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## TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attachment documents is  
verified by me and is true to the best of my knowledge.

*Alabeed*



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## 2.3.1

### Patient directed learning

*Mahesh*



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MANASSERY, MURKAM - 673 603, KOZHIKODE



INNOVATION AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE



INSTITUTION  
ACCREDITED  
COUNCIL

## Certificate of Completion

*This is to certify that Mr/Miss/Mrs. SALBEENA SHERIN has  
Successfully completed Basic Life Support initial certification course, skill practicing and  
testing conducted by an authorized (APCA) BLS/ACLS instructors.*

*[Signature]*  
Dr. Muhammad Fatin KDP



*[Signature]*  
Dr. Rajan Varghese



*[Signature]*  
Prof. R. Manojkumar  
Principal, KMCT College of Nursing

567

# BCLS MODULE

Submitted by

Sateekha Shetty  
IIIrd Sem Bsc Nsg  
KMCT CON

Ashika  
22/11/22



Submitted to,  
Mrs. Ashika  
Nursing tutor  
KMCT CON

*(Signature)*

# INTRODUCTION

As a part of my adult health nursing clinics we have attended the class of Dr. Fabio & Dr. Nijin at KMCT collage of Nursing regarding the Basic life Support for oxygenating the brain & heart until appropriate definite medical treatment can restore normal heart & ventillary action



*[Handwritten signature]*

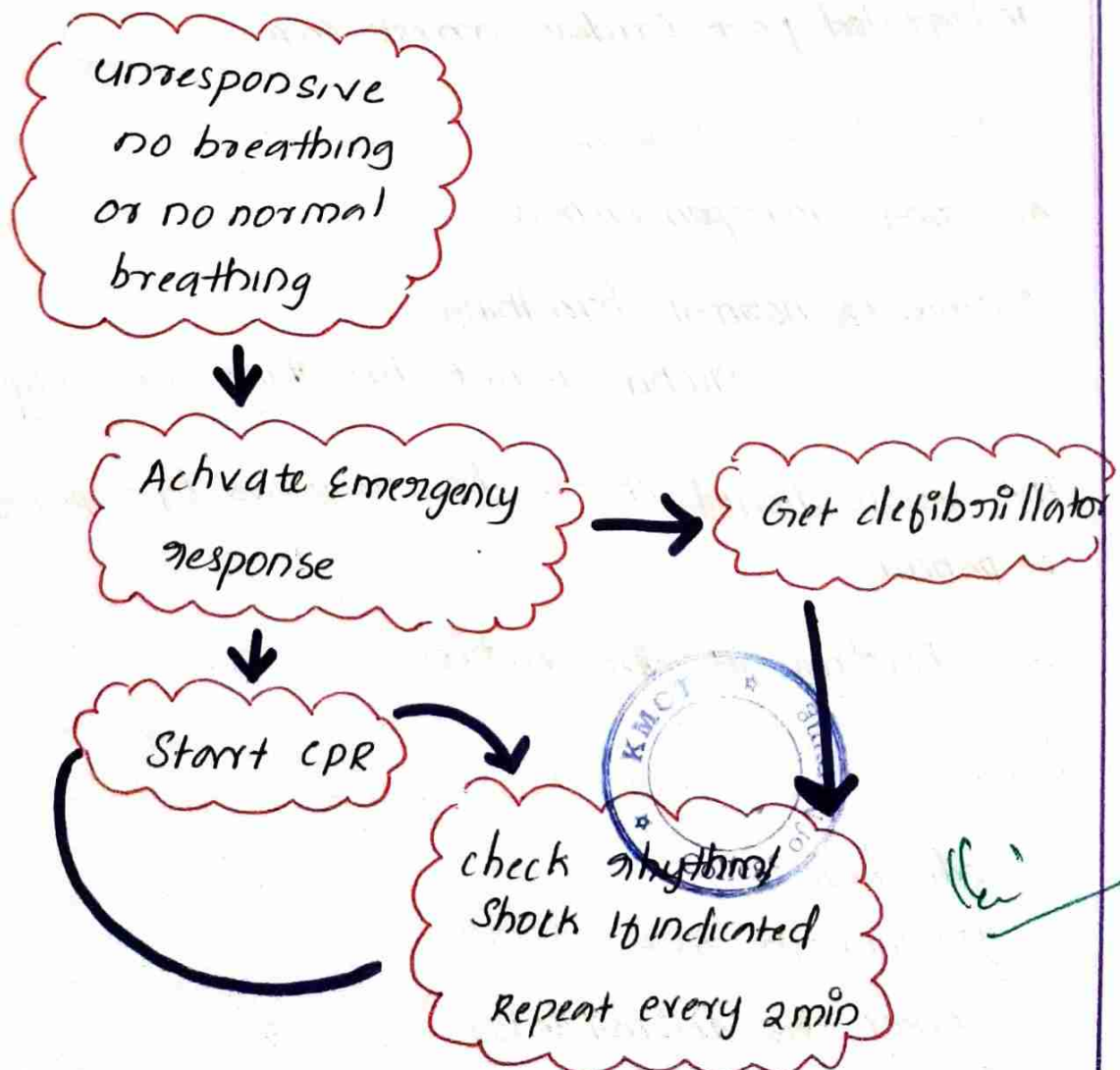
## Introduction:

Basic life support is the foundation for saving lives following cardiac arrest

## Definition:

this is the technique of basic life support for oxygenate the brain and heart until appropriate definitive medical treatment can restore normal heart and ventilatory actions

## Simplified adult BLS:-



## Fundamental aspect of BLS:

Immediate recognition of Sudden cardiac arrest (SCA)  
Activation of the emergency response system.

Early cardio pulmonary resuscitation.

Rapid defibrillation.

Immediate recognition of cardiac arrest & activation of  
emergency response system

Early CPR that emphasizes chest compression

Rapid defibrillation if indicated

Effective advanced life support

Integrated post cardiac arrest care.

## Immediate recognition of SCA.

Assessing unresponsiveness

Absence of normal breathing

• victim is not breathing or only gasping

The rescuer should check the response by tapping the shoulder  
of patient

and shouting at the victim.

## Activation of the emergency response system.

code blue

get a crash cart

connect the defibrillator



## check for breathing and pulse

check for.

- absence of normal breathing
- patient is not breathing or only gasping

## Pulse check:

- At least for 5 sec
- Take no more than 10 sec to check for a pulse
- If the rescuer does not definitely feel the pulse in that time period the rescuer should start chest compression.

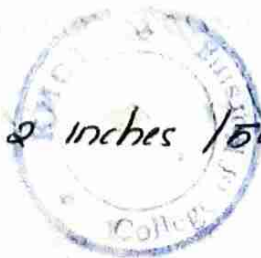
## Early CPR.

- chest compression
- consist of forceful rhythmic application of pressure over lower half of sternum.
- create blood flow by increasing the intra-thoracic pressure and directly compressing the heart
- generate blood flow & oxygen delivery to the myocardium & brain

## Push hard & push fast:

Rate of at least 100 compression/minute & not more than 120/min.

compression depth of at least 2 inches / 5cm  
not more than 6cm.



*Handwritten signature or mark.*



## Complete recoil

Allow complete recoil of the chest after each compression  
Allow the heart to fill completely before the next compression

## Chest compressions

- To maximise the effectiveness of chest compression.
- Place the victim on a firm surface when possible.
- Supine position
- Rescuer kneeling besides the victim's chest (eg: out of hospital) or standing besides the bed (eg: in hospital)
- Use back board.
  - Rescuer should place the:
    - heel of one hand on centre (middle) of the victim's chest (which is the lower half of the sternum)
    - The heel of other hand on top of first so that the hands are overlapped & parallel
    - sternum should be depressed 2 inches (5cm)
    - chest compression & chest relaxation times are approximately equal.

## Minimize Interruption.

Should attempt to minimize the frequency & duration of interruption in compression  
maximize the number of compression delivered per minute



WJ

## Mouth - Mouth rescue breathing.

- open the victims airway
- pinch the victims nose
- create an airtight mouth to mouth seal
- give 1 breath over 1 sec (take a regular (not a deep breath))
- give second rescue breath over 1 sec.

## Ventilation with Bag and mask:

- Bag mask device:
- most effective when provided by 2 trained & experienced rescuers
- adult (1 to 2L) bag to deliver approximately 600ml tidal volume

## child CPR:

### Steps in CPR

- check / verify for safety.
- check for response by tapping on feet
- feel brachial pulse
- observe for respiration
- compression ratio.

one rescuer : 30 : 2

two rescuer : 15 : 2

depth - 4cm

using 2 fingers method & thumb method.



*Arjun*

## Compression: Ventilation Ratio.

compression - ventilation ratio 30:2 is reasonable in adult

### Advanced airway:

- 2 rescuers no longer needed to pause chest compressions for ventilation.
- continuous chest compression at a rate of at least 100/min with out pauses.
- ventilation - provide a breath every 6 to 8 sec

### Airway:

CAB rather than ABC

initiation of chest compression before ventilation

open the airway

> head tilt - chin lift technique

> Jaw thrust

Adjuvants

• OPA

• NPA

### Rescue breaths:

deliver each rescue breath over 1 sec

compression to ventilation ratio of 30 chest compressions to a ventilation.



## Conclusion:

As a part of my adult health clinical posting we attended the class of Mr. Fabio & Dr Nijin at KMCT collage of nursing regarding Basic life support on 19/6/23. After the class we got knowledge regarding adult & child BLS.





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KMCT COLLEGE NURSING  
II SEMESTER B.S. NURSING  
NURSING FOUNDATION II

## EVALUATION PROFORMA FOR NURSING CARE PLAN

Name of the student: *Vibop V*

Year: *Final year*

Name of the patient: *Mr. Bano* Age: *81* Sex: *Male*

Diagnosis: *coronary artery disease*

Ward: *Male medical ward*

Date of nursing care given From: To:

SL.NO	CRITERIA	SCORE ALLOTTED	SCORE OBTAINED
1.	Assessment and collection of data as per format	1	1
2.	Develop nursing diagnosis relevant to patient data	1	1
3.	Develop appropriate objectives	0.5	0.5
4.	Develop appropriate nursing interventions with scientific rationale	1	1
5.	Provides care on priority basis	2	1
6.	Evaluates the nursing care	1	0.5
7.	Neatness of the written material	0.5	0.5
8.	Completeness of the content	0.5	0.5
9.	Submission of pre plan by 24 hours	0.5	0.5
10.	Submission of final copy by 03 days	1	1
11.	Reference	1	0.5
	Total	10	8

Date: *11/1/23*

Signature of the Evaluator  
*Mohan*

Signature of the student  
*Vibop V*





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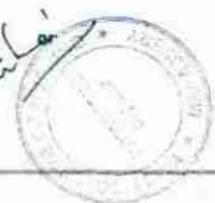
# CARE PLAN OF M<sub>r</sub>. BALAN WITH CORONARY ARTERY DISEASE

Submitted to  
Mrs Anantha-AR  
Lecturer  
KMCT CON

Submitted  
12/11/23

Submitted By  
Vibin PV  
BSc Nsg  
KMCT CON

Submitted on 12/11/23





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## Patient Details

Name: Mr. Balar

Age: 81 yrs

Gender: Male

Address: Mullaargazapatti  
Kannur

Educational level: 6<sup>th</sup> std

Occupation: Agriculture

Marital status: Married

Religion: Hindu

Date of admission: 5/1/23

IPNO: 362451

Record: Male medical record

Diagnoses: Coronary artery disease  
acute

Chief complaints: Cough, throat pain - 3 days  
Dyspnoea - 1 week

## Present medical History

Mr. Balar 81 yrs of age was admitted to  
KMC hospital with chief complaints of  
cough, throat pain, pain during walking,  
spitting since 3 days he is brought  
in to the male medical record under  
care of Dr. Prasanth etc



significance and also blood test and MRI scans  
to understand more thoroughly. such history  
criteria, lab tests, lab reports, etc.

### Past medical history

Mr. Kumar has past history of osteoarthritis  
arthritis and hypertension since 2 years.  
He has no other heart disease. He has no  
past history of allergies and has a past  
history of CAD.

### Past surgical history

Mr. Kumar has past surgical history that is  
angiogram since 10 days.

### Present surgical history

Mr. Kumar has no present surgical history.

### Personal history

Mr. Kumar has no bad habits like smoking, alcohol  
etc. He can take <sup>non veg</sup> food but he  
doesn't take more. His bowel pattern is not  
normal. He is <sup>that is constipation</sup> a bit of a person. He is about  
he is able to do his daily activities.

### Family history

Mr. Kumar belongs to a nuclear family. There  
are 5 members in his family. They maintain  
good relationship and they have no  
communicable disease. They are healthy.

Mohini





beg.

□ - male  
○ - female  
■ - attached

Name	Relationship with client	Age	Educational/Professional qualifications	Occupation
Sukhmani	wife	70	5th std	unemployed
manoj	son	53	12	business
manja	daughter	46	BCA	unemployed
Divya	granddaughter	15	SSIC	student

Socioeconomic status

Mr. Kumar is 31 year old male belongs to a middle class family they have no physical facilities. His son is the bread winner of family they have their house and all facilities like transportation, capital etc.

physical Examination

General appearance

Consciousness: conscious

orientation: oriented to time, place and person

signs of distress: fatigue, pain

Posture and gait: Movement is possible

Hygiene and grooming: Good hygiene and dress



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Neck  
appearance - normal  
Thyroid - palpable  
Trachea - midline

Chest  
Shape - symmetrical  
Lung sound - clear lung sound, crackles heard  
at some level  
Heart sound - S<sub>1</sub> & S<sub>2</sub> sound heard

Abdomen  
Shape - flat  
Bowel sound - audible  
Fluid collection & organomegaly absent


Genitalia  
male genitalia - no lesions, discharge  
Anus & Rectum - no abnormalities

Back  
spinal curvature - normal  
vertebrae - intact  
Lesions - not present

Extremities  
Biceps pattern - normal, but no scuff test  
Bladder pattern - incontinent

Extremities  
size and shape - No abnormalities  
ROM - Normal, possible

Maleen





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Eyes  
Eye brows - symmetrical  
Eye lashes - about long (N)  
Sclera - bright white  
Conjunctiva - pale pink  
Cornea hds - normal  
Pupils - PERLA  
Eye movement - possible  
Lacrimal gland - no tenderness  
Veins - Normal

Nose  
Size and shape - slightly long  
Septum - no deviation, normal  
Nasal mucosa - no discharge  
Patency - patent  
+ NO sneezes tenderness

Ears  
Pinnae - symmetrical  
Ear canal - no discharge  
hearing - possible

Mouth & pharynx  
Lips - pink  
Gums - pale <sup>in colour, each plaque</sup> ~~glossy blackish~~  
Gums - no bleeding  
Buccal cavity - soft  
Tongue - pale pink  
Gonads - no redness  
Uvula - mobile

*Malee*





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Inspection of head: Pink  
 speech: Underdeveloped but clear  
 by

Vital signs

Vital	pt Value	Normal Value	Remarks
Temp	97.3°F	98.6°F	Normal
Resps	38 bpm	12-20 bpm	Tachypnea
Pulse	76 bpm	60-100 bpm	Normal
BP	120/80 mmHg	120/80 mmHg	Normal

Anthropometric data  
 Height = 166 cm  
 weight = 67 kg  
 $BMI = \frac{67}{(1.66)^2} = \frac{67}{2.75} = 24.3 \text{ kg/m}^2$

Inference:  
 Normal BMI

Skls

Colour & Vascularity: light brown  
 Moisture: dry  
 Texture: smooth  
 Gurgles: Not normal  
 Lesions: Not present

Nails

shape: convex  
 colour: light pink  
 Glend and scarp  
 \* Normal skull size  
 \* pedicules & dandruff - Absent  
 \* Hair white in colour  
 \* Face -> round in shape

Haleem



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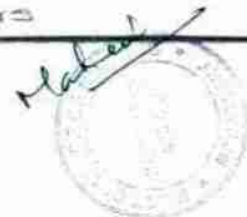
Nervous system  
 mental system - alert and oriented  
 motor function - possible  
 sensory function - normal  
 Reflexes  
 Biceps, triceps, patellar and plantar - both are elicited

### Investigations

Investigations	pt Value	Normal Value	Remarks
sodium	112.3	136-146	Decreases (Hyponatremia)
Potassium	5.49	3.5-5.2	Increases (Hyperkalemia)
RBC	4.12	4.5-5.1	decreases
PCV	32.8	40-50	decreases
MCV	80	83-101	decreases
Total WBC count	12.5	4-10	Increases Infections

### Medications

Drug name	dose	route	Freq	action
log cetirizine	1g	IV	BD	antihistamine
q Lipidase			q-10	antiplasmodic
q paracetamol	400		q-6	antipyretic/analgesic
q Atorvastatin	40		q-1	Low cholesterol level
q Amlodipine	2.5		q-1	calcium channel blockers





### Systemic Examination

#### Respiratory system

Inspection - respiratory rate 24 bpm

shape & symmetry - symmetrical, distended

Nasal septum - midline

movement of chest wall - possible

palpation - crepitations present

Auscultation - adventitious sound

percussion - resonant sound

#### Cardiovascular system

Inspection - No edema

Palpation - pulse and heart rate normal (76)

Percussion - dull sound

Auscultation - S<sub>1</sub> & S<sub>2</sub> sound heard

#### Gastrointestinal system

Inspection - Fully in abdomen (appetite)

Palpation - tenderness

Auscultation - bowel sound present

Percussion - tympanic sound

#### Renal system

Inspection - Urine colour pale yellow

urine output - 400 ml (incontinent)

Hydratrol status - Hydrated

#### Musculoskeletal system

Inspection: extremities are symmetrical

palpation: muscle strength 3/5





### Patient's problems

- \* Cough
- \* pain
- \* Fatigue
- \* activity intolerance
- \* Imbalanced nutrition

### Nursing Diagnoses

- 1) Ineffective airway clearance related to fluid accumulation in lungs as evidenced by ~~productive~~ <sup>productive</sup> cough
- 2) Acute pain related to dysphagia as evidenced by fatigue
- 3) Fatigue related to dysphagia as evidenced by sleepiness, tiredness.
- 4) activity intolerance related to fatigue as manifested by irritability and facial grimace.
- 5) Imbalanced nutrition less than body requirements related to dysphagia as evidenced by fatigue.





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Prevention	Plan	Do	Act	Review	Evaluation	Reflection
1. Maintain good hygiene 2. Wash hands with soap 3. Avoid contact with infected persons 4. Use face masks 5. Avoid crowded places 6. Get vaccinated	1. Identify the risk factors 2. Set priorities 3. Develop strategies 4. Allocate resources 5. Monitor progress	1. Implement the plan 2. Monitor the situation 3. Adjust the plan as needed 4. Document the process 5. Evaluate the outcomes	1. Compare the actual results with the expected outcomes 2. Analyze the reasons for any deviations 3. Identify the strengths and weaknesses 4. Learn from the experience	1. Reflect on the process and outcomes 2. Identify the lessons learned 3. Develop a plan for improvement 4. Share the experience with others	1. Assess the effectiveness of the plan 2. Identify the areas for improvement 3. Develop a plan for improvement 4. Implement the plan and evaluate the outcomes	1. Reflect on the overall experience 2. Identify the lessons learned 3. Develop a plan for improvement 4. Share the experience with others

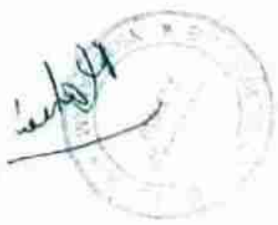




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Assessment	Strengths	Weak	Proposed	Organize	Intervention	Conclusion
<p>no cost            management            program            activities</p>	<p>the cost            for each            organized            needs are</p>	<p>difficult            to target            to working            people</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>
<p>no cost            management            program            activities</p>	<p>the cost            for each            organized            needs are</p>	<p>difficult            to target            to working            people</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>
<p>no cost            management            program            activities</p>	<p>the cost            for each            organized            needs are</p>	<p>difficult            to target            to working            people</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>	<p>BCW            → Drugs            → Drugs            → Drugs</p>





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Prevention	Diagnosis	Prognosis	Management	Therapy	Monitoring	Documentation
<p>Prevention:-            1. Avoid contact with infected persons.            2. Use face mask and gloves.            3. Maintain good hand hygiene.            4. Avoid sharing personal items like cups, water bottles, etc.</p>	<p>Diagnosis:            1. Sudden onset of fever.            2. Headache.            3. Muscle aches.            4. Nausea and vomiting.            5. Diarrhoea and watery stool.</p>	<p>Prognosis:            1. Generally self-limiting.            2. Most patients recover within 5-7 days.            3. Complications are rare.</p>	<p>Management:            1. Supportive care.            2. Fluid intake.            3. Analgesics for pain.            4. Antiemetics for vomiting.            5. Antidiarrheals for diarrhoea.            6. Isolation to prevent spread.</p>	<p>Therapy:            1. Paracetamol for fever and pain.            2. Oral rehydration solutions.            3. Zinc supplements.            4. Antibiotics if bacterial infection is confirmed.</p>	<p>Monitoring:            1. Monitor temperature.            2. Monitor hydration status.            3. Monitor stool characteristics.            4. Monitor vomiting.            5. Monitor level of consciousness.</p>	<p>Documentation:            1. Vital signs.            2. Symptoms and signs.            3. Interventions performed.            4. Patient response.            5. Education provided.</p>





## Health Education

### Diet

- + Instruct the patient to have soft diet
- + Advise patient to avoid spicy food
- + Encourage patient to take more fluids  
may be hot fluids

### Sleep & Rest

- + Instruct patient to have warm milk before  
to sleep
- \* Instruct patient to have warm milk before  
sleep
- + Instruct patient to have healthy diet  
before bed time
- + provide a warm and quiet environment

### Follow up

- + Instructed patient to have warm milk  
before sleep
- \* Advise patient to avoid spicy food
- \* Advise patient to take medication in  
correct time, dose and frequency
- + Instruct patient to do deep coughing exercise





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19.0000	<p>19.0000 20.0000 21.0000 22.0000 23.0000 24.0000 25.0000 26.0000 27.0000 28.0000 29.0000 30.0000 31.0000 32.0000 33.0000 34.0000 35.0000 36.0000 37.0000 38.0000 39.0000 40.0000 41.0000 42.0000 43.0000 44.0000 45.0000 46.0000 47.0000 48.0000 49.0000 50.0000 51.0000 52.0000 53.0000 54.0000 55.0000 56.0000 57.0000 58.0000 59.0000 60.0000 61.0000 62.0000 63.0000 64.0000 65.0000 66.0000 67.0000 68.0000 69.0000 70.0000 71.0000 72.0000 73.0000 74.0000 75.0000 76.0000 77.0000 78.0000 79.0000 80.0000 81.0000 82.0000 83.0000 84.0000 85.0000 86.0000 87.0000 88.0000 89.0000 90.0000 91.0000 92.0000 93.0000 94.0000 95.0000 96.0000 97.0000 98.0000 99.0000 100.0000</p>	<p>10.0000 11.0000 12.0000 13.0000 14.0000 15.0000 16.0000 17.0000 18.0000 19.0000 20.0000 21.0000 22.0000 23.0000 24.0000 25.0000 26.0000 27.0000 28.0000 29.0000 30.0000 31.0000 32.0000 33.0000 34.0000 35.0000 36.0000 37.0000 38.0000 39.0000 40.0000 41.0000 42.0000 43.0000 44.0000 45.0000 46.0000 47.0000 48.0000 49.0000 50.0000 51.0000 52.0000 53.0000 54.0000 55.0000 56.0000 57.0000 58.0000 59.0000 60.0000 61.0000 62.0000 63.0000 64.0000 65.0000 66.0000 67.0000 68.0000 69.0000 70.0000 71.0000 72.0000 73.0000 74.0000 75.0000 76.0000 77.0000 78.0000 79.0000 80.0000 81.0000 82.0000 83.0000 84.0000 85.0000 86.0000 87.0000 88.0000 89.0000 90.0000 91.0000 92.0000 93.0000 94.0000 95.0000 96.0000 97.0000 98.0000 99.0000 100.0000</p>
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<p>10:30am</p>	<p>വൈദ്യശാസ്ത്ര പരിചരണം</p>	<p>2:30</p>
<p>10:00 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	
<p>9:30 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	
<p>9:00 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	
<p>8:30 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	
<p>8:00 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	
<p>7:30 am</p>	<p>പ്രൊഫ. സി. ജി. ജോർജ്ജ്</p>	



Progress Note

5/1/23

Ms Anusri 81 years old female admitted to local hospital with chief complaints of cough, pain & fever 3 days. Respiratory system not clear. She received general medicine doctor to be administered medicals such as Iq, Cellcept, I. Diemer, I. parlop, I. arona, I. Amio

6/1/23

Ms Anusri 81 years old female has now decreased effectiveness of cough and pain now she feels slight relief from pain & encourage more water to intake

7/1/23

Ms Anusri has got relief from pain and cough she feels comfortable now health is improved

KLATIA



### Case history

Mr. Gaurav was admitted to hospital at 10  
at chief complaints of regurgitation, dysphagia  
since 3 days. He consulted the doctor previously  
he takes medications Imipenem, 4 Levofloxacin,  
4 amoxicillin, 4 paracetamol, 4 Atonax. He has regular  
as dietary pattern. now she get relief  
from pain, dysphagia and cough.

### Bibliography

- \* Medical surgical nursing, Naranjo-11, 12th Edition, second south Asia Edition, page no: 1524-1539
- \* Nursing Case plan, 10th Edition, Elsevier's publication page no: 11-13, 55-57





## History Collection.

Name : Mis. prajanya

Age : 15 yrs.

Sex : Female.

Religion : Hindu.

Marital status : unmarried.

Occupation : Nil.

Language : Tamil.

D.O.A : 10.01.23.

Informant : Mother.

Reliability of information : Reliable.

Adequacy : Adequate.

### Chief complaints

Patient version : I am not feeling well.

Informant version : Informant says that she has irritability & restlessness & disturbed sleeping, since 2 months.







## Present health history

Mrs. priyanka 34yos old female, was admitted to Mental health centre kalhayanattam on 10.01.23, with chief complaints of irritability, irrelevant talk, night, disturbed sleeping since 2 months. After consulting the doctor, he advised for certain investigations such as blood test, HSG etc. Finally diagnosed as psychosis. Now she is on medication such as T. Escitalopram 20mg, T. Haloperidol 100mg, inj. Serenace 5mg

## Past health history

Mrs. priyanka 34yos have history of similar illness 3yos back. & she is on medication & consulted in outly mental hospital on past 3yos.

## Past Medical & surgical history

Mrs. priyanka has no significant past Medical or surgical history

## family history

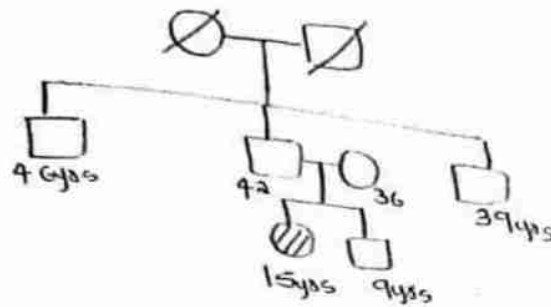
Mrs. priyanka belongs to nuclear hindu family. Father's mother also have similar episodes of illness. Family members maintain good relationship with friends & others.





## Family Pedegree

86



### Key

- ∅ - dead female
- ◻ - dead male
- - female
- ◻ - male
- ⊗ - sexual partner

## Personal history

### prenatal & perinatal history

Mrs. priyanka was born as FTNVD. cried soon after the birth. there is no history of infections or any other complications.

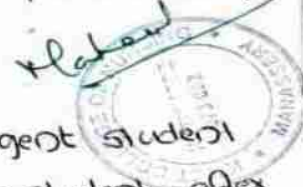
### Infancy

there is no neonatal infections & no problems with behavioural pattern. normal developmental milestones childhood & Adolescence.

there is Abnormal behaviour is shown. she had love failure. not able to maintain proper friendship.

### Educational history

Mrs. priyanka was a good intelligent student since the class of 8. she is the top student. after 8<sup>th</sup> std she get back of studying & other extra-curricular activities





## Paenothbid pessonality

Interpersonal relationship : extrovert.

Family & social relationship : Good.

use of leisure time : listening Music.

paedominant mood : cheerful

attitude towards self : negative, lack of confidence.

Fantasy life : present.

Eating pattern : Normal.

Sleeping pattern : Normal.

## Mental status examination.

### General appearance.

Cost : steady

Physical features : looks normal, normal height & weight.

Body posture : Normal

Clothing : appropriate with climate, not fitting.

Hair & nails : Not much clean.

Eye contact : maintained eyecontact.

Attitude towards examiner : Appropriate

Rapport ✓ : over familiarity





# KMCT

## COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and Midwives Council & affiliated to Kerala University of Health Sciences

Relevance : irrelevant.  
coherence : incoherent.  
volume : loud.  
Rate : increased.  
Tone : high pitch.  
rhythms : fast.  
Reaction time : increased.

### mood & affect

Q. What do you feel now?

A. I am so tired.

### inference

Quality of mood : normal.

Stability of mood : stable.

Reactivity : normal.

Persistence : fluctuating, angry.

Quality of affect : not well.

Appropriateness : appropriate.

### Thoughts

Q. How do you reiterate clients?

A. Buy new clothes, brighten up the house.





# KMCT

## COLLEGE OF NURSING

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inference :- not having thought block, poverty of speech  
longevity : present

Content of thought

Q. do you feel that any one try to harm you?

A. No, because I am god's girl, I have power

inference :- grandiose delusion is present

Possession of thought

Q. do you have any fears for anything?

A. No I don't have fears.

inference :- phobia is absent.

Thought disorder is present → inference.

Perception

Q. do you hear or see anything that other's can't see or hear

A. Yes, I do hear

inference :- Auditory hallucinations is present

Second person hallucinations.





# KMCT

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88

Cognitive Functions

consciousness

conscious : patient is conscious

orientation

Q, what is the time now?  
A, afternoon

Q, where are you now?  
A, MH kalhazavallam.

reference :- oriented to time, place, person.

Attention

digit forward.		digit backward.
✓	3	✓
✓	3, 6	✓
✓	3, 3, 4, 9	✗
✗	1, 4, 7, 8, 0	✗
✗	4, 1, 9, 5, 2, 0, 0	✗
✗	3 8 9 1 2 7 5 8	✗





infexence → Impaired attention

### Concentration

Q, can you do Mathematical subtraction

Subtract 100 - 30 .

A, 70

infexence → concentration intact

### Intelligence & general information

Q, who is our prime minister?

A, Narendra Modi .

infexence → intact intelligence .

### Memory

Immediate memory

infexence → partially intact .

Recent memory

Q, what you had in morning .

A, Appam

infexence → Recent memory intact .





# KMCT COLLEGE OF NURSING

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Midwives Council & affiliated to Kerala University of Health Sciences

Q, when is your date of birth  
A, October, 13<sup>th</sup>  
Inference → Remote memory intact

Abstract thinking  
Q, what is the difference between Apples, bananas  
A, the shape, colour, taste  
Inference → Abstract thinking is intact

Judgement  
Personal judgement  
Q, what is your future pls after discharge  
A, I want to go home  
Inference → intact personal judgement

Social judgement  
Inference → social judgement intact







# KMCT

## COLLEGE OF NURSING

Recognized by Indian Nursing Council & Kerala Nurses and Midwives Council & affiliated to Kerala University of Health Sciences

### Test Judgment

Q. what will you do if a house on fire

A, I will pour water on it.

Inference → intact / test judgment.

### Insight

Q, why do you come here?

A, I don't know. I am not well.

Inference → slight inference awareness

### Diagnostic formulation

From history collection & Mental status exam:  
My patients have, irrelevant talk, Hallucinations, second person auditory hallucinations, grandiose delusion, sleeping disturbance, poor attention, restlessness.  
the patient memory & orientation, judgement  
Abstract thinking is intact.

According to ICD 10 classification patient diagnosed as psychosis.



**KMCT COLLEGE OF NURSING  
FOURTH YEAR BASIC B.Sc NURSING  
MASTER ROTATION PLAN**

**IV th Year BSC Nursing Academic Year 2023-2024**

MONTHS	MARCH			APRIL				MAY					JUNE				JULY					AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER				JANUARY					FEBRUARY					MARCH	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53				
Weeks																																																									
Date From																																																									
Date To																																																									
Total Days																																																									
Public Holiday																																																									
2nd Saturday																																																									
Total Working Days																																																									
	Theory Preparatory Leave University Examination Vacation Theory OBG Practical Nursing Management IstSessional Nursing Management Theory OBG Practical Theory Nursing Management Community Health Nursing Practical Vacation Community Health Nursing Practical Theory II nd Sessional CHN Practical OBG Practical Theory OBG Practical Nursing education Practical OBG Practical Vacation Theory IIIrd sessional OBG Practical Preparatory Leave University Examination																																																								

Theory
Preparatory leave
University Examination
Vacation
Sessional Examination
Community Health Nursing Practical
Obstetric and Gynaecology Practical
Nursing Management Practical
Nursing Education Practical
Administration visit

Subject	Theory		Practical	
	Required	Allotted	Required	Allotted
OBG	130	142	640	728
CHN	100	112	320	336
NE	80	90	120	144
NM	70	80	120	128
<b>Total</b>	<b>380</b>	<b>424</b>	<b>1200</b>	<b>1274</b>

*[Signature]*  
Signature of Coordinator

*[Signature]*  
Signature of Vice Principal



*[Signature]*  
Signature of Principal

**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**4<sup>TH</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - (2023 - 2024)**  
**OBSTETRIC AND GYNAECOLOGICAL NURSING**

MONTH	MAY		JULY		OCTOBER	NOVEMBER		DECEMBER			JANUARY			FEBRUARY		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
DATE FROM	22	29	3	10	16	30	6	4	11	18	15	22	29	5	12	19
DATE TO	27	3	8	15	21	4	11	9	16	23	20	27	3	10	17	24
I	Green	Blue	Orange	Red	Green	Yellow	Light Blue	Red	Green	Blue	Dark Green	Light Green	Blue	Dark Green	Light Green	Blue
II	Red	Green	Blue	Orange	Red	Green	Dark Green	Yellow	Light Blue	Green	Blue	Dark Green	Light Green	Blue	Dark Green	Light Green
III	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Yellow	Blue	Green	Blue	Dark Green	Light Green	Blue
IV	Yellow	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Blue	Green	Blue	Dark Green	Light Green	Blue
V	Dark Green	Yellow	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Blue	Green	Blue	Dark Green	Light Green
VI	Light Green	Dark Green	Yellow	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Blue	Dark Green	Light Green	Blue
VII	Blue	Light Green	Dark Green	Yellow	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Blue	Dark Green	Light Green
VIII	Light Green	Blue	Light Green	Dark Green	Yellow	Light Blue	Red	Green	Blue	Orange	Red	Green	Dark Green	Light Green	Blue	Dark Green

Colour Code	Area	Required	Allotted
Green	Antenatal Ward	126	126
Red	Antenatal OPD	42	42
Blue	Post natal ward	126	126
Light Blue	Family Welfare Clini	42	42
Yellow	NICU	42	42
Red	OT	42	42
Dark Green	Labour Room	126	126
Light Green	Gynaec Ward	126	126

*[Signature]*  
SIGNATURE OF HOD

*[Signature]*  
SIGNATURE OF VICE PRINCIPAL

*[Signature]*  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**4<sup>TH</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - ( 2023 - 2024)**  
**MANAGEMENT OF NURSING SERVICE AND EDUCATION**

MONTH	JUNE		
	29-3	05-10	19-24
DATES	29-3	05-10	19-24
WEEKS	1	2	3
A			
B			
C			

	NS OFFICE			
	MALE WARD			
	FEMALE WARD			
AREA OF POSTING	REQUIRED		PLANNED	
	Wks	Hrs	Wks	Hrs
NS OFFICE	1	40	1	48
MEDICAL WARD	1	40	1	48
SURGICAL WARD	1	40	1	35
TOTAL	3	120	3	131

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

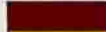



  
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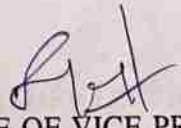
**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**4<sup>TH</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - (2023 - 2024)**  
**COMMUNITY HEALTH NURSING**

MONTH	SEPTEMBER-OCTOBER						NOVEMBER	
	DATES	1-8	11-16	18-23	25-30	9-14	16-21	17-23
WEEKS	1	2	3	4	5	6	7	8
A	Rural	Rural	Rural	Rural	Rural	Urban	Urban	Urban
B	Urban	Rural	Rural	Rural	Rural	Rural	Urban	Urban
C	Rural	Urban	Rural	Rural	Rural	Rural	Urban	Urban
D	Rural	Rural	Urban	Rural	Rural	Rural	Urban	Urban
E	Rural	Rural	Rural	Urban	Rural	Rural	Urban	Urban
F	Rural	Rural	Rural	Rural	Urban	Rural	Urban	Urban

AREA OF POSTING	REQUIRED		PLANNED	
	WKS	HRS	WKS	HRS
URBAN	2	72	2	84
RURAL HOME VISIT	6	252	4	252
TOTAL	8	320	10	336

	CHC/PHC/SUBCENTER
	ANGANWADI
	URBAN
	RURAL

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**3<sup>RD</sup> YEAR MASTER ROTATION PLAN - BSc NURSING ( 2023 - 2024)**

MONTH	FEBRUARY					MARCH				APRIL				MAY				JUNE				JULY				AUGUST				SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER				JANUARY						
Date	01-04	06-11	13-18	20-25	27-04	06-11	13-18	20-25	27-01	03-08	10-15	17-22	24-29	01-06	08-13	15-20	22-27	29-03	05-10	12-17	19-24	26-01	03-08	10-15	17-22	24-29	31-05	07-12	14-19	21-26	28-02	04-09	11-16	18-23	25-30	02-07	09-14	16-21	23-28	30-04	06-11	13-18	20-25	27-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27
weeks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52

KEYS	THIRD YEAR BSC NURSING
	THEORY
	VACATION
	SESSIONAL EXAMINATION
	ADVANCED MEDICAL SURGICAL NSG
	CHILD HEALTH NURSING
	MENTAL HEALTH NURSING
	NURSING RESEARCH
	MODEL EXAM
	PREPPRATORY LEAVE
	UNIVERSITY EXAM

SUBJECT	THEORY		PRACTICAL	
	REQUIRED	ALLOTTED	REQUIRED	ALLOTTED
MSN	110	120	400	440
CHN	140	150	400	440
MHN	110	120	360	384
NSG. RESEARCH	50	60	80	80
TOTAL	410	450	1240	1344

SIGNATURE OF CLASS COORDINATOR

SIGNATURE OF VICE PRINCIPAL

SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**3<sup>RD</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - ( 2023 - 2024)**  
**MEDICAL SURGICAL NURSING - II**

DATE	05.06.2023-10.06.2023	12.06.2023-17.06.2023	19.06.2023-24.06.2023	26.06.2023-01.07.2023	03.07.2023-08.07.2023	10.07.2023-15.07.2023	17.07.2023-22.07.2023	24.07.2023-29.07.2023	31.07.2023-05.08.2023	07.08.2023-12.08.2023
	1	2	3	4	5	6	7	8	9	10
GROUP 1	Orange	Green	Red	Blue	Purple		Orange	Pink	Black	Yellow
GROUP 2	Yellow	Dark Brown	Light Green	Red			Blue	Orange	Pink	Black
GROUP 3	Black	Yellow	Dark Brown	Light Green			Red	Blue	Orange	Pink
GROUP 4	Pink	Black	Yellow	Dark Brown			Light Green	Red	Blue	Orange
GROUP 5	Orange	Pink	Black	Yellow			Dark Brown	Light Green	Red	Blue
GROUP 6	Blue	Orange	Pink	Dark Blue			Yellow	Dark Brown	Light Green	Red
GROUP 7	Red	Blue	Orange	Pink			Dark Blue	Yellow	Dark Brown	Light Green
GROUP 8	Light Green	Red	Blue	Orange			Pink	Dark Blue	Yellow	Dark Brown

**KEY WORDS**

DESCRPTON	DESCRPTON
Emergency Department	Medical ICU
Nero surgical c neuro OT	Oncology
Dialysis unit	Surgical ICU
Burns unit	Intensive care Unit
Cath lab cardiac OT	

PRESCRIBED HOURS	400 HRS
ALLOTTED HOURS	440 HRS

SIGNATURE OF HOD

SIGNATURE OF VICE PRINCIPAL

SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**3<sup>RD</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - ( 2023 - 2024)**  
**MENTAL HEALTH NURSING**

MONTH	AUGUST, KMCT				OCTOBER GMHC- KUTHIRAVATTOM							
	14-17	18-22	23-26	28-31	01-04	05-07	08-11	12-15	16-19	20-23	24-27	28-30
GP1	Orange	Red	Green	Purple	Beige	Blue	Red	Blue	Yellow	Red	Blue	Red
GP2	Red	Green	Purple	Yellow	Blue	Red	Blue	Yellow	Red	Blue	Red	Beige
GP3	Green	Purple	Yellow	Red	Red	Blue	Yellow	Red	Blue	Red	Beige	Blue
GP4	Purple	Yellow	Red	Green	Blue	Yellow	Red	Blue	Red	Beige	Blue	Red
GP5	Orange	Red	Green	Purple	Yellow	Red	Blue	Red	Beige	Blue	Red	Blue
GP6	Red	Green	Purple	Yellow	Red	Blue	Red	Beige	Blue	Red	Blue	Yellow
GP7	Green	Purple	Yellow	Red	Blue	Red	Beige	Blue	Red	Blue	Yellow	Red
GP8	Purple	Yellow	Red	Green	Red	Beige	Blue	Red	Blue	Yellow	Red	Blue

**KEY**


KMCT MEDICAL COLLEGE	
Orange	OPD
Red	MALE WARD
Green	FEMALE WARD
Purple	PAY WARD

GMHC- KUTHIRAVATTOM	
Beige	OPD
Blue	MALE FAMILY WARD
Red	FEMALE FAMILY WARD
Blue	MALE CLOSED
Yellow	FEMALE CLOSED
Red	CHRONIC WARD
Blue	DEADDICTION
Red	REHABILITATION

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SIGNATURE OF HOD

*[Signature]*  
SIGNATURE OF VICE PRINCIPAL

*[Signature]*  
SIGNATURE OF PRINCIPAL






**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**3<sup>RD</sup> YEAR BSc NURSING CLINICAL ROTATION PLAN - (2023 - 2024)**  
**CHILD HEALTH NURSING**

MONTH	MAY				OCTOBER				
DATE	01/05/23 06/05/23	08/05/23 13/05/23	15/05/23 20/05/23	22/05/23 27/05/23	02/10/23 06/10/23	07/10/23 12/10/23	13/10/23 18/10/23	19/10/23 24/10/23	25/10/23 31/10/23
WEEK/ GROUP	1	2	3	4	5	6	7	8	9
1									
2									
3									
4									
5									
6									
7									

COLOUR CODE	AREA	
	CASUALITY	CASUALITY
	NICU	NEONATAL ICU
	PW	PEDIATRIC WARD
	PICU	PEDIATRIC ICU
	NBW1	NEWBORN WARD I
	NBWII	NEWBORN WARD II
	OPD	OUT PATIENT DEPT
	IR	IMMUNIZATION ROOM

HOURS		
REQUIRED	400	
PLANNED	432	9 Weeks X 48 Hrs

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, MANASSERY**

**FIRST SEMESTER BSC NURSING 2023-2027 ADMISSION(90 STUDENTS)**

**I<sup>ST</sup> SEMESTER ROTATION PLAN (NOVEMBER 2023-APRIL 2024)**

Month	NOVEMBER 23					DECEMBER 23				JANUARY 24					FEB 24				MARCH 24				APRIL 24					
Date	01-04	06-11	13-18	20-25	27-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27	29-03	05-10	12-17	19-24	26-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27		
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
	Green		Green			Green			Yellow	Grey	Green		Blue							Green		Yellow	Green		Grey	Red		Grey

<b>THEORY BLOCK -10 Weeks</b> (6x7x5=210hours) + (4x5x7=210hours) (6x2x1=12 HRS) REQUIRED THEORY HOURS=400 PLANNED=432 Hrs	<b>CLINICAL BLOCK -7Weeks (6x5x7=210 hours)</b>			Theory 20hours =1 credit (400hours=20Credits)
	Required =160 hours Planned =210hours			Skill lab 40hours =1 Credit (80hours =2Credits)
<b>APPLIED CLINICAL LAB</b> (6x2x2=24hours) REQUIRED=80 HRS PLANNED=76HRS	Total Theory and practical Required =720hours Planned =822hours			Clinical 80hours =1 credit (160hours=2Credits)
	SESSIONAL EXAMINATIONS -2 WEEKS	VACATION =3Weeks	PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION -2weeks	CO-CURRICULAR, SELF STUDY=84 HRS
				Self study and Co-curricular Required=80 Hrs

Signature of the Class Co Ordinator

Signature of the Vice Principal



Signature of the Principal

**KMCT COLLEGE OF NURSING, MANASSERY**

**FIRST SEMESTER BSC NURSING 2023-2027 ADMISSION(90 STUDENTS)**

**I<sup>ST</sup> SEMESTER ROTATION PLAN (NOVEMBER 2023-APRIL 2024)**

Month	NOVEMBER 23					DECEMBER 23				JANUARY 24					FEB 24				MARCH 24				APRIL 24			
Date	01-04	06-11	13-18	20-25	27-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27	29-03	05-10	12-17	19-24	26-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
	Green		Purple			Green		Yellow	Grey	Green		Blue						Green		Yellow	Green		Grey	Red		Grey

<b>THEORY BLOCK -10 Weeks</b> (6x7x5=210hours) (6x5x7=210hours) (6x2x1=12 HRS) REQUIRED THEORY HOURS=400 PLANNED =412 Hrs	<b>CLINICAL BLOCK -7Weeks (6x5x7=210 hours)</b>	Theory 20hours =1 credit (400hours=20Credits)				
	Required =160 hours Planned =210hours	Skill lab 40hours =1 Credit (80hours =2Credits)				
<b>PRAC TICAL LAB</b> (6x2x2 =96hours) REQUIRED =80 HRS PLANNED =96HRS	Total Theory and practical Required =720hours Planned =822hours	Clinical 80hours =1 credit (160hours=2Credits)				
	<table border="1"> <tr> <td>SESSIONAL EXAMINATIONS -2 WEEKS</td> <td>VACATION =3Weeks</td> <td>PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION -3Weeks</td> <td>CO-CURRICULAR, SELF STUDY=84 HRS</td> </tr> </table>	SESSIONAL EXAMINATIONS -2 WEEKS	VACATION =3Weeks	PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION -3Weeks	CO-CURRICULAR, SELF STUDY=84 HRS	Self study and Co-curricular Required=80 Hrs
SESSIONAL EXAMINATIONS -2 WEEKS	VACATION =3Weeks	PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION -3Weeks	CO-CURRICULAR, SELF STUDY=84 HRS			

Signature of the Class Co Ordinator

Signature of the Vice Principal



Signature of the Principal

# KMCT COLLEGE OF NURSING, KOZHIKODE


## BSc NURSING 2023-2024 ADMISSION

### 2<sup>ND</sup> SEMESTER CLINICAL ROTATION PLAN - NURSING FOUNDATION

MONTH	JULY				AUGUST				SEPTEMBER			
DATE	03-08	10-15	17-22	24-29	31-05	07-11	21-26	28-03	05-10	12-17	19-24	26-31
GROUP	1	2	3	4	5	6	7	8	9	10	11	12
G1	Green	Orange	Blue	Black	Green	Orange	Black	Pink	Yellow	Purple	Grey	Red
G2	Orange	Blue	Black	Green	Orange	Black	Pink	Yellow	Purple	Grey	Red	Green
G3	Blue	Black	Green	Orange	Black	Pink	Yellow	Purple	Grey	Red	Green	Orange
G4	Black	Green	Orange	Black	Pink	Yellow	Purple	Grey	Red	Green	Orange	Blue
G5	Green	Orange	Black	Pink	Yellow	Purple	Grey	Red	Green	Orange	Blue	Black
G6	Orange	Black	Pink	Yellow	Purple	Grey	Red	Green	Orange	Blue	Black	Green
G7	Black	Pink	Yellow	Purple	Grey	Red	Green	Orange	Blue	Black	Green	Orange
G8	Pink	Yellow	Purple	Grey	Red	Green	Orange	Blue	Black	Green	Orange	Black
G9	Yellow	Purple	Grey	Red	Green	Orange	Blue	Black	Green	Orange	Pink	Purple
G10	Purple	Grey	Red	Green	Orange	Blue	Black	Green	Orange	Pink	Yellow	Purple
G11	Grey	Red	Green	Orange	Blue	Black	Green	Orange	Pink	Yellow	Purple	Grey
G12	Red	Green	Orange	Blue	Black	Green	Orange	Pink	Yellow	Purple	Grey	Red

COL OUR	AREAS	REQUIRED HOURS	ALLOTTED HOURS	GROUP
Green	MALE MEDICAL WARD	20	30	G1
Orange	FEMALE MEDICAL WARD	20	30	G2
Blue	MEDICAL WARD II	20	30	G3
Black	NEURO WARD	20	30	G4
Green	MALE SURGICAL WARD	20	30	G5
Orange	FEMALE SURGICAL WARD	20	30	G6
Black	CHEST/TB	20	30	G7
Pink	PAY WARD	20	30	G8
Yellow	ENT/EYE WARD	20	30	G9
Purple	CASUALTY	20	30	G10
Grey	MALE ORTHO WARD	20	30	G11
Red	FEMALE ORTHO WARD	20	30	G12
Total		320	360	

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**

**BSc NURSING 2023-2024 ADMISSION**

**1<sup>ST</sup> SEMESTER CLINICAL ROTATION PLAN - NURSING FOUNDATION**


MONTH	JANUARY				FEBRUARY				
DATE	01-04	06-11	13-18	20-25	27-01	03-08	10-15	17-22	24-29
GROUP	1	2	3	4	5	6	7	8	9
G1	Green	Orange	Blue	Dark Blue	Green	Orange	Black	Yellow	Purple
G2	Orange	Blue	Dark Blue	Green	Orange	Black	Yellow	Purple	Green
G3	Blue	Dark Blue	Green	Orange	Black	Yellow	Purple	Green	Orange
G4	Dark Blue	Green	Orange	Black	Yellow	Purple	Green	Orange	Blue
G5	Green	Orange	Black	Yellow	Purple	Green	Orange	Blue	Dark Blue
G6	Orange	Black	Yellow	Purple	Green	Orange	Blue	Dark Blue	Green
G7	Black	Yellow	Purple	Green	Orange	Blue	Dark Blue	Green	Orange
G8	Yellow	Purple	Green	Orange	Blue	Dark Blue	Green	Orange	Black
G9	Purple	Green	Orange	Blue	Dark Blue	Green	Orange	Black	Yellow

COLOUR	AREAS	REQUIRED HOURS	ALLOTTED HOURS	GROUP
Green	MALE MEDICAL WARD	16	18	G1
Orange	FEMALE MEDICAL WARD	16	18	G2
Blue	MEDICAL WARD II	16	18	G3
Dark Blue	CSSD / LAB	16	18	G4
Green	MALE SURGICAL WARD	16	24	G5
Orange	FEMALE SURGICAL WARD	16	24	G6
Black	SURGICAL WARD EXTENSION	16	24	G7
Yellow	MALE ORTHO WARD	16	24	G8
Purple	FEMALE ORTHO WARD	16	24	G9
Total		160	192	

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*[Signature]*  
SIGNATURE OF VICE PRINCIPAL

*[Signature]*  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING, KOZHIKODE**  
**BSC NURSING 15<sup>TH</sup> BATCH (2022-2026)-**  
**3<sup>RD</sup> SEMESTER MASTER ROTATION PLAN - NOVEMBER 2023-NOVEMBER 2024**

Month	NOVEMBER		DECEMBER			JANUARY				FEBRUARY				MARCH				APRIL			MAY					
Date	20-25	27-02	04-09	11-16	18-23	25-30	01-06	08-13	15-20	22-27	29-03	14 05-10	12-17	19-24	26-02	04-09	11-016	18-23	25-30	01-06	08-13	15-20	22-27	29-04	06-11	13-18
Week	1	2	3	4	5	6	7	8	9	10	11	12	13		16	17	18	19	20	21	22	23	24	25	26	

<b>THEORY BLOCK</b> Required (220 hours) Planned (7x6x5= 210 hrs) (2x6x4= 48 hrs) TOTAL- 258 hrs		<b>ADULT HEALTH NURSING PRACTICAL BLOCK</b> Required (480hrs) Planned (5x6x10= 300 hrs, 8x6x4= 192 total- 492)	Theory 20hours =1 credit (220 hours=11 credits)
			Skill lab 40hours =1 Credit (80hours =2Credits)
			Clinical 80hours =1 credit(480hours= 6 Credits)
Required	300 hours	Total Theory and practical Required =780hours Planned =822 hours	Self study and Co curricular 40+40 hours
Planned	330 hours (including skill lab, self study and co curricular )		

*Don*  
SIGNATURE OF CLASS COORDINATOR

*[Signature]*  
SIGNATURE OF VICE PRINCIPAL

*Mahesh*  
SIGNATURE OF PRINCIPAL



**KMCT COLLEGE OF NURSING**  
**BSc NURSING 15<sup>TH</sup> BATCH (2022-2026)**  
**ADULT HEALTH NURSING**  
**CLINICAL ROTATION PLAN DECEMBER 2023 – APRIL 2024**

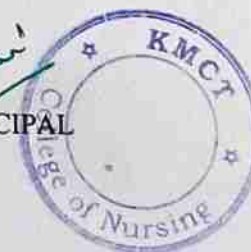
MONTHS	DECEMBER		JANUARY				FEBRUARY				MARCH		APRIL	
Date	11-16	18-23	01-06	08-13	15-20	29-03	05-10	12-17	19-24	26-02	04-09	11-16	25-30	01-06
Wks	1	2	3	4	5	6	7	8	9	10	11	12	13	14
I.	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT		CARD	PULM	FMW
II.	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT		CARD	PULM
III.	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT		CARD
IV.	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT	
V.	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT
VI.	MIOT	OT	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT
VII.	OT	MIOT	OT	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT
VIII.	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU
IX.	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW	SICU
X.	SICU	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW	RICU/ISW
XI.	RICU/ISW	SICU	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW	MSW
XII.	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO	FSW
XIII.	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW	ORTHO
XIV.	ORTHO	FSW	MSW	RICU/ISW	SICU	MICU	OT	OT	MIOT	DERM	CARD	PULM	FMW	MMW

MMW	MALE MEDICAL WARD
FMW	FEMALE MEDICAL WARD
PULM	PULMONARY WARD
CARD	CARDIOLOGY UNIT
DERM	DERMATOLOGY WARD
ISW/RICU	ISOLATION WARD / RESPIRATORY ICU
MAJOR OT	OPERATION THEATRE
MI OT	MINOR OT
ORTHO	ORTHOPEDIC WARD
MICU	MEDICAL ICU
SICU	SURGICAL ICU
MSW	MALE SURGICAL WARD
FSW	FEMALE SURGICAL WARD

SIGNATURE OF HOD

SIGNATURE OF VICE PRINCIPAL

SIGNATURE OF THE PRINCIPAL



## KMCT COLLEGE OF NURSING, KOZHIKODE

### 4<sup>TH</sup> SEMESTER MASTER ROTATION PLAN - BSc NURSING - 2024

Month	JUNE					JULY				AUGUST				SEPTEMBER				OCTOBER				NOVEMBER						
Date	30-1	3-8	10-15	17-22	24-29	1-6	8-13	15-20	22-27	29-3	5-10	12-17	19-24	26-31	2-7	9-14	16-21	23-28	30-5	7-12	14-19	21-26	28-2	4-9	11-16	18-23		
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		

<b>THEORY BLOCK</b> Required (240 hours) Planned (7x6x4=168 hrs) (5x6x4= 120 hrs) TOTAL- 288 hrs( including self study and co curricular )	<b>ADULT HEALTH NURSING PRACTICAL BLOCK</b> Required (480hrs) Planned (8x6x10=480hrs)	Theory 20hours =1 credit (240 hours=12 credits)
<b>SKILL LAB</b> Required (40 hrs) Planned (7x6x4= 48 hrs)	<b>PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION</b>	Skill lab 40hours =1 Credit
<b>PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION - 2Weeks</b>	<b>VACATION - 3 Weeks</b>	Clinical 80hours =1 credit(480hours= 6 Credits)
<b>SESSIONAL EXAM II</b>	Total Theory and practical Required -760hours Planned -776hours	Self study and Co curricular 40hours

*Done*  
SIGNATURE OF CLASS COORDINATOR

*[Signature]*  
SIGNATURE OF VICE PRINCIPAL

*[Signature]*  
SIGNATURE OF PRINCIPAL





**KMCT COLLEGE OF NURSING**  
**4<sup>TH</sup> SEMESTER BSc NURSING – ADULT HEALTH NURSING 2024**

MONTH	JULY	AUGUST			SEPTEMBER			OCTOBER		
DATE	22-27	5-10	12-17	19-24	26-31	2-7	9-14	30-5	7-12	14-19
WEEK	1	2	3	4	5	6	7	8	9	10
I	Red	Green	Blue	Grey	Yellow	Red	Red	Red	Orange	Black
II	Green	Blue	Grey	Yellow	Blue	Red	Red	Red	Black	Red
III	Blue	Grey	Yellow	Blue	Black	Red	Red	Red	Red	Green
IV	Grey	Yellow	Blue	Black	Pink	Red	Red	Red	Green	Blue
V	Yellow	Blue	Black	Pink	Orange	Red	Red	Red	Blue	Grey
VI	Blue	Black	Pink	Orange	Brown	Red	Red	Red	Grey	Yellow
VII	Black	Pink	Orange	Brown	Red	Red	Red	Red	Yellow	Blue
VIII	Pink	Orange	Brown	Red	Green	Red	Red	Red	Blue	Brown
IX	Orange	Brown	Red	Green	Blue	Red	Red	Red	Brown	Pink
X	Brown	Red	Green	Blue	Grey	Red	Red	Red	Pink	Orange

Red	ENTW/OP	ENT WARD OR OPD
Green	OPH	OPHTHALMOLOGY UNIT
Blue	NBP/DIA	NEPHRO WARD/DIALYSIS
Grey	BURNS	BURNS/ RECONSTRUCTIVE UNIT
Yellow	NEUR M	NEUROLOGY MEDICAL WARD
Blue	ISO/GERI	ISOLATION WARD/GERIATRIC WARD
Red	ONCO	MVR POSTING
Pink	EM/CAS	EMERGENCY/ CASUALITY
Orange	NEUR S	NEUROLOGY MEDICAL WARD
Black	CCU	CRITICAL CARE UNIT
Brown	CARDIOLOGY	CTVS/PCATHLAB

*Done*  
SIGNATURE OF HOD

*Sub*  
SIGNATURE OF VICE PRINCIPAL

*Alabees*  
SIGNATURE OF PRINCIPAL



## KMCT COLLEGE OF NURSING, KOZHIKODE

### ANNUAL PLAN –FIRST YEAR POST BASIC BSc NURSING (2023-2024)

	November					December				January				February				March				April				May				June			July			August				September				October								
wk	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52
FIRST YEAR	THEORY BLOCK					FON PRACTICAL				MISN PRACTICAL				(I) SESSIONAL	THEORY BLOCK				MATERNAL HEALTH NURSING PRACTICAL				(II) SESSIONAL	CHN PRACTICAL			THEORY BLOCK			(III) SESSIONAL	MICRO, NUTRITION				LIBRARY & CO-CURRICULAR				PREPARATORY HOLIDAYS				UNIVERSITY EXAMINATION									

FIRST YEAR			
Subject	Color code	Required hours	Allotted hours
Theory		530hrs	13x6x7=546hrs
Nursing foundation practical		65hrs	1x6x7+28=70hrs
Medical surgical nursing practical		400hrs	10x6x7=420hrs
Maternal health nursing practical		280hrs	7x6x7=294hrs
Child health nursing practical		280hrs	7x6x7=294hrs
Microbiology, nutrition, psychology practical		60hrs	1x6x7+28=70hrs
Examination		84hours	2x6x7=84hrs
Preparatory holidays		84hours	2x6x7=84hours
Library and co-curricular activities		65hrs	1x6x7+28=70hrs
vacation			

Signature of the Coordinator

Signature of the Vice Principal

Signature of the Principal



KMCT COLLEGE OF NURSING ,KOZHIKODE

1<sup>ST</sup> YEAR PBBS<sub>c</sub> (2023-2024) -ADVANCE MEDICAL SURGICAL NURSING

CLINICAL ROTATION PLAN FROM 1/1/2024- 16/3/2024

DATE	1/1-6/1	8/1-13/1	15/1-20/1	22/1-27/1	29/1-3/2	5/2-10/2	12/1-17/1	19/2-24/2	3/3-9/3	11/3-16/3
Group	1	2	3	4	5	6	7	8	9	10
week										
1	MMW	MICU	FSW	SICU	ICCU	FMW	NW	FOW	MSW	PW
2	PW	MMW	MICU	FSW	SICU	ICCU	FMW	NW	FOW	MSW
3	MSW	PW	MMW	MICU	FSW	SICU	ICCU	FMW	NW	FOW
4	FOW	MSW	PW	MMW	MICU	FSW	SICU	ICCU	FMW	NW
5	NW	FOW	MSW	PW	MMW	MICU	FSW	SICU	ICCU	FMW

KEY WORDS

MMW	Male medical ward		FSW	Female surgical ward
MICU	Medical ICU		MSW	Male surgical ward
PAY W	Pay ward		SICU	Surgical ICU
FOW	Female ortho ward		ICCU	Intensive care Unit
NW	Neuro ward		FMW	Female medical ward

Signature of the subject

coordinator signature of HOD

Signature of Principal



**KMCT COLLEG OF NURSING MANASSERY, KOZHIKODE**

**I YEAR PB BSc NURSING CLINICAL ROTATION PLAN (2023-2024) MATERNAL HEALTH NURSING)**

MONTH	April 2024				May 2024		
WEEK	1	2	3	4	5	6	7
DATE	08/04-13/04	15/04-20/04	22/04-27/04	29/04-04/05	06/05-11/05	13/05-18/05	20/05- 25/05
GROUP 1	Green	Yellow	Red	Blue	Purple	Orange	Red
GROUP 2	Red	Green	Yellow	Red	Blue	Purple	Orange
GROUP 3	Orange	Red	Green	Yellow	Red	Blue	Purple
GROUP 4	Purple	Orange	Red	Green	Yellow	Red	Blue
GROUP 5	Blue	Purple	Orange	Red	Green	Yellow	Red
GROUP 6	Red	Blue	Purple	Orange	Red	Green	Yellow
GROUP 7	Yellow	Red	Blue	Purple	Orange	Red	Green

COLOUR CODE	AREA	REQUIRED	ALLOTTED
Green	Antenatal ward	40	42
Yellow	Antenatal OPD	40	42
Red	LR/OT	40	42
Blue	Postnatal ward	40	42
Purple	FW Clinic	40	42
Orange	NICU	40	42
Red	Gynaec ward	40	42
<b>Total</b>		280	294

SIGNATURE OF THE SUBJECT CO-ORDINATOR

SIGNATURE OF THE VICE PRINCIPAL

SIGNATURE OF THE PRINCIPAL



**KMCT COLLEGE OF NURSING**  
**CHILD HEALTH NURSING -CLINICAL**  
**ROTATION PLAN 1ST YEAR P.B. BSC NURSING**  
**(II-BATCH)2023-2024 KUHS**

JUNE-2024					JULY 2024		
WEEK	1	2	3	4	5	6	7
DAYS	01/06/24-07/06/24	10/06/24-15/06/24	18/06/24-22/06/24	24/06/24-29/06/24	01/07/24-06/07/24	08/07/24-12/07/24	15/06/24-20/07/24
Group I	NICU	PICU	PW	NBW	OPD/IMMUNIZATION	NICU	PICU
Group II	PICU	PW	NBW	OPD/IMMUNIZATION	NICU	PICU	PW
Group III	PW	NBW	OPD/IMMUNIZATION	NICU	PICU	PW	NBW
Group IV	NBW	OPD/IMMUNIZATION	NICU	PICU	PW	NBW	OPD/IMMUNIZATION
Group V	OPD/IMMUNIZATION	NICU	PICU	PW	NBW	OPD/IMMUNIZATION	NICU

SL.NO	AREA	COLOUR CODE	WEEKS	REQUIRED HR	ALLOTTED HR
1	NICU		1	40hr	42hr
2	PICU		1	40hr	42hr
3	PW-PEDIA WARD		2	80hr	84hr
4	NBW-NEWBORN WARD		2	80hr	84hr
5	OPD /IMMUNIZATION		1	40hr	42hr
Total				280hr	294hr

SIGNATURE OF THE SUBJECT CO-ORDINATOR

SIGNATURE OF THE VICE PRINCIPAL

SIGNATURE OF THE PRINCIPAL







**KMCT COLLEGE OF NURSING ,MANASSERY**

**2<sup>ND</sup> YEAR POST BASIC BSc NURSING (2023-2024) –MENTAL HEALTH NURSING**


**CLINICAL ROTATION PLAN**

MONTH	APRIL					MAY			JUNE	
	1	2	3	4	5	6	7	8	9	10
G1	Green	Red	Yellow	Blue	Green	Red	Yellow	Blue	Green	Red
G2	Blue	Green	Red	Yellow	Blue	Green	Red	Yellow	Blue	Green
G3	Yellow	Blue	Green	Red	Yellow	Blue	Green	Red	Yellow	Blue
G4	Red	Yellow	Blue	Green	Red	Yellow	Blue	Green	Red	Yellow

**KEY**

KEY	
	OUTPATIENT DEPARTMENT
	MALE WARD
	FEMALE WARD
	PAY WARD
TOTAL HOURS	220 HOURS
ALLOTTED HOURS	252 HOURS

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

  
SIGNATURE OF THE PRINCIPAL




KMCT COLLEGE OF NURSING, KOZHKODE  
 2<sup>ND</sup> YEAR PBBSc (2022-2023 BATCH)- NURSING ADMINISTRATION  
 CLINICAL ROTATION PLAN

DATE	JUNE		JULY			
Weeks	1	2	3	4	5	6
Group						
G1	FMW	FSW	MSW	MMW	NS /Clg	FMW
G2	NS /Clg	FMW	FSW	MSW	MMW	NS /Clg
G3	MMW	NS /Clg	FMW	FSW	MSW	MMW
G4	MSW	MMW	NS /Clg	FMW	FSW	MSW
G5	FSW	MSW	MMW	NS /Clg	FMW	FSW
key	KEY WORDS					
FMW	FEMALE MEDICAL WARD					
NSG /Clg	NURSING COLLEGE					
MSW	MALE SURGICAL WARD					
FSW	FEMALE SURGICAL WARD					
MMW	MALE MEDICAL WARD					

PRESCRIBED HOURS	220 HRS
ALLOTTED HOURS	6X6X7=252 HRS

  
SIGNATURE OF HOD

  
SIGNATURE OF VICE PRINCIPAL

  
SIGNATURE OF THE PRINCIPAL



**KMCT COLLEGE OF NURSING**  
**II YEAR POST BASIC BSc (N)- I BATCH (2023-2024)**  
**Community Health Nursing- I Clinical Rotation Plan**


Month	January		February				March			
	3	4	1	2	3	4	1	2	3	4
G1	Sub Centre	Community Health Centre	Primary Health Centre	Community Health Centre	Visit	Sub Centre	Community Health Centre	Urban Health Centre	Urban Health Centre	Urban Health Centre
G2	Urban Health Centre	Urban Health Centre	Urban Health Centre	Community Health Centre	Visit	Primary Health Centre	Primary Health Centre	Community Health Centre	Community Health Centre	Community Health Centre
G3	Sub Centre	Urban Health Centre	Urban Health Centre	Urban Health Centre	Visit	Primary Health Centre	Primary Health Centre	Community Health Centre	Community Health Centre	Community Health Centre
G4	Community Health Centre	Community Health Centre	Community Health Centre	Sub Centre	Visit	Urban Health Centre	Urban Health Centre	Urban Health Centre	Primary Health Centre	Primary Health Centre
G5	Primary Health Centre	Primary Health Centre	Community Health Centre	Community Health Centre	Visit	Community Health Centre	Sub Centre	Urban Health Centre	Urban Health Centre	Urban Health Centre

Area of posting	Required		Planned	
	Wks	Hrs	Wks	Hrs
CHC	3	120	3	120
PHC	2	80	2	80
SC	1	40	1	40
UHC	3	120	3	120
VISIT	1	40	1	40
<b>Total</b>		400		400

	Community Health Centre
	Primary Health Centre
	Sub Centre
	Urban Health Centre
	Visit

Signature of the Subject Coordinator

Signature of the Principal



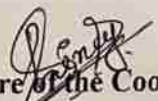


## KMCT COLLEGE OF NURSING, KOZHIKODE

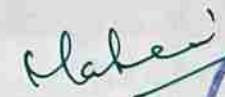
### MASTER ROTATION PLAN –II<sup>ND</sup> YEAR POSTBASIC B.Sc NURSING FIRSTBATCH - 2023-2024


Month	December				January					February				March					April				May							June				July						August				September				October				November										
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
SECOND YEAR	THEORY BLOCK				CHN PRACTICAL					VACATION	CHN PRACTICAL					SESSIONAL	MHN PRACTICAL				VACATION	MHN PRACTICAL							VACATION	NE PRACTICAL	NE PRACTICAL	NE PRACTICAL	THEORY BLOCK				VACATION	NURSING RESEARCH	PREPARATORY HOLIDAYS				UNIVERSITY EXAMINATION																			

SECOND YEAR			
Subject	Color code	Required hours	Allotted hours
Theory		350Hrs	9x6x7=378Hrs
CHN Practical		400hrs	10x6x7=420Hrs
MHN Practical		400hrs	10x6x7=420Hrs
Nursing Education		140hrs	4x6x7=168 Hrs
Nursing Administration		220hrs	6x6x7=252hrs
Nursing Research		120hrs	3x6x7=126 Hrs
Examination		84hours	2x6x7=84Hrs
Preparatory Holidays		84hours	2x6x7=84Hrs
Sessional exam		126 hours	3x6x7=126Hrs
Vacation		126 hours	3X 6X7=126Hrs

  
 Signature of the Coordinator

  
 Signature of the Vice Principal

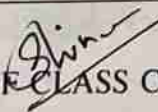
  
 Signature of the Principal

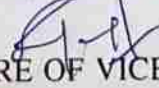


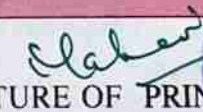
**..KMCT COLLEGE OF NURSING, KOZHIKODE**  
**BSc NURSING 2023-2024 ADMISSION (90 STUDENTS)**  
**SECOND SEMESTER MASTER ROTATION PLAN MAY 2024- OCT 2024**

Month	MAY 24					JUNE 24				JULY 24				AUG 24				SEP 24				OCT 24				
Date	1-4	6-11	13-18	20-25	27-01	3-8	10-15	17-22	24-29	1-6	8-13	15-20	22-27	29-3	5-10	12-17	19-24	26-31	2-7	9-14	16-21	23-28	30-5	7-12	14-19	21-26
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
	Yellow		Orange		Green	Orange			Green	Blue	Blue			Green	Blue			Green	Blue	Yellow	Grey	Pink		Green		

THEORY BLOCK -7Weeks (4x6x7=168hours) 2week (6x7x2=84hours)	CLINICAL BLOCK-11Weeks (6x8x11=390hours)		Theory 20hours =1 credit (260hours=13Credits)
PRECLINICAL LAB, CO-CURRICULAR, SELF STUDY 7Weeks(3x6x7=126hours) 8weeks(2x6x6=96hours)	Required =320 hours Planned =330hours		Skill lab 40hours =1 Credit (160hours =4Credits)
Required	480hours		Clinical 80hours =1 credit (320hours=4Credits)
Planned	518 hours (including skill lab, self study and co curricular )	GAZETTED HOLIDAYS=1Week VACATION=3Weeks PREPARATORY HOLIDAYS AND UNIVERSITY EXAMINATION=2Weeks	SKILL LAB, SELFSTUDY AND CO CURRICULAR-THEORY 18 Hrs 11 WEEKS(11 x6 x2=132)

SIGNATURE OF  CLASS COORDINATOR

SIGNATURE OF  VICE PRINCIPAL

SIGNATURE OF  PRINCIPAL




**KMCT COLLEGE OF NURSING**  
**II YEAR POST BASIC BSc (N)- I BATCH (2023-2024)**  
**Community Health Nursing- I Clinical Rotation Plan**

Month	January		February				March			
Weeks	3	4	1	2	3	4	1	2	3	4
G1	Blue	Yellow	Orange	Yellow	Brown	Blue	Yellow	Purple	Purple	Purple
G2	Purple	Purple	Purple	Yellow	Brown	Orange	Orange	Yellow	Yellow	Yellow
G3	Blue	Purple	Purple	Purple	Brown	Orange	Orange	Yellow	Yellow	Yellow
G4	Yellow	Yellow	Yellow	Blue	Brown	Purple	Purple	Purple	Orange	Orange
G5	Orange	Orange	Yellow	Yellow	Brown	Yellow	Blue	Purple	Purple	Purple

Area of posting	Required		Planned	
	Wks	Hrs	Wks	Hrs
CHC	3	120	3	120
PHC	2	80	2	80
SC	1	40	1	40
UHC	3	120	3	120
VISIT	1	40	1	40
<b>Total</b>		400		400

Yellow	Community Health Centre
Orange	Primary Health Centre
Blue	Sub Centre
Purple	Urban Health Centre
Brown	Visit

Signature of the  Subject Coordinator

  
 Signature of the Principal

