTES 2020-2021

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Minutes of meeting held on 02.09.2020

DATE: 02.09.2020

VENUE: Conference hall

TIME: 2- 4 PM

MEMBERS PRESENT:

Sl no	Members	DESIGNATION	Signature
1	Prof. R. Mageswari	Principal	
2.	Prof. Jasna T	Vice Principal	
3.	Mr. Raldin George	Asst Professor	
4.	Mrs. Lijna N P	Associate Professor	
5.	Mrs. Shilpa K C	Tutor	
6	Ms. Anjali	4 th year BSc NSG	
7	Ms. Monisha Anna Moncy	2 nd Year BSc NSG	

Agenda:

- Preview of previous meeting minutes
- Future activities
- Concerns of members regarding conducted activities and future plan

Opening Remarks: The meeting was called to order by the club chairman at 2PM. A warm welcome was extended to all attendees.



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Preview of Previous Meeting Minutes: The minutes from the previous meeting were reviewed. All members confirmed their approval, and there were no outstanding issues.

Future Activities: Upcoming Workshops: The club discussed plans for upcoming yoga workshops, including topics, dates, and potential instructors.

Special Events: Ideas for organizing special yoga events, such as outdoor sessions or wellness retreats, were brainstormed.

Collaborations: Opportunities for collaborating with local yoga instructors, wellness centers, or other clubs were explored.

Concerns of Members Regarding Conducted Activities and Future Plans:

Members were encouraged to share their feedback and concerns regarding past activities.

Constructive criticism and suggestions for improvement were welcomed.

Concerns about scheduling, session variety, and venue accessibility were discussed openly.

Strategies to address these concerns were outlined.

Members were also invited to express their expectations and preferences for future yoga sessions and events.

Closing Remarks: The chairman thanked all members for their active participation and input.

The date for the next club meeting was announced.

The meeting was adjourned at 4PM.

Secretary 


Chairman

Place: Manassery

Date: 02-09-20



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Minutes of meeting held on 17.03.2021

DATE: 17.03.2021

VENUE: conference hall

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna T	Vice Principal	
3.	Mr. Raldin George	Asst Professor	
4.	Mrs. Lijna N P	Associate Professor	
5.	Mrs. Shilpa K C	Tutor	
	Ms. Anjali	4 th year BSc NSG	
	Ms Monisha Anna Moncy	2 nd Year BSc NSG	

MEMBERS PRESENT.

Agenda:

- Preview of previous meeting minutes
- Future activities
- Concerns of members regarding conducted activities and future plan

Opening Statements: The club chairman initiated the meeting at 2 PM, extending a warm welcome to all participants.

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Review of Previous Meeting Minutes: The minutes from the last gathering were scrutinized. All members confirmed their agreement, and no unresolved issues were identified.

Special Events: Brainstorming occurred regarding unique yoga events like outdoor sessions and wellness retreats.

Collaborations: Opportunities for partnerships with local yoga instructors, wellness centers, and other clubs were explored.

Member Concerns Regarding Past and Future Activities:

Participants were encouraged to express their thoughts and concerns about past activities. Constructive criticism and suggestions for enhancements were welcomed.


Open discussions addressed concerns about scheduling, session variety, and venue accessibility. Strategies to tackle these concerns were outlined.

Members were invited to articulate their expectations and preferences for future yoga sessions and events.

Feedback Collection: a feedback survey to gather member opinions about recent activities and to gauge their interest in upcoming events.

The chairman expressed gratitude for the active participation and valuable input from all members. The date for the next club meeting was announced.

The meeting concluded at 4 PM.

Secretary 



Chairman

Place: *Manassery*

Date: *17-03-21*



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YOGA CLUB COMMITTEE MEETING

MINUTES 2021-2022

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Minutes of meeting held on 05.10.2021

DATE: 05.10.2021

VENUE: conference hall

TIME: 2- 4 PM

MEMBERS PRESENT :

Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Dr. Ambika C	Professor cum Vice Principal	
3.	Mrs. Steffy John	Professor	
4.	Mr. Manu Joseph	Professor	
5.	Mrs. Jeena Mathew	Associate Professor	
6	Ms. Fida	3 rd year BSc NSG	
7	Ms Monisha	2 nd year BSc NSG	

Agenda

- 1. Approval of previous meeting minutes
- Discussion regarding future activities
- Yoga day celebration and activities

The club chairman initiated the meeting at 2 PM, extending a warm welcome to attendees. The minutes from the previous meeting were unanimously approved without any



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outstanding issues. Discussions revolved around upcoming yoga workshops, special events like outdoor sessions, and potential collaborations. Members openly shared feedback and concerns, focusing on scheduling, session variety, and venue accessibility. Strategies were outlined to address these concerns. Specific tasks were assigned, including creating a feedback survey and researching alternative accessible venues. The chairman expressed gratitude for members' participation, announced the next meeting date, and adjourned the session promptly at 4 PM.

Secretary

Chairman

Place: Manassery

Date: 5/10/21



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Minutes of meeting held on 22.03.2022

DATE: 22.03.2022

VENUE: conference hall

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. Ambika C	Professor cum Vice Principal	
3.	Mrs. Steffy John	Professor	
4.	Mr. Manu Joseph	Professor	
5.	Mrs. Jeena Mathew	Associate Professor	
6	Ms. Fida	3 rd year BSc NSG	
7	Ms Monisha	2 nd year BSc NSG	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda:

- Approval of previous meeting minutes
- Discussion regarding future activities
- Yoga day celebration and activities



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In the meeting, the club chairman welcomed attendees, recognizing their commitment to the Yoga Club. The minutes from the previous meeting were unanimously approved. Discussions centered on upcoming events, including yoga day celebration, special sessions, and potential collaborations with local instructors and wellness centers. Member feedback and concerns were encouraged, fostering constructive dialogue. Plans for internal club activities involved strategies for a membership drive and organizing friendly yoga competitions. Specific action items were assigned, such as coordinating workshops and collecting member feedback. The meeting concluded with the announcement of the next meeting date and active participation was encouraged, leading to the adjournment of the session.

Secretary

Chairman

Place: *Manassery.*
Date: *22-03-22*



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YOGA CLUB COMMITTEE MEETING
MINUTES 2022-2023

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Minutes of meeting held on 07.11.2022

DATE: 07.11.2022

VENUE: CONFERENCE HALL

Sl no	Members	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. Manjula	Vice Principal	
3.	Mrs. Aghila S.B	Associate Professor	
4.	Ms. Athira P M	Lecturer	
5.	Mrs. Shamna P P	Lecturer	
6	Ms Fida	4 th Year BSc NSG	
7	Ms Monisha Anna Moncy	3 rd Year BSc NSG	

TIME: 2- 4 PM

MEMBERS PRESENT:

Agenda

- Approval of previous meeting minutes
- Upcoming activities
- Membership renewal and outreach activities



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During the meeting, participants were greeted warmly by the club chairman, acknowledging their dedication to the Yoga Club. The minutes from the preceding session received unanimous approval. Conversations revolved around upcoming events, including Yoga Day celebrations, special sessions, and potential partnerships with local instructors and wellness centers. Members were prompted to share their thoughts, fostering a positive and constructive dialogue. Internal club plans included strategies for a membership drive and organizing friendly yoga competitions. Specific tasks, such as coordinating workshops and gathering member feedback, were delegated. The meeting concluded with the announcement of the next session's date, emphasizing active participation, and then adjourned.

Secretary

Chairman

Place: *Manassery*
Date: *09.11.22*





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Minutes of meeting held on 30.05.2023

MINUTES OF RESEARCH COMMITTEE MEETING

DATE: 30.05.2023

VENUE: CONFERENCE HALL

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. S Manjula	Professor/ Vice Principal	
3.	Mrs. Steffy John	Professor	
4.	Mrs. Lijna N P	Professor	
5.	Mrs. Aghila S B	Associate Professor	
6	Ms Fida	4 th year BSc NSG	
7	Ms Monisha Anna Moncy	3 rd Year BSc NSG	

MEMBERS PRESENT:

Agenda:

- Meeting minutes approval
- Upcoming activities

In the meeting, attendees were welcomed warmly by the club chairman, who recognized their commitment to the Yoga Club. The minutes from the previous session were unanimously approved. Discussions focused on upcoming events, including Yoga Day celebrations,



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special sessions, and potential collaborations with local instructors and wellness centers. Members were encouraged to express their opinions, fostering a positive and productive discussion. Internal club initiatives included plans for a membership drive and the organization of friendly yoga competitions. Specific responsibilities, like coordinating workshops and collecting member feedback, were assigned. The meeting ended with the announcement of the next session's date, underscoring the importance of active involvement, before adjourning.

Secretary

Haleel
Chairman

Place: *Manassery*

Date: *30.5.23*

Haleel



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TRAVEL CLUB MEETING MINUTES



Molani

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STANDARDS OF PRACTICE

Standards of Practice for Conducting Travel Club Activities at KMCT

Nursing College

Aims and Objectives:

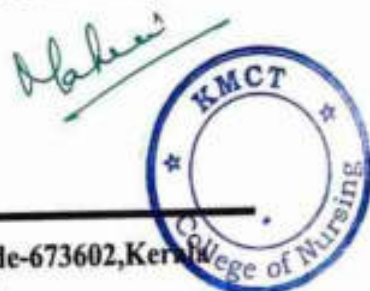
Cultural Exchange: Foster cultural understanding and appreciation among students and faculty through organized travel experiences to diverse destinations.

Personal Growth: Provide opportunities for personal growth and development through exposure to new environments, challenges, and experiences.

Educational Enrichment: Enhance academic learning by incorporating educational components into travel itineraries, such as visits to historical sites, museums, and cultural landmarks.

Community Engagement: Encourage active participation in community service and volunteer projects during travel expeditions, promoting a spirit of service and social responsibility.

Environmental Awareness: Promote environmental sustainability and conservation efforts by incorporating eco-friendly practices into travel logistics and activities.





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Policy:

Inclusivity: The Travel Club will be open to all students and faculty members of KMCT Nursing College who have a passion for travel and adventure. All trips will be designed to accommodate participants of varying interests and abilities.

Safety: All travel expeditions will be carefully planned and supervised by qualified trip leaders who will prioritize participant safety and wellbeing throughout the duration of the trip.

Respect: Participants will be expected to respect local customs, traditions, and environments during travel experiences, demonstrating cultural sensitivity and responsible behavior at all times.

Functions:

Trip Planning: Organize and coordinate travel expeditions to domestic and international destinations, including transportation, accommodation, and itinerary planning.

Educational Programming: Incorporate educational components into travel itineraries, such as guided tours, lectures, and workshops, to provide participants with enriching learning experiences.

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Community Service: Partner with local organizations and communities at destination sites to participate in volunteer projects and community service initiatives, contributing positively to the places visited.

Cultural Immersion: Facilitate opportunities for cultural exchange and immersion through interactions with local residents, cultural performances, and hands-on experiences.

Environmental Stewardship: Promote eco-friendly travel practices, such as minimizing waste, conserving energy, and supporting sustainable tourism initiatives, to minimize the environmental impact of travel activities.

Meeting Preparation:

Coordinate with trip leaders and participants to plan travel logistics, including transportation, accommodation, and activities.

Ensure that necessary travel documents, such as passports, visas, and travel insurance, are obtained and organized prior to departure.

Communicate trip details, packing lists, and safety guidelines to participants in advance of the trip to ensure preparedness and readiness for travel.

Conducting the Trip:

Mahesh





Provide orientation and pre-departure briefings to participants to familiarize them with the itinerary, expectations, and safety protocols for the trip.

Supervise and support participants throughout the duration of the trip, addressing any concerns or emergencies that may arise with professionalism and efficiency.

Facilitate group activities, excursions, and cultural experiences to maximize the educational and recreational value of the trip for participants.

Trip Conclusion:

Debrief with participants upon return from the trip to reflect on their experiences, share insights, and gather feedback for future trip planning and programming.

Encourage participants to share their travel experiences with the broader college community through presentations, photo exhibits, or written reflections.

Post-Trip Activities:

Collect feedback from participants to assess trip effectiveness, participant satisfaction, and areas for improvement in future travel expeditions.

Follow up with trip leaders and participants to ensure that any outstanding administrative tasks, such as expense reconciliation or documentation, are completed in a timely manner.





Document trip highlights and success stories for promotional purposes and future reference.

Feedback and Evaluation:

Solicit feedback from participants through post-trip surveys, focus groups, or individual interviews to gather insights on trip satisfaction, educational value, and overall participant experience.

Use feedback to inform future trip planning and programming, incorporating suggestions and recommendations to enhance the quality and impact of Travel Club activities.

Documentation:

Maintain records of trip itineraries, participant rosters, financial transactions, and incident reports for documentation and review purposes.

Compile trip photos, videos, and testimonials to create promotional materials and showcase the impact of Travel Club activities to the college community and external stakeholders.

Review and Revision:

Regularly review and update club policies and procedures in consultation with club members, trip leaders, and college administrators to ensure compliance with best practices and safety standards.

Alaboni





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Incorporate feedback and lessons learned from past trips into future trip
planning and programming to continually improve the quality and relevance of
Travel Club activities.

Alshari



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2018-2019



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MINUTES OF TRAVEL CLUB COMMITTEE MEETING

DATE: 03.09.2018

VENUE: PRINCIPAL ROOM

TIME: 10-11.30 AM



MEMBERS PRESENT

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	
2	Prof. Jasna T	Vice Principal	
3	Mrs. Lijna N P	Assistant Professor	
4	Mrs. Rakhi Seban	Associate Professor	
5	Mr Deepak M	Assistant Professor	
6	Mr. Raldin George	Assistant Professor	
7	Mrs. Dona Prince	Assistant Professor	

Agenda

1. Confirmation of minutes of earlier meeting
2. Tour area selection and confirmation

Travel club meeting held to discuss regarding the tour for each academic year and tentative date and place fixation for each batch. All class coordinators and members were present during the meeting time and planned and fixed the tent for fourth year BSc Nursing we discussed and planned for administration visit with tour to Delhi Kulu and Manali during March month.


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For 3rd year BSc Nursing students, the area for tour is planned to is Kudaku and Mysooru etc
tentative month for tour is December.

Moonaar is the area planned for 2nd years during December.

For first year discussed and planned to go Ooty and Kodaikinal during the month of January.

During the discussion we fixed the teachers who are accompanying with each batch and tour
operators also.

Secretary

Chairman

Place:

Date:

Halen



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MINUTES OF TRAVEL CLUB COMMITTEE MEETING

DATE: 03.09.2018

VENUE: PRINCIPAL ROOM

TIME: 10-11.30 AM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof. R. Mageswari	Principal	<i>Mageswari</i>
2	Prof. Jasna T	Vice Principal	<i>Jasna T</i>
3	Mrs. Lijna N P	Assistant Professor	<i>Lijna</i>
4	Mrs. Rakhi Seban	Associate Professor	<i>Rakhi</i>
5	Mr Deepak M	Assistant Professor	<i>Deepak</i>
6	Mr. Raldin George	Assistant Professor	<i>Raldin</i>
7	Mrs. Dona Prince	Assistant Professor	<i>Dona</i>



Mageswari

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Agenda:

Confirmation of minutes from the previous meeting

Selection and confirmation of tour areas

The travel club meeting planned regarding the annual tours for different academic years, finalizing the dates and destinations for each group. Specifically, plans were made for the fourth-year BSc Nursing students, who will embark on an educational trip to Delhi, Kulu, and Manali in March.

The third-year BSc Nursing students are set to explore Kudaku and Mysooru in December. Moonaar was chosen as the destination for the second-year students in December. As for the first-year students, a trip to Ooty and Kodaikinal is scheduled for January. Additionally, during the meeting, accompanying teachers for each group and tour operators were also confirmed.



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ZUMBA CLUB MEETING MINUTES

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STANDARDS OF PRACTICE

Title: Standards of Practice for Conducting Zumba Club Activities at KMCT Nursing College

Aims and Objectives:

Promote Physical Fitness: Foster a culture of physical activity and wellness among students and faculty through regular Zumba sessions.

Enhance Mental Wellbeing: Provide a space for stress relief, relaxation, and enjoyment through engaging and dynamic Zumba workouts.

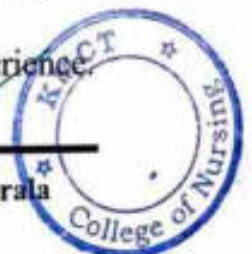
Build Community: Create a supportive and inclusive environment where members can bond over shared interests in dance and fitness.

Encourage Healthy Habits: Promote healthy lifestyle choices and habits, including regular exercise and self-care practices.

Celebrate Diversity: Embrace diversity and cultural exchange through the exploration of different dance styles and music genres in Zumba classes.

Policy:

Inclusivity: The Zumba Club will be open to all students and faculty members of KMCT Nursing College, regardless of fitness level or prior dance experience.





Safety: All Zumba sessions will be conducted under the supervision of certified instructors who will prioritize participant safety and wellbeing.

Respect: Participants will be encouraged to respect each other's boundaries and physical limitations during Zumba sessions, fostering a supportive and non-judgmental atmosphere.

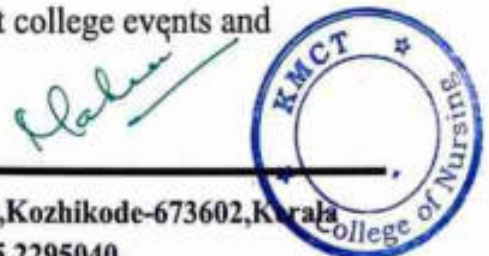
Functions:

Weekly Zumba Classes: Organize weekly Zumba classes led by certified instructors, offering participants an opportunity to engage in fun and energetic workouts.

Themed Dance Events: Host themed dance events and workshops focusing on specific dance styles or cultural traditions, providing members with exposure to diverse dance forms.

Community Outreach: Collaborate with other student clubs and organizations to organize community Zumba events and fundraisers, promoting health and wellness within the broader community.

Performance Opportunities: Provide members with opportunities to showcase their dance skills and talents through performances at college events and functions.





Educational Workshops: Offer educational workshops on topics related to fitness, nutrition, and mental health to complement Zumba sessions and promote holistic wellbeing.

Meeting Preparation:

Ensure that the venue for Zumba sessions is equipped with appropriate sound systems and dance floors conducive to movement.

Coordinate with certified Zumba instructors to plan class routines and select appropriate music playlists.

Communicate session schedules and logistical details to club members in advance to ensure maximum participation.

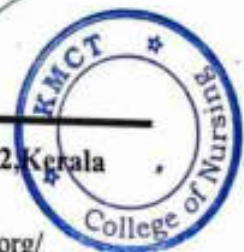
Conducting the Session:

Begin each Zumba session with a brief warm-up and introduction to the day's workout routine.

Lead participants through a series of choreographed dance moves set to upbeat music, incorporating elements of aerobic exercise and interval training.

Provide modifications and adaptations for participants of different fitness levels and abilities, ensuring inclusivity and safety.

Abhinav





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Session Conclusion:

Cool down with stretching exercises and relaxation techniques to help participants unwind and recenter.

Provide time for participants to share feedback and reflections on the session, encouraging open communication and dialogue.

Post-Session Activities:

Distribute resources and information on upcoming Zumba events, workshops, and community outreach opportunities.

Collect feedback from participants to assess session effectiveness and identify areas for improvement.

Follow up with members to provide support and encouragement in achieving their fitness and wellness goals.

Feedback and Evaluation:

Solicit feedback from participants through anonymous surveys or group discussions to gather insights on session quality and participant satisfaction.

Use feedback to inform future session planning and programming, ensuring alignment with member needs and preferences.



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Documentation:

Maintain records of session attendance, participant feedback, and any incidents or issues arising during sessions for documentation and review purposes.

Review and Revision:

Regularly review and update club policies and procedures in consultation with club members and advisors to ensure adherence to best practices and safety guidelines.

Seek input from participants and stakeholders to inform revisions and improvements to Zumba club activities and programming.





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2018-2019

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MINUTES OF ZUMBA CLUB COMMITTEE MEETING

DATE: 15.03.2018

VENUE: CONFERENCE HALL

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna T	Vice Principal/ Vice Principal	
3.	Mr Deepak m	Assistant Professor	
4.	Mrs Meethu	Assistant Professor	
5.	Ms. Dona Mohan	Lecturer	

TIME: 11-12AM

MEMBERS PRESENT

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

Aims:

Promoting Physical Well-being: The Zumba Club aims to promote physical fitness and well-being among the students of KMCT College of Nursing.



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Interdisciplinary Collaboration: Through our collaboration with the Dental College, we encourage interdisciplinary interactions and foster a sense of community among students pursuing different healthcare disciplines.

Stress Relief: We provide an outlet for students to de-stress and improve mental health through dance and physical activity.

Activities:

Zumba Sessions: Regular Zumba sessions are conducted by certified instructors. These sessions not only promote fitness but also create a fun and energetic atmosphere.

Intercollege Zumba Competitions: To encourage healthy competition and camaraderie, we organize intercollege Zumba competitions with participation from both nursing and dental college students.

Awareness Campaigns: We conduct awareness campaigns on the importance of physical activity for overall health and well-being, emphasizing its role in preventing various health issues.

Community Outreach: Our club members visit local communities to promote physical fitness and educate residents on the benefits of Zumba and regular exercise.

Guidelines:

Inclusive Participation: The club welcomes students from all backgrounds and fitness levels to ensure an inclusive and supportive environment.

Professional Instruction: All Zumba sessions are led by certified instructors to ensure safety and effectiveness.

Respect and Collaboration: We promote respect and collaboration between nursing and dental college students, fostering a sense of unity among healthcare disciplines.

Report:

In the academic year 2018, the Zumba Club at KMCT College of Nursing continued its efforts to promote physical fitness and well-being. Our collaboration with the Dental College provided a unique opportunity for students from both disciplines to come together and engage in various fitness-related activities.

Throughout the year, we conducted regular Zumba sessions, which were met with enthusiastic participation from students. These sessions not only improved physical fitness but also served as a stress-relief outlet.

Our intercollege Zumba competitions were a highlight, bringing students from both colleges together for friendly competition and interaction.

In addition to fitness activities, we organized awareness campaigns to highlight the importance of regular physical activity in maintaining good health. These campaigns also emphasized the role of healthcare professionals in promoting healthy lifestyles.

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Our community outreach initiatives allowed our club members to connect with local communities, spreading awareness about the benefits of Zumba and physical fitness.

Overall, the Zumba Club at KMCT College of Nursing remains committed to promoting physical well-being and interdisciplinary collaboration. We look forward to expanding our activities and making a positive impact on the health and well-being of our students and the communities we serve.

Secretary

Chairman

Place:

Date:

Alakeer



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Minutes of meeting held on 10/6/2018

MINUTES OF ZUMBA CLUBCOMMITTEE MEETING

DATE: 15.07.2018

VENUE: CONFERENC HALL

TIME: 2- 4 PM

MEMBERS PRESENT :

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1.	Prof . Jasna	Vice Principal	
2	Mrs .Steffy John	Associate Professor	
3.	Mrs .RakhiSeban	Associate Professor	
4.	Mrs. Lijna N P	Assistant Professor	

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

Event Planning: The committee brainstormed and organized numerous Zumba events throughout the year, including workshops, fitness challenges, and dance sessions. These activities aimed to promote physical well-being among students and staff.



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Membership Engagement: Strategies to increase club membership and participation were discussed. Initiatives such as awareness campaigns, trial sessions, and referral programs were implemented to attract more members to the club.

Collaborations: The committee explored collaboration opportunities with local fitness experts, organizing joint Zumba sessions and workshops. These collaborations aimed to enhance the quality of Zumba experiences for the members.

Feedback and Improvement: Regular feedback sessions were conducted to evaluate the effectiveness of events and gather suggestions for improvement. The committee actively implemented valuable feedback to enhance the club's activities.

Fundraising and Sponsorship: Discussions were held regarding fundraising activities and seeking sponsorships to support club events. Funds were utilized for organizing high-quality events and providing necessary resources.

Social Initiatives: The Zumba Club actively participated in social initiatives, organizing charity Zumba events to contribute to social causes and promote community well-being.

Recognition: Outstanding contributions and participation were recognized within the club. Members who actively contributed to the club's activities were appreciated and encouraged.

Conclusion:

The KMCT Nursing College Zumba Club Committee's meetings in 2018 were marked by proactive planning, enthusiastic participation, and a commitment to promoting fitness and well-being within the college community. Through various engaging events and initiatives, the club successfully created a vibrant and supportive environment for Zumba enthusiasts.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:



Mahesh

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ZUMBA CLUB COMMITTEE MEETING MINUTES 2019-2020

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MINUTES OF ZUMBA CLUBCOMMITTEE MEETING

DATE: 10.02.2019

VENUE: CONFERNECE HALL

TIME: 11-1 PM

MEMBERS PRESENT:

Sl no	Members	DESIGNTAION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3.	Mrs .Steffy John	Associate Professor	
4.	Mrs .RakhiSeban	Associate Professor	
5.	Mrs. Lijina	Assistant Professor	

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

In 2018, the KMCT Nursing College Zumba Club Committee organized diverse events like workshops, challenges, and dance sessions, aiming to enhance physical well-being among students and staff. Membership initiatives, including



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awareness campaigns and referral programs, successfully attracted new participants.

The committee collaborated with local fitness experts, elevating Zumba experiences. Regular feedback sessions drove improvements. Fundraising discussions ensured high-quality events, while social initiatives contributed to community well-being. Outstanding contributions were recognized, fostering a vibrant and supportive Zumba community within the college.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:

Alabeen





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Minutes of meeting held on 03.08.2019

MINUTES OF ZUMBA CLUB COMMITTEE MEETING

DATE: 03.08.2019

VENUE: conference hall

TIME: 2- 4 PM

MEMBERS PRESENT:

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3.	Mrs .Steffy John	Professor	
4.	Mrs. Lijina	Assi Professor	
5.	Mrs. Nennu P K	lecturer	

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

In the year 2018, the Zumba Club Committee at KMCT Nursing College curated a range of activities such as workshops, challenges, and dance sessions. These events were meticulously designed to improve the overall physical well-being of both students and staff members. To encourage participation, the committee initiated membership programs, which included impactful awareness campaigns and referral initiatives. These efforts proved successful in drawing in new members, enriching the Zumba community within the college.



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Additionally, the committee collaborated closely with local fitness experts, enhancing the Zumba experiences for all participants. Regular feedback sessions were held, allowing for continuous evaluation and subsequent improvements in the club's activities. To support these events, the committee engaged in discussions about fundraising activities and sought sponsorships. These resources were instrumental in organizing high-quality events that further elevated the Zumba Club's offerings.

Beyond the college boundaries, the Zumba Club actively participated in social initiatives, organizing charity events that contributed positively to the wider community. This not only strengthened the club's social responsibility but also created a positive impact on the well-being of the local community.

Furthermore, the Zumba Club Committee took the time to recognize and appreciate outstanding contributions from its members. This recognition not only motivated the individuals involved but also fostered a vibrant and supportive atmosphere within the Zumba community at KMCT Nursing College. The collaborative spirit, combined with these diverse activities, created an enriching experience for all participants, making the Zumba Club a hub of positive energy and well-being within the college campus.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:



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ZUMBA CLUB COMMITTEE MEETING MINUTES 2020-2021

Mahesh



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040

Email: nursing@kmct.edu.in Website: <https://www.kmctnursingcollege.org/>



KMCT COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and
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MINUTES OF ZUMBA CLUB COMMITTEE MEETING

DATE: 10.02.2019

VENUE: CONFERNECE HALL

TIME: 11-1 PM

MEMBERS PRESENT:

Sl no	Members	DESIGNTAION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof .Ambika C	Vice Principal	
3.	Mrs .Steffy John	Professor	
4.	Mrs. Lijina	Assi Professor	
5.	Mrs. Nennu P K	lecturer	

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

In 2018, the Zumba Club Committee at KMCT Nursing College curated a variety of activities, including workshops, challenges, and dance sessions, meticulously designed to enhance the physical well-being of both students and staff. Membership initiatives, featuring impactful awareness campaigns and referral programs, successfully attracted new participants, enriching the Zumba community within the college.



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Moreover, the committee closely collaborated with local fitness experts, enhancing the Zumba experiences for all participants. Regular feedback sessions facilitated continuous evaluation and subsequent improvements in the club's activities. To support these events, the committee initiated discussions about fundraising activities and actively sought sponsorships. These resources played a vital role in organizing high-quality events, elevating the offerings of the Zumba Club.

Beyond the college confines, the Zumba Club actively engaged in social initiatives, organizing charity events that positively contributed to the broader community. This not only reinforced the club's social responsibility but also had a positive impact on the well-being of the local community.

Additionally, the Zumba Club Committee made a point to acknowledge and commend outstanding contributions from its members. This recognition served as motivation for those involved and fostered a vibrant and supportive atmosphere within the Zumba community at KMCT Nursing College. The collaborative spirit, coupled with these diverse activities, created a fulfilling experience for all participants, transforming the Zumba Club into a center of positive energy and well-being within the college campus.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:

Malei



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Minutes of meeting held on 03.08.2019

MINUTES OF ZUMBA CLUB COMMITTEE MEETING

DATE: 03.08.2019

VENUE: conference hall

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof . Jasna	Vice Principal	
3.	Mrs .Steffy John	Professor	
4.	Mrs. Lijna	Assi Professor	
5.	Mrs. Nennu P K	lecturer	

MEMBERS PRESENT :

Agenda

1. Confirmation of minutes of earlier meeting
2. Planning future activities
3. Discussion on issues and reforms

In 2018, the Zumba Club Committee at KMCT Nursing College organized a variety of activities, such as workshops, challenges, and dance sessions, meticulously tailored to enhance the physical well-being of both students and staff. Membership initiatives, including impactful awareness campaigns and referral programs, successfully attracted new participants, enriching the Zumba community within the college.

Furthermore, the committee closely collaborated with local fitness experts, enhancing the Zumba experiences for all participants. Regular feedback sessions allowed continuous

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evaluation and subsequent improvements in the club's activities. To support these events, the committee initiated discussions about fundraising activities and actively sought sponsorships. These resources played a crucial role in organizing high-quality events, elevating the offerings of the Zumba Club.

Beyond the college boundaries, the Zumba Club actively participated in social initiatives, organizing charity events that made positive contributions to the broader community. This not only emphasized the club's social responsibility but also positively impacted the well-being of the local community.

Moreover, the Zumba Club Committee took the initiative to recognize and appreciate exceptional contributions from its members. This acknowledgment served as motivation for those involved and fostered a vibrant and supportive atmosphere within the Zumba community at KMCT Nursing College. The collaborative spirit, combined with these diverse activities, created a fulfilling experience for all participants, transforming the Zumba Club into a hub of positive energy and well-being within the college campus.

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Mahesh





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ZUMBA CLUB COMMITTEE MEETING MINUTES 2021-2022



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Minutes of meeting held on 09.03.2022

DATE: 09.03.2022

VENUE: conference hall

TIME: 2- 4 PM

MEMBERS PRESENT :

Sl no	Members	DESIGNATION	Signature
1	Prof . R. Mageswari	Principal	
2.	Prof .Ambika C	Vice Principal	
3.	Mrs Steffy John	professor	
4.	Mrs Lijna N P	Asso. professor	
5.	Mrs. Neenu P K	Lecturer	

Agenda

Review of Previous Events and Feedback

Planning Upcoming Zumba Sessions and Workshops

Fundraising and Budget Allocation

Community Engagement and Social Initiatives

Membership Drive and Promotional Activities



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In 2018, the Zumba Club Committee at KMCT Nursing College orchestrated a diverse array of events, such as workshops, challenges, and dance sessions, meticulously crafted to enhance the physical well-being of both students and staff. Membership initiatives, including impactful awareness campaigns and referral programs, effectively attracted new participants, enriching the Zumba community within the college.

Additionally, the committee closely collaborated with local fitness experts, enhancing Zumba experiences for all attendees. Regular feedback sessions allowed continuous evaluation, leading to ongoing improvements in the club's activities. To bolster these events, the committee initiated discussions regarding fundraising activities and actively pursued sponsorships. These resources played a pivotal role in organizing top-tier events, thereby enhancing the offerings of the Zumba Club.

Beyond the college realm, the Zumba Club actively engaged in social initiatives, organizing charity events that made significant contributions to the broader community. This not only underscored the club's social responsibility but also positively affected the well-being of the local community.

Furthermore, the Zumba Club Committee took the initiative to acknowledge and commend outstanding contributions from its members. This recognition served as motivation for those involved and fostered a vibrant and supportive atmosphere within the Zumba community at KMCT Nursing College. The collaborative spirit, coupled with these diverse activities, created a deeply fulfilling experience for all participants, transforming the Zumba Club into a focal point of positive energy and well-being within the college campus.

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All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:

Mahesh





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Minutes of meeting held on 17.10.2022

DATE: 17.10.2022

VENUE: conference hall

TIME: 2- 4 PM

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Prof .Ambika c	Vice Principal	
3.	Prof. Steffy john	Professor	
4.	Mrs Lijna N P	Asso. professor	
5.	Mrs. Neenu P K	Assi. Professor	

MEMBERS PRESENT :

Agenda:

Review of Previous Events and Feedback

Planning Upcoming Zumba Sessions and Workshops

Fundraising and Budget Allocation

Community Engagement and Social Initiatives

Membership Drive and Promotional Activities



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In 2018, the Zumba Club Committee at KMCT Nursing College meticulously planned and executed a wide range of events, including workshops, challenges, and dance sessions. These activities were thoughtfully designed not only to enhance the physical well-being of both students and staff but also to create a vibrant Zumba community within the college. The committee's proactive approach included membership initiatives, incorporating impactful awareness campaigns and referral programs, which effectively attracted new participants, thereby enriching the Zumba experience for everyone involved.

Furthermore, the committee fostered collaboration with local fitness experts, elevating the quality of Zumba sessions for all attendees. The implementation of regular feedback sessions allowed for continuous assessment, leading to ongoing improvements in the club's activities. To further bolster these events, the committee initiated discussions about fundraising activities and actively sought sponsorships. These additional resources played a pivotal role in organizing high-quality events, thereby enhancing the overall offerings of the Zumba Club and ensuring memorable experiences for its members.

The impact of the Zumba Club extended beyond the college grounds, as the committee actively participated in social initiatives, organizing charity events that made substantial contributions to the broader community. These efforts not only reinforced the club's social responsibility but also positively influenced the well-being of the local community, highlighting the club's commitment to creating a positive societal impact.



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Moreover, the Zumba Club Committee made a concerted effort to recognize and commend outstanding contributions from its members. This acknowledgment served as a motivating factor for those involved, nurturing a sense of belonging and camaraderie within the Zumba community at KMCT Nursing College. The collaborative spirit, combined with these diverse and impactful activities, created a profoundly fulfilling experience for all participants. As a result, the Zumba Club transformed into a focal point of positive energy and well-being within the college campus, enhancing not only the physical health of its members but also their overall sense of community and belonging.

Secretary

Chairman

Place:

Date:

Haleem



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ZUMBA CLUB COMMITTEE MEETING

MINUTES 2022-2023

Mahesh



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Minutes of meeting held on 25.11.2022

DATE: 25.11.2022

VENUE: CONFERENCE HALL

Sl no	Members	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. Manjula	Vice Principal	
3.	Prof. Steffy John	Professor	
4.	Prof. Lijna N P	Professor	
5.	Mrs. Neenu P K	Assistant Professor	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda

Review of Previous Events and Feedback

Planning Upcoming Zumba Sessions and Workshops

Fundraising and Budget Allocation

Community Engagement and Social Initiatives

Membership Drive and Promotional Activities



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Meeting Commencement:

The meeting was called to order by the Committee President at [Insert Time]. A warm welcome was extended to all attendees, emphasizing the importance of promoting fitness and well-being within the nursing college community.

Review of Previous Events and Feedback:

The Committee Secretary presented a summary of feedback received from the previous Zumba events. Positive responses were noted, and constructive criticism was discussed for further improvements.

Planning Upcoming Zumba Sessions and Workshops:

The Event Coordinator presented a proposal for upcoming Zumba sessions and workshops. Discussion ensued about themes, dates, and potential instructors. It was agreed to organize workshops focusing on specific Zumba styles to diversify participants' experiences.

Fundraising and Budget Allocation:

The Treasurer provided a financial report, outlining the current budget status and expenses. Discussion was held on fundraising ideas, including organizing a Zumbathon and seeking sponsorships from local businesses.

Membership Drive and Promotional Activities:

Strategies for increasing club membership were discussed, including promotional events during college orientations and utilizing social media platforms for outreach. The Committee agreed to design promotional materials highlighting the benefits of Zumba participation.

Any Other Business:



Mahesh

Committee members were assigned tasks related to event organization, fundraising, and promotional activities.



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It was decided to create a feedback survey for participants to gather opinions after each Zumba event.

The date for the next committee meeting was set for [Insert Date].

Meeting Adjournment:

The meeting was adjourned at [Insert Time] with a vote of thanks to all attendees for their active participation and dedication to the Zumba Club's mission

All the plans were rechecked and meeting adjourned at 4 pm.

Secretary

Chairman

Place:

Date:

Maleki



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Minutes of meeting held on 13.04.2023

MINUTES OF RESEARCH COMMITTEE MEETING

DATE: 13.04.2023

VENUE: CONFERENCE HALL

SL NO	MEMBERS	DESIGNATION	SIGNATURE
1	Prof . R. Mageswari	Principal	
2.	Dr. Manjula	Vice Principal	
3.	Prof. Steffy John	Professor	
4.	Prof. Lijna N P	Professor	
5.	Mrs. Neenu P K	Assistant Professor	

TIME: 2- 4 PM

MEMBERS PRESENT :

Agenda:

Review of Previous Events and Feedback

Planning Future Zumba Sessions and Workshops

Fundraising and Budget Allocation

Community Engagement and Social Initiatives

Membership Drive and Promotional Activities



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The Committee President initiated the meeting at [Insert Time], extending a warm welcome to all attendees. The emphasis was placed on the significance of promoting fitness and well-being within the nursing college community.

1. Review of Previous Events and Feedback:

The Committee Secretary presented a summary of feedback received from past Zumba events. Positive responses were acknowledged, and constructive criticism was discussed to enhance future events.

2. Planning Future Zumba Sessions and Workshops:

The Event Coordinator proposed upcoming Zumba sessions and workshops, leading to discussions on themes, dates, and potential instructors. Agreement was reached to host workshops focusing on specific Zumba styles, aiming to diversify participants' experiences.

3. Fundraising and Budget Allocation:

The Treasurer provided a financial report, detailing the current budget status and expenses. Conversations were held regarding fundraising strategies, such as organizing a Zumbathon and seeking sponsorships from local businesses.

4. Community Engagement and Social Initiatives:

The Public Relations Officer suggested organizing charity Zumba events to contribute to the local community. Ideas were exchanged on collaborating with local organizations for these initiatives.

5. Membership Drive and Promotional Activities:



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Methods for increasing club membership were discussed, including promotional events during college orientations and the use of social media platforms for outreach. The Committee agreed to design promotional materials highlighting the advantages of participating in Zumba.

Committee members were delegated tasks related to event organization, fundraising, and promotional activities.

A decision was made to create a feedback survey for participants to express their opinions after each Zumba event.

The date for the next committee meeting was scheduled for [Insert Date].

Meeting Adjournment:

The meeting concluded at [Insert Time] with gratitude extended to all attendees for their active engagement and commitment to the Zumba Club's mission.

Secretary

Chairman

Place:

Date:

Mahesh





Standard Operating Procedures (SOP)

ECO CLUB

Eco Clubs play an important role in creating environmental awareness amongst the future generation. In our college we have an eco-club which plays an important role in creating environmental awareness amongst the future generation and performs activities to save the environment, like planting trees, organizing poster competitions on various environmental issues.

Eco club is a voluntary group which promotes the participation of students in learning about, and improving their environmental means by which students and youth can organize themselves to learn more and this issue, and also take action to improve their immediate environment.

Objectives of Eco Club:-

- To educate the students about their environment.
- To create a clean and green consciousness among students through various innovative methods.
- To mobilize students towards scientific enquiry into environmental problem.
- To involve them in efforts to preserve environment.
- To motivate students how to imbibe habits and life style for minimum waste generation.

Procedure:

Organization Formation & Operation-

1. Announcements - Faculty coordinator should submit proposal to the Principal and IQAC for Approval of club for the academic year.
2. Nominations: The nominations are taken from fellow classmates and seniors in mid december

This is the best time to encourage students to sign up for your club. Clubs may sign up members at any time while the year active.

Chair person: The club moderator shall be involved in the scheduling (times, locations, etc.) of club meetings, Club members are to submit the tentative plan of event, date, and budget to the secretary. Secretary then presents the proposal to the Principal and IQAC. Coordinators must also be present at all official club meetings, events, activities, etc

Meetings: Club volunteers are required to meet at least one (1) time per 3 month and are to be as the requirements of conducting the activities/events.



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Volunteer member/President:

- a. Shall create a form for Members to indicate interest in those committee(s) they would like to serve on.
- b. Shall select volunteers for events/activities and make the names available to Committee chairs.
- c. Shall maintain the Club's inventories
- d. Shall be responsible for taking of attendance during the activities.

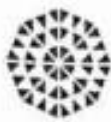
The activities include:

1. Motivate the students to keep the surroundings green and clean by undertaking plantation of trees.
2. Promote ethos of conservation of water by minimizing the use of water.
3. Motivate students to imbibe habits and lifestyle for minimum waste generation, source separation of waste and disposing the waste to the nearest storage point.
4. Educate students to create awareness amongst public and sanitary workers, so as to stop the indiscriminate burning of waste which causes respiratory diseases.
5. Sensitize the students to minimize the use of plastic bags, not to throw them in public places as they choke drains and sewers, cause water logging and provide breeding ground for mosquitoes.
6. Organize tree plantation programmes, awareness programme regarding various environmental issues and educate children about re-use of waste material & preparation of products out of waste.

Eco club can thus help to extend boundaries and scope of the formal educational system encouraging creativity, and improving students for constructive action.



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CIRCULAR FOR ECOCLUB MEETING

Date :-10/08/23

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shamna K	Lecturer Secretary	
3.	Mrs. Swetha Anand	Lecturer	
4.	Mrs. Saudath	Tutor	
5.	Ms .Ashitha	Tutor	



Signature of Secretary

Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :10/08/23

Venue :Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members present

Chairperson Mrs.Mageswari welcomed all the members to the meeting and requested the secretary of the meeting to read out the agenda

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shamna K	Lecturer ,Secretary	
3.	Mrs. Swetha Anand	Lecturer	
4.	Mrs. Saudath	Tutor	
5.	Ms .Ashitha	Tutor	



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Sl: NO	Discussion
1.	Discuss the previous programme implementation , participation and congratulate the members for making a success one
2.	Chairperson gave instruction about present programme
3.	Members share their opinion to make this programme success one
4.	Secretary divide and gave the duties and responsibilities to each members
5.	Instruct to make a plan for the programme

MRS: Shamna K

SECRETARY

Place: Manassery

Date: 10/08/23

R. Mageswar
Prof.R Mageswar

CHAIRPERSON



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CIRCULAR FOR ECOCLUB MEETING

Date :-01/05/23

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shamna K	Lecturer Secretary	
3.	Mrs. Swetha Anand	Lecturer	
4.	Mrs. Saudath	Tutor	
5.	Ms .Ashitha	Tutor	

Signature of Secretary

Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :01/05/23

Venue :Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members present

Chairperson Mrs.Mageswari welcomed all the members to the meeting and requested the secretary of the meeting to read out the agenda

Members of the committee

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SL:NO	Discussion
1.	Discuss the previous programme implementation , participation and congratulate the members for making a success one
2.	Chairperson gave instruction about present programme
3.	Members share their opinion to make this programme success one
4.	Secretary divide and gave the duties and responsibilities to each members
5.	Instruct to make a plan for the programme

MRS: Shamna K

SECRETARY

Place: Manassery

Date:

Mageswari
Prof.R Mageswari

CHAIRPERSON



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REPORT OF ACTIVITIES

Tree Plantation Drive: In June 5th 2023

Tree Plantation Drive: In June 5th 2023, the ECO Club organized a tree plantation drive in collaboration with KMCT Medical college, Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.





CIRCULAR FOR ECO CLUB MEETING

Date :-25/05/22

Venue :-Principal office

Time:-

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shibili Abraham	Asso Prof , Secretary	
3.	Ms. Athira PM	Lecturer	
4.	Mrs. Amalu	Tutor	
5.	Ms .Silpa PV	Tutor	

Signature of Secretary

Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :25/05/22

Venue :Principal office

Agenda of the meeting

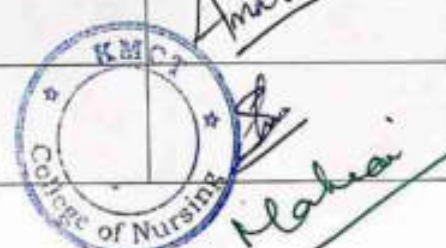
1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members present

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Members of the committee

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2.	Mrs. Shibili Abraham	Asso Prof , Secretary	
3.	Ms. Athira PM	Lecturer	
4.	Mrs. Amalu	Tutor	
5.	Ms .Silpa PV	Tutor	



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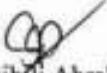
Email:nursing@kmct.edu.inWebsite: <https://www.kmctnursingcollege.org/>



KMCT COLLEGE OF NURSING

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SL: NO	Discussion
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2.	Chairperson gave instruction about present programme
3.	Members share their opinion to make this programme success one
4.	Secretary divide and gave the duties and responsibilities to each members
5.	Instruct to make a plan for the programme


Mrs. Shibli Abraham

SECRETARY

Place: Manassery

Date: 25/05/22


Prof. R Mageswari

CHAIRPERSON



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REPORT OF ACTIVITIES

TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/22

As a part of world environment day celebration, on June 5th 2022, KMCT College of Nursing staff and students in association with Eco club and IQAC has planted tree saplings and vegetable seedling at campus of KMCT CON, including brinjal, spinach, pineapple, ladies' finger, tomato, green chilly etc.

The environment day theme was "Living in harmony sustainably with nature #only one Earth". And we removed all the plastic waste from campus and we made the campus a plastic free campus. And started the campaign of green campus and started the work to enhance the previously started garden.



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CIRCULAR FOR ECO CLUB MEETING

Date :-25/05/21

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shibili Abraham	Asso Prof , Secretary	
3.	Ms. Athira PM	Lecturer	
4.	Mrs. Amalu	Tutor	
5.	Ms .Silpa PV	Tutor	



Signature of Secretary

Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :25/05/21

Venue :Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members present

Chairperson Prof.R Mageswari welcomed all the members to the meeting and requested the secretary of the meeting to read out the agenda

Members of the committee

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1.	Prof.R Mageswari	Principal Chairperson	
2.	Mrs. Shibili Abraham	Asso Prof, Secretary	
3.	Ms. Athira PM	Lecturer	
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3.	Members share their opinion to make this programme success one
4.	Secretary divide and gave the duties and responsibilities to each members
5.	Instruct to make a plan for the programme


Mrs..Shibili Abraham

SECRETARY

Place: Manassery

Date:25/05/21


Prof.R Mageswari
CHAIRPERSON


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REPORT OF ACTIVITIES

TREE PLANTATION AND VEGETABLE SEEDLING

DATE-5/06/21

In honor of World Environment Day on June 5th, 2021, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, conducted the following activities:

Tree and Vegetable Plantation: Students and staff planted tree saplings and vegetable seedlings on the campus to support ecosystem restoration. Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.

Campus Cleaning: A thorough campus cleaning drive was undertaken to maintain cleanliness and hygiene.

Green Campus Campaign: The college initiated a "Green Campus" campaign to promote sustainability and eco-consciousness among the college community.

Garden Enhancement: Efforts began to improve an existing garden, adding to the greenery and visual appeal of the campus.

These activities showcased our commitment to environmental preservation, fostering a cleaner, greener, and more sustainable campus environment.



Mahesh



CIRCULAR FOR ECO CLUB MEETING

Date :-27/05/20

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mr. Raldin George	Asst Prof , Secretary	
3.	Mrs.Candis	Lecturer	
4.	Mrs. Shamna	Tutor	
5.	Mrs. Reshmi R	Lecturer	



Signature of Secretary

Signature of the Chairperson



MINUTES OF ECO CLUB MEETING

Date :27/05/20

Venue :Principal office

Agenda of the meeting

- 1.Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members.
4. Others

Members present

Chairperson Prof.R Mageswari welcomed all the members to the meeting and requested the secretary of the meeting to read out the agenda

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Mr. Raldin George

SECRETARY

Place: Manassery

Date:27/05/20


Prof. R. Mageswari

CHAIRPERSON



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REPORT OF ACTIVITIES

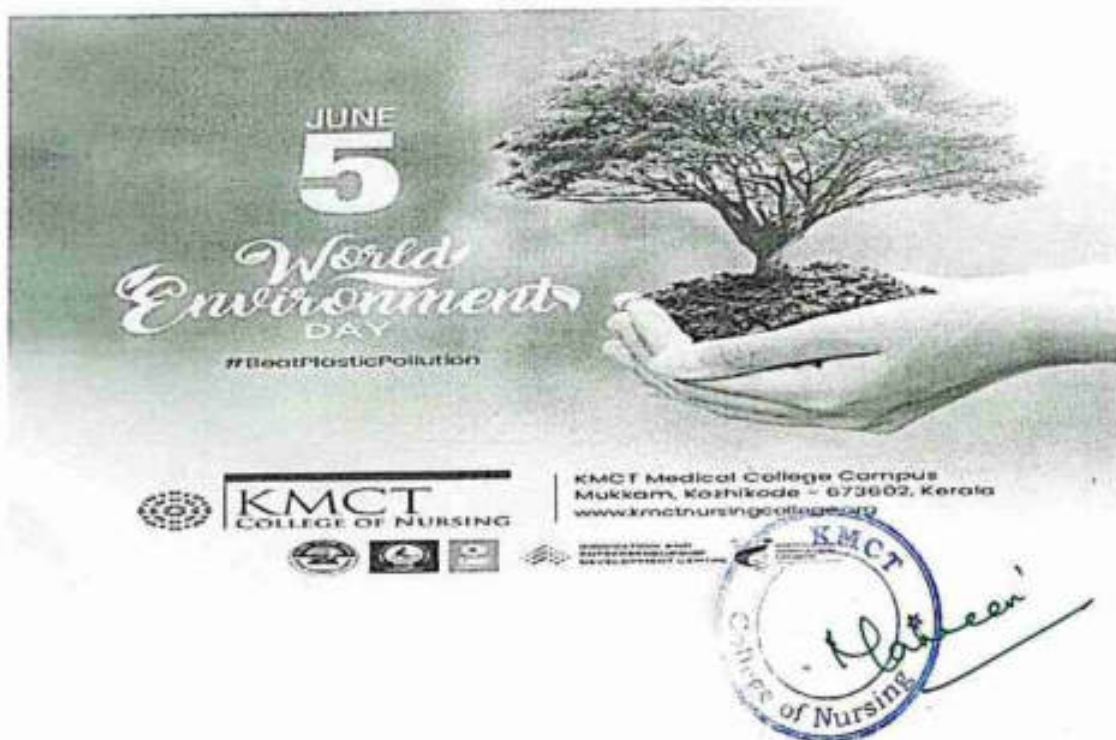
TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/2020

In celebration of World Environment Day on June 5th, 2020, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, undertook the following initiatives:

Tree and Vegetable Plantation: Students and staff joined forces to plant tree saplings and various vegetables on the campus, promoting greenery and sustainable agriculture.

It's heartening to report that the initiatives undertaken on World Environment Day in June 2020 have continued successfully throughout the year with active participation from both faculty and staff



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CIRCULAR FOR ECO CLUB MEETING

Date :-09/09/20

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mr. Raldin George	Asst Prof , Secretary	
3.	Mrs.Candis	Lecturer	
4.	Mrs. Shamna	Tutor	
5.	Mrs. Reshmi R	Lecturer	

Signature of Secretary



Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :09/09/20

Venue :Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
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Mr. Raldin George

SECRETARY



Prof. R. Mageswari

CHAIRPERSON

Place: Manassery

Date: 09/09/20

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REPORT OF ACTIVITIES

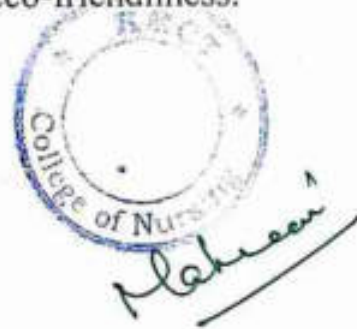
Plastic Pollution Solution and Green Campus Campaign

DATE:17/09/2020

Plastic Pollution Solution: Aligned with the theme of "solution to plastic pollution," the campus was cleared of all plastic waste, leading to the declaration of a plastic-free campus.

Green Campus Campaign: A "Green Campus" campaign was initiated to instill eco-consciousness among the college community and encourage environmentally friendly practices.

Garden Enhancement: Efforts commenced to improve an existing garden, further contributing to the campus's aesthetics and eco-friendliness.



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REPORT OF ACTIVITIES

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REPORT OF ACTIVITIES

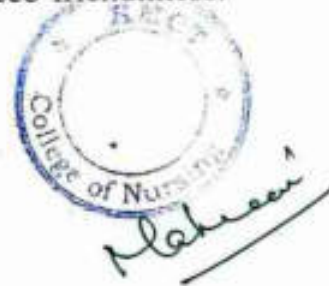
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CIRCULAR FOR ECO CLUB MEETING

Date :-01/03/19

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	
2.	Mr. Raldin George	Asst Prof , Secretary	
3.	Mrs.Candis	Lecturer	
4.	Mrs. Shamna	Tutor	
5.	Mrs. Reshmi R	Lecturer	

Signature of Secretary

Signature of the Chairperson

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MINUTES OF ECO CLUB MEETING

Date :01/03/19

Venue :Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members present

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Mr. Raldin George

SECRETARY

Prof. R Mageswari

CHAIRPERSON



Place: Manassery

Date: 01/03/19

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REPORT OF ACTIVITIES

TREE PLANTATION AND PLASTIC AWARENESS CAMPAIGN

DATE:05/03/19

ECO Club at KMCT College of Nursing was actively engaged in a series of impactful environmental initiatives and activities. Here is a summary of our key activities throughout the year:

Tree Plantation Drive: To enhance the green cover of our campus and promote biodiversity, we organized multiple tree plantation drives. Hundreds of tree saplings were planted by our dedicated members, students, and staff members.

Plastic Awareness Campaign: Recognizing the pressing issue of plastic pollution, we conducted a comprehensive awareness campaign throughout the year. This campaign included informational sessions on the harmful effects of plastic on the environment and strategies for reducing plastic usage.

Waste Management Initiatives: We actively participated in waste management efforts on our campus. We organized waste segregation drives and recycling programs to minimize our environmental footprint.



Mahesh



CIRCULAR FOR ECO CLUB MEETING

Date :-01/06/19

Venue :-Principal office

Agenda of the meeting

1. Review of previous programme
2. Plan present nature programmes
3. Delegation of duties to the members
4. Others

Members of the committee

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1.	Prof.R Mageswari	Principal Chairperson	
2.	Mr. Raldin George	Asst Prof, Secretary	
3.	Mrs.Candis	Lecturer	
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Signature of Secretary

Signature of the Chairperson



MINUTES OF ECO CLUB MEETING

Date :01/06/19

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Mr. Raldin George

SECRETARY

Place: Manassery

Date:01/06/19


Prof. B. Mageswari



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REPORT OF ACTIVITIES

CLEAN-UP DRIVES AND CELEBRATION OF ENVIRONMENTAL DAYS

DATE:05/06/19

Clean-up Drives: Several campus clean-up drives were organized to maintain a clean and litter-free environment.

Celebration of Environmental Days: We actively celebrated World Environment Day, Earth Day, and other significant environmental observances. These celebrations included various events, exhibitions, and interactive activities.

Community Outreach: The ECO Club extended its efforts beyond the campus by engaging with local communities and schools. We conducted environmental awareness programs and activities to promote environmental consciousness in the broader community.

These activities throughout 2018-2019 reflect our ongoing commitment to environmental conservation and sustainability. The ECO Club at KMCT College of Nursing remains dedicated to promoting eco-consciousness and actively contributing to a cleaner, greener, and more sustainable environment.

Alabina